



THE SPA
— AT —
MANDARIN ORIENTAL

WANGFUJING
BEIJING

ESSENCE OF WANGFUJING, BEIJING

EMPEROR'S LONGEVITY

2 hours

Mandarin Oriental Wangfujing is located in the heart of Imperial Beijing and our treatments take inspiration from the formulas used by the Chinese Emperors of ancient times. The Emperor's Longevity uses precious Xiuyan jade in combination with Gua Sha meridian techniques. This unique treatment is delivered using the dry heat of quartz sand, leading to an all-embracing feeling of wellness and calm.

GEMS POWER HEALING

1 hour

This treatment utilises the quartz sand bed that is one of the Spa's standout features. A combination of mystic energy and pressure from the warm, pivoting bed helps with the process of total physical, and mental, relaxation while stimulating the metabolism and purifying the body. The treatment includes a gentle head and shoulder massage to give a totally-rounded and fully-immersive experience.



MOROCCAN SUITE EXPERIENCE

More than a century ago, the great civilisations of China and Europe were linked by the Silk Road, exchanging and fusing cultures and customs. At the Spa, we have, similarly, imported special treatments from the Mediterranean country of Morocco in the glorious Hamman Suite.

The Suite allows for a fully-immersive experience in the Rasul Water Temple which features a mosaic-tiled steam room and warm rain shower designed to fully cleanse the body and wash away everyday worries and cares.

MOROCCAN GARDEN

2 hours

The nomadic Berber tribes of the Sahara are the inspiration for this treatment, which cleanses the mind, body and soul. After a full body exfoliation and hair treatment, guests enter the Rasul Water Temple where choose their own smooth, skin-softening muds to apply personally. The treatment is enhanced by the steam and sauna of the Temple and the application of a deep, rhythmic massage. The Moroccan Garden treatment is available individually, or with a companion.

MEDITERRANEAN JOURNEY

1 hour 45 minutes

Honey, herbs, olives and pines are used in this Mediterranean-inspired treatment, which takes place in the traditional Hamman. A skin-soothing exfoliation, using ground olive seeds, is followed by the application of hydrating mud made from local pine flowers and honey. It takes place in the beautiful mosaic-tiled heated chamber of the Hamman Suite. This relaxing and de-stressing treatment with a traditional full-body foam massage and a rose-based hydrating facial.

RASUL WATER TEMPLE

1 hour

The first stage consists of a full-body exfoliation and application of mineral-rich mud to the skin, before guests are escorted to the mosaic-tiled steam room. Time spent in the Rasul Water Temple allows the mud to soften which, in turn, encourages pores to open, toxins to be released and natural minerals to be absorbed. The overall result is refreshed, smooth and naturally-enhanced skin. The treatment can only be reserved within the Moroccan Suite Experience and in combination with treatments of one hour or more.





SIGNATURE THERAPIES

TIME RITUALS™

2 hours

Book a length of time and enjoy the most holistic experience possible, by allowing our therapists to utilise their individual talents to create and customise treatments to your unique individual needs.

DIGITAL WELLNESS ESCAPE

1 hour 30 minutes

Concentrating on the head, eyes, neck, shoulders, hands and feet, this restorative treatment aims to ease stresses and strains resulting from the frequent use of digital devices.



MASSAGE

All our massage treatments are customised for each guest. Your therapist will perform a thorough consultation to understand your needs, before designing a treatment drawing from several massage techniques to increase muscle relation, improve circulation and increase overall wellbeing.

ORIENTAL ESSENCE

1 hour 30 minutes

1 hour

Using custom-blended oriental oils and movements inspired by traditional oriental therapies, this tension-busting massage treats the whole body. Focuses on the traditional stress-holding areas of the back, neck and shoulders.

AROMATHERAPY

1 hour 30 minutes

1 hour

A deeply therapeutic holistic treatment which combines the power of essential oils with the best of eastern and western massage techniques, to create a feeling of physical relaxation and calm, whilst mentally uplifting and clearing the mind.

ACUPRESSURE

1 hour 30 minutes

1 hour

A form of touch therapy that utilizes the principles of acupuncture and Chinese medicine. This experience can be very effective both as prevention and for treating many ailments, including headaches, general aches and pains among others.

MUM TO BE

1 hour

This luxurious treatment uses traditional aromatherapy massage to nurture and support in a time of constant change. Using pregnancy-safe oils, the massage eases away tension in the upper back and shoulders, nourishes skin and relaxes the body.

HOLISTIC SKIN CARE

Aromatherapy Associates has been at the forefront of aromatherapy for over 30 years. Harnessing the natural power of essential oils to nurture the body and boost the spirit. Their essential oils are highly effective in enhancing the state of our physical, mental and emotional wellbeing.

