



# Sound Bath



Take a moment for yourself and indulge in the meditative practice of a Sound Bath. Relax and rejuvenate with the soothing sounds of Tibetan bells, gongs, and Koshi chimes, and experience a profound sense of inner well-being.

Date: 19 November

Time: 9.00 PM

Duration: 45 minutes

Price per person: 50€

*For information:*  
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