



MANDARIN ORIENTAL  
MAYFAIR LONDON

# BODYSPACE

R E S I D E N C Y

AT MANDARIN ORIENTAL MAYFAIR, LONDON

Hyper-Personalised Memberships



THE SPA  
AT  
MANDARIN ORIENTAL  
MAYFAIR  
LONDON

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# BODYSPACE MEMBERSHIPS

Discover a new era of wellness at Bodyspace Mayfair, located within  
The Spa at Mandarin Oriental Mayfair.

We're excited to introduce two new & exclusive refined membership options, crafted  
to provide unparalleled access and support for your health and performance goals,  
alongside exclusive benefits that extend throughout  
Mandarin Oriental Mayfair.

To ensure privacy and a truly first-class experience,  
both memberships are strictly limited.

Bodyspace at The Spa at Mandarin Oriental Mayfair, London is a unison between global leaders in hospitality and London's leading Lifestyle Performance Club.

Bodyspace's award-winning club, as used and endorsed by globally renowned figures, brings together medical professionals, high performance coaches and wellbeing practitioners, addressing all aspects of lifestyle, including nutrition, exercise, stress management, sleep and health optimisation.



"BODYSPACE IS A TRULY UNIQUE, HOLISTIC COLLABORATION BETWEEN THE  
INDUSTRIES FINEST FITNESS AND HEALTH SPECIALIST"

David Higgins  
Co-Founder

Mandarin Oriental Mayfair, London



## BODYSPACE HYPER-PERSONALISED MEMBERSHIP

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Our Hyper-Personalised Membership offers a pioneering time-based system. This unique approach allows individuals to purchase "Lifestyle Performance Time" in our state-of-the-art facilities.

Every session can be redeemed for these unique experiences:

- **Expert Coaching:** Personal Training, Yoga, Pilates and Swimming.
- **Specialised Treatments:** Physiotherapy, Performance Massage, Functional Treatment and Nutrition consultation.
- **Spa Treatments:** Intelligent Movement, Age Defying Facial, Time for You and Mother-To-Be Ritual.
- **Unrestricted Access:** Enjoy our world-class gym, 25-metre heated swimming pool, sauna, vitality pools, experience showers and steam room at your leisure.

This option is designed for those seeking a highly effective and supported path to optimising their health and performance.

**10 SESSIONS - £1,850 / £185 per session**

Valid for 3 months

**30 SESSIONS - £5,400 / £180 per session**

Valid for 6 months

**60 SESSIONS - £10,200 / £170 per session**

Valid for 1 year

**100 SESSIONS - £16,000 / £160 per session**

Valid for 1 year



## BODYSPACE CLUB MEMBERSHIP

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For those who prioritise access to exceptional amenities, our Bodyspace Club Membership provides exclusive entry to Bodyspace at The Spa at Mandarin Oriental Mayfair and use of all wellness facilities between 7am - 9pm daily, including the state-of-the-art gymnasium and 25-meter indoor swimming pool. This membership offers a streamlined way to enjoy our luxurious environment, with all coaching and treatments available as add-ons.

**12 MONTHS - £6,000**

**6 MONTHS - £3,500**

Mandarin Oriental Mayfair, London



## MEMBERS BENEFITS

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As a Bodyspace Member at Mandarin Oriental Mayfair, you will also benefit from:

- 10% discount on all spa treatments
- 15% discount in Akira Back restaurant and ABar Rooftop

## THE SPA AT MANDARIN ORIENTAL

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The Spa features an indoor 25-metre heated swimming pool, sauna, vitality pools, experience showers and steam room, along with a state-of-the-art gymnasium and an innovative array of bespoke wellness treatments.

The Spa's comprehensive offerings include an innovative array of bespoke wellness treatments from leading brands like 'Swiss Perfection,' and 'Seed to Skin Tuscany,'. Experience our exclusive 'Tranquillity of Mayfair' massage and 'Elegance of Mayfair' facial, inspired by our local surroundings. We also feature traditional treatments alongside cutting-edge binaural acoustic and dynamic stimulation techniques, including 22-minute biohacks for Stress Release, Mindfulness, Power Nap, and Awaken, which can be combined with other spa treatments.

Mandarin Oriental Mayfair, London