ROSE FACIAL

1 hour 30 minutes

A treatment that restores radiance and glowing skin. Luxurious Rose essential oils, long known for their rejuvenating properties, help condition and deeply nourish the skin. The result is a smooth, radiant complexion and a relaxed state of mind.

BESPOKE

1 hour

Following a consultation to determine your needs and skin type your therapist will select the suitable products to create a facial experience tailor made for your skin needs.



ADVANCED SKIN CARE

The Spa uses Natura Bissé products, a company that was founded in 1979 on the pillars of professionalism, effort, and commitment, combining the very latest trends with technological innovation.

DIAMOND EXPERIENCE

2 hours

This luxurious global anti-ageing treatment is inspired by the power of DIAMOND LIFE INFUSION. A beauty ritual that will dramatically reverse premature ageing, while increasing the skin's firmness and elasticity.

DIAMOND WHITENING

1 hour 30 minutes

A luxurious facial that helps diminish the appearance of hyperpigmentation. It restores all the skin's brightness, while minimising dark spots. The result is skin that glows radiantly.

CITY ACTIVE

1 hour

Awaken your skin with the revitalising energy of pure oxygen to decongest, brighten and clarify a dull complexion. It is perfect for frequent fliers and urbanites whose skin suffers from every day irritations.

CONTOURING

The Spa uses Venus Freeze Plus™ systems with advanced safety features for non-invasive wrinkle reduction and subsequent tightening of skin on the face and body. Powered by a combination of Multi-Polar Radio Frequency and Pulsed Electro Magnetic Fields, treatments are extremely comfortable with no downtime, using RF technology that is safe for all skin types.

BODY CONTOURING

40 minutes

This treatment takes the heat energy to the dermis of the skin, promotes the production of collagen and reaches the subcutaneous fat layer to reduce adipose tissue cells, as it plays a role in reshaping the body curve and firming up the skin. Guests will feel comfortable and warm, during the treatment: it is just like having a hot stone massage.

