



# Sound Bath



Take a moment for yourself and indulge in the meditative practice of a Sound Bath. Relax and rejuvenate with the soothing sounds of Tibetan bells, gongs, and Koshi chimes, and experience a profound sense of inner well-being.

Dates:            17 September  
                      15 October  
                      19 November

Time:             9.00 PM

Duration:        45 minutes

Price per person: 50€

*For information:*  
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