

GLOBAL WELLNESS DAY Yoga by the pool

14.06.2025

Start the day with a revitalizing early morning yoga session by the relaxing ambiance of our pool. This serene practice will help you awaken your body and mind, setting a harmonious tone for the day ahead.

Session time: 7.30 am
Session duration: 1 hour

Participants: Max 6 people

What you will need: Swimsuit / comfortable clothes

The activity is available upon reservation

For information: momln-spa@mohg.com +39 02 8731 8882