ESSENTIALS LIFTING

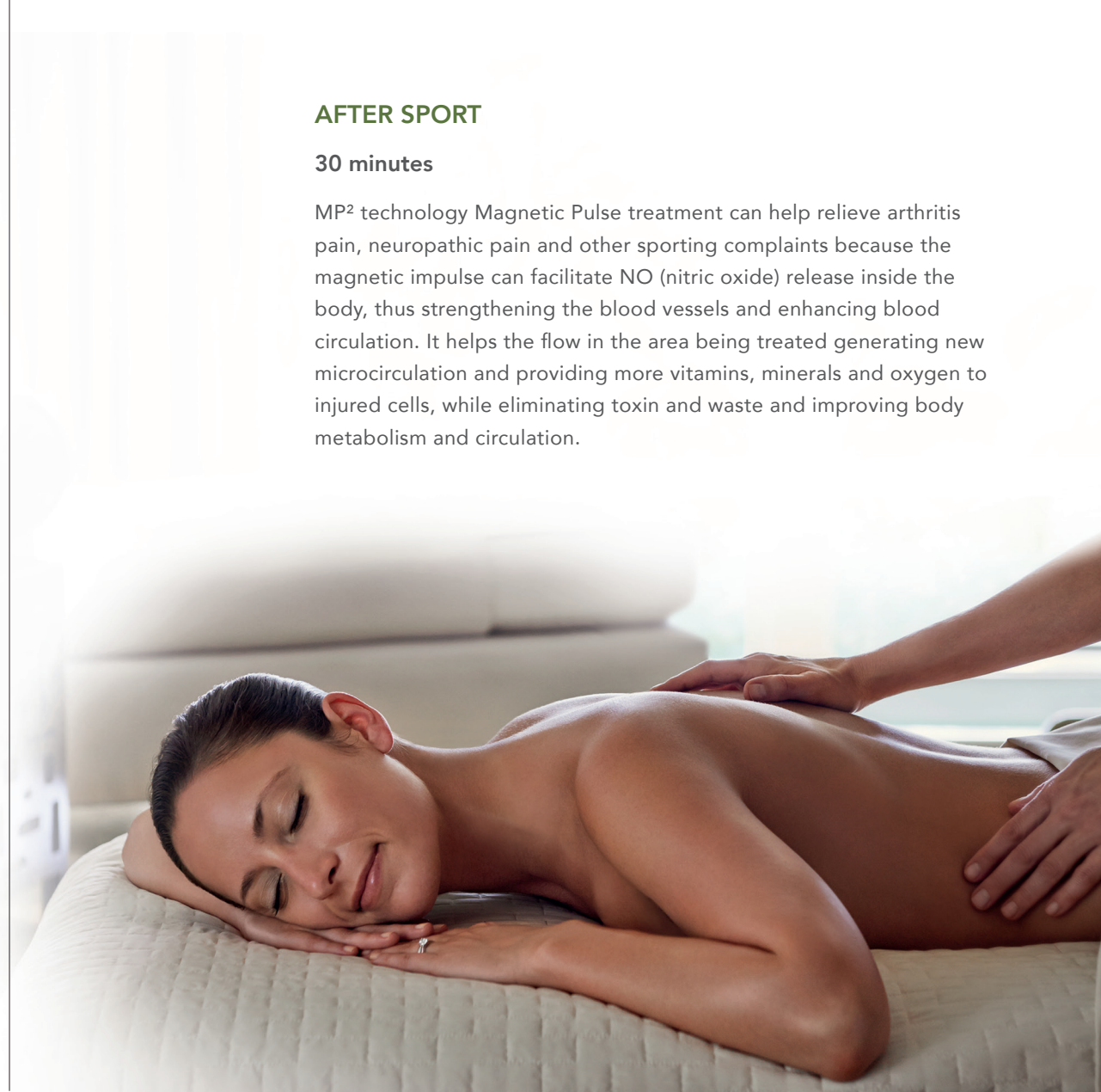
30 minutes

Venus Concept exclusive patented technology MP² can effectively promote the synthesis of dermal collagen. The treatment instantly enhances the skin to its ultimate condition and turns back the clock, giving you a youthful appearance.

AFTER SPORT

30 minutes

MP² technology Magnetic Pulse treatment can help relieve arthritis pain, neuropathic pain and other sporting complaints because the magnetic impulse can facilitate NO (nitric oxide) release inside the body, thus strengthening the blood vessels and enhancing blood circulation. It helps the flow in the area being treated generating new microcirculation and providing more vitamins, minerals and oxygen to injured cells, while eliminating toxin and waste and improving body metabolism and circulation.



GENTLEMEN ESSENTIALS

DEEP SLEEP

1 hour 30 minutes

Using a blend of relaxing essential oils, this full body massage and mini facial, involves carefully applied pressure techniques to balance the nervous system and ease an overactive mind. Induces a deep sense of tranquillity and a good night's sleep.

CLEANSING

1 hour

Designed to deeply cleanse and brighten the complexion, includes cleansing, steaming, extraction, facial massage and a specific mask for your needs.



TREATMENT ADDITIONS

SERENITY SOUND BATH

30 minutes

Surround yourself with the healing vibration of the singing bowl, while absorbing the mystic energy and optimal pressure from the pivoting warm, soft, quartz sand bed.

ORIENTAL BODY SCRUB

30 minutes

This luxurious and invigorating scrub blends Mandarin Oriental's signature body oil infused with essences of tropical ginger, frankincense and mandarin with organic, mineral-rich sea salt to leave the skin smooth, replenished and exotically fragrant.

EXTEND YOUR INDULGENCE

15 minutes

You may extend body massage 15 minutes, 30 minutes or more to extend your indulgence. Extension subject to therapist and treatment room's availability.

*Treatment additions may only be book in conjunction with another treatment.

PROGRAMMES

Pamper yourself with one of our half-day programmes which are specifically designed for your health and well-being and include a healthy lunch.

REAWAKEN

3 hour 30 minutes

A holistic wellness break that allows you to start the day active and continue with ultimate relaxation and pampering in a luxurious environment.

- Body Analysis
- Personal Training
- Oriental Body Scrub
- Oriental Essence
- Bespoke Facial

INNER PEACE

3 hours

Welcome to the healing, and timeless, journey of inner peace. This extended series of holistic treatments leaves you feeling totally relaxed and serenely satisfied.

- Pilates
- Welcome Foot Ritual
- Serenity Sound Bath
- Aromatherapy

WAXING

All waxing treatments are available upon request and include

- Full Leg Waxing
- Full Arm Waxing
- Under Arm Waxing
- Bikini Waxing
- Back Waxing



TERMS & CONDITIONS

OPENING HOURS

Fitness Centre and Pool : Monday – Sunday 6am – 10pm

Spa Treatments : Monday – Sunday 10am – 11pm

CANCELLATION POLICY

Please allow 24 hours' notice of cancellation to avoid charges. Cancellations within 24 hours will incur 100% charge. A credit card number is required at the time of booking.

DIGITAL DISCONNECTION

Our spa environment is one of tranquillity and we would appreciate it if you can turn off your mobile devices and secure them in your locker to respect all spa guests' right to privacy and serenity.

SPA ARRIVAL

We recommend that you check in at Spa Reception at least 30 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations and gives you ample time to visit the spa's oasis of heat and water. Please understand that late arrivals will not receive an extension of scheduled treatments.

AGE REQUIREMENT

The minimum age requirement for access to the spa and fitness centre is 16 years of age.

HOMECARE

To continue your spa regimen at home, all spa products used in the treatments are available in our spa boutique, including lifestyle items and souvenirs.

GIFT CARDS

Our gift cards are an ideal gift and are available online at <http://www.mandarinoriental.com/gift-cards/> and at The Spa concierge desk.





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