



# A 3-DAY RETREAT FOR DEEP REGENERATION

For three transformative days, yoga and therapeutic drainage unite to create your ultimate mind-body reset. Agustina brings her unique fusion of disciplines, from her foundation in Pilates' transformative power to Garuda's holistic approach and Kundalini yoga's breathwork, guiding you to strengthen, stretch and reconnect. Meanwhile, Sara's specialised drainage treatments work in harmony to detoxify, reduce fluid retention and stimulate circulation. Together, this powerful combination releases tension, restores balance and leaves you feeling profoundly renewed, physically lighter, mentally clearer and radiant with wellbeing.

**AGUSTINA LUINI** AVAILABLE FROM 18-20 JULY  
**SARA BERJANI** AVAILABLE FROM 18-21 JULY

For bookings and information, contact us  
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THE SPA  
AT  
MANDARIN ORIENTAL  
MARRAKECH

# PACKAGES

## RESET (MAD 7,000)

- 2 yoga classes per day over 3 days with Agustina
- 1 exclusive 2-hour Masterclass: Kundalini Yoga, Meditation & Detox Juice with Agustina (Saturday)
- 2 drainage treatments during your stay by Sara (18-21 July)
- Access to the relaxation area & Spa pool

## INNER GLOW (MAD 5,500)

- 1 yoga class per day over 3 days with Agustina
- 1 exclusive 2-hour Masterclass: Kundalini Yoga, Meditation & Detox Juice with Agustina (Saturday)
- 1 drainage treatments during your stay by Sara (18-21 July)
- Access to the relaxation area & Spa pool

## ADD-ONS

### AGUSTINA

#### Drop-in group class (55 min) – MAD 800

##### - Friday 18 July

- 6pm 1st session
- 7pm - 2nd session

##### - Saturday 19 July

- 6pm 1st session
- 7pm - 2nd session

##### - Sunday 20 July

- 9am - 1st session
- 10am - 2nd session
- 6pm 3rd session
- 7pm - 4th session

#### Masterclass (2 hours) – MAD 1,300

##### - Saturday 19 July

- 11am - 1pm

#### Private session (55 min) – MAD 1,000

### SARA

#### Divine Face (50 min) - MAD 3,000

A transformative facial treatment designed to refresh and rejuvenate.

#### Lymphatic Drainage (50 min) - MAD 3,000

Targeted lymphatic drainage to stimulate circulation and reduce fluid retention, leaving the body feeling lighter.

#### Lymph Modeling (50 min) - MAD 3,000

A contouring treatment that combines lymphatic drainage with precise sculpting techniques for a more toned appearance.

#### Thermotherapy Fire System (60 min) - MAD 3,600

It combines the healing power of heat with expert manual techniques to deeply detoxify and improve circulation.



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