



GLOBAL WELLNESS DAY

Saturday 10 June 2023

Join us for a day of well-being!

Remember to take care of yourself physically and mentally, discovering our dedicated Ayurvedic breakfast corner at Mandarin Garden. Move to the rhythm of our Dance Flow class, for a unique and joyful experience. Discover the power of laughter and music while allowing positive energy to flow through you.

Ayurvedic Breakfast Corner: from 8am to 10.30am

Dance Flow class: from 3pm to 4pm / from 4.30pm to 5.30pm



The activities are complimentary for our in-house guests.
Dance Flow class is subject to availability and reservation is required.
For information & reservations please contact our Spa Concierge at extension 13055.

GWD