



THE SPA
AT
MANDARIN ORIENTAL

MUSCAT

SUMMER WELLNESS



SUMMER REJUVENATION

Reset your natural balance and rediscover your inner strength in an urban oasis at the heart of Shatti Al Qurum. The Spa at Mandarin Oriental, Muscat, seamlessly combines the Orient's ancient philosophy of balancing the five elements with local healing traditions.

As the pace slows and summer days stretch longer, we invite you to embrace a season of renewal with our thoughtfully curated Summer Wellness experiences. The collection of rejuvenating treatments are designed to refresh, restore, and uplift your spirit. Each experience begins with your choice of a bespoke massage oil, carefully tailored to suit your mood and needs, ensuring a deeply personalised journey to relaxation.

The Summer Wellness treatments are available only until 30 September 2025, from Sunday to Thursday, between 12pm and 3pm. The Spa is open daily from 12pm to 9pm.

MASSAGE & BODY TREATMENT

MUSCLE EASE MASSAGE

60 minutes | OMR 55

90 minutes | OMR 75

A deeply restorative massage tailored to focus on areas of tension. Using a combination of compression, stretching, and firm pressure, this treatment is customised to your comfort level to relieve muscular fatigue and enhance mobility.

BALINESE MASSAGE

60 minutes | OMR 55

A soothing ritual of rhythmic and flowing strokes that align with your body's natural rhythm. Ideal for promoting deep relaxation and a sense of wellbeing.

BACK MUSCLE MELT MASSAGE

30 minutes | OMR 35

45 minutes | OMR 45

Focused relief for the upper body, this invigorating massage targets the back, neck, and shoulders to dissolve tension and ease stress.

DETOX BODY RITUAL

45 minutes | OMR 55

A cleansing hammam-inspired treatment using Black Olive Soap, Kessa Mitt exfoliation, and a purifying Rhassoul mud wrap. Finished with a nourishing body lotion application.





FACIALS AND SKIN CARE

BIOLOGIQUE RECHERCHE INSTANT PLUMP FACIAL

45 minutes | OMR 60

Add-on Skin Instant Lab® Analysis | OMR 15

A results-driven facial featuring customised cleansing, exfoliation, and face mask application to address concerns such as dehydration, dullness, enlarged pores, and fine lines.

Suitable for all skin types.

BESPOKE HOLISTIC FACIAL

60 minutes | OMR 55

A nourishing facial experience that combines natural skincare with soothing and restorative techniques to hydrate, calm, and revitalise the skin.

SUN COOLING & HYDRATING TREATMENT

30 minutes | OMR 35

Soothe sun-kissed skin with this cooling and rehydrating treatment, using natural ingredients to restore balance and vitality after a long day in the sun.

TERMS & CONDITIONS

AVAILABILITY

The Summer Wellness treatments are available only until 30 September 2025, from Sunday to Thursday, between 12pm and 3pm. The Spa is open daily from 12pm to 9pm.

ARRIVAL

Please arrive at The Spa at least 30 minutes before your appointment to complete your consultation and enjoy access to our heat and water facilities.

HEALTH CONDITIONS

Kindly inform us of any health concerns, allergies, or injuries when booking to ensure your comfort and safety.

CANCELLATIONS

Cancellations must be made at least 12 hours in advance. Cancellations within 12 hours will incur a 100% charge.

PAYMENT

Pre-payment via secure link or posting to your hotel room account is available.





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