



# Sound Bath



Take a moment for yourself and indulge in the meditative practice of a Sound Bath. Relax and rejuvenate with the soothing sounds of Tibetan bells, gongs, and Koshi chimes, and experience a profound sense of inner well-being.

Date: 11 February

Time: 8.00 PM

Duration: 1 hour

Price per person: 50€

*For information:*  
[momln-spa@mohg.com](mailto:momln-spa@mohg.com)  
+39 02 8731 8882