



MANDARIN ORIENTAL  
RITZ MADRID

TBC

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THE BEAUTY CONCEPT

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*at Mandarin Oriental Ritz, Madrid*

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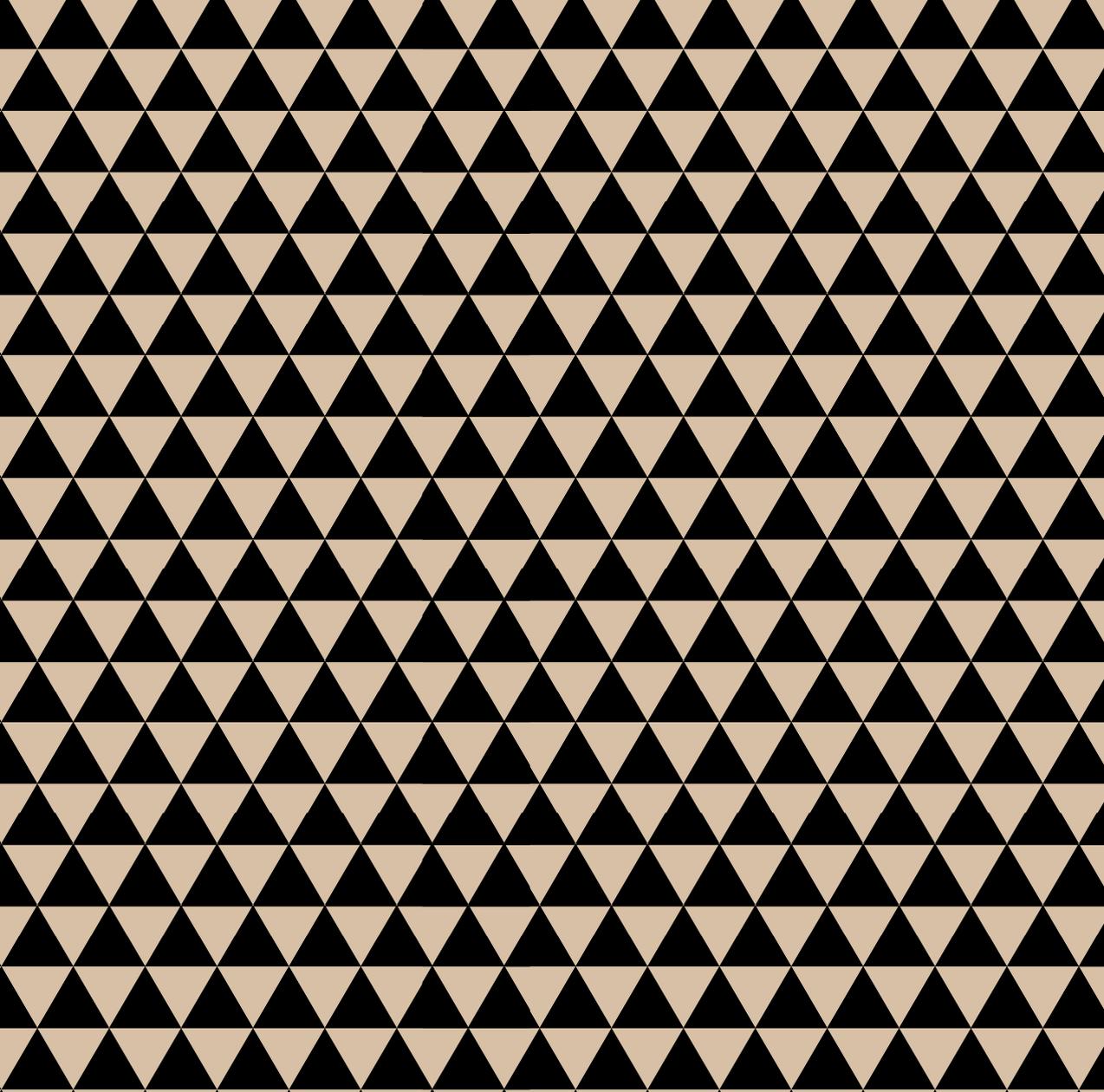
## **THE BEAUTY CONCEPT AT MANDARIN ORIENTAL RITZ, MADRID**

We invite you to discover this hidden sanctuary in the center of Madrid. The spa The Beauty Concept at Mandarin Oriental Ritz, Madrid, is a temple of relaxation and well-being that offers exclusive and personalized treatments for the care of the face, body, and soul.

Our spa features an individual treatment room, a wonderful and intimate double suite for couples, a heated indoor pool under dozens of lights that simulate the sky of Madrid, a Vitality Pool area, a circuit of sensation showers, a steam room, and a gym with the latest state-of-the-art Technogym equipment.

### **About The Beauty Concept**

The Beauty Concept, led by Paz Torralba, is a prestigious brand of beauty centers, aesthetic medicine, and hair salons where personalized diagnosis is the foundation of our philosophy. Our reputation is based on the use of the most innovative and advanced techniques, both manual and in state-of-the-art equipment, effective high-end cosmetic products, personalized treatments, and a great team of professionals constantly in training. We firmly believe that beauty always progresses from the inside out.



**BODY  
TREATMENTS**



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## BODY TREATMENTS

### PEELING 5 SENSES

This treatment is performed with phytomarine extracts, mineral salts, and 100% pure essential oils that gently exfoliate the skin, removing impurities and dead cells. It helps to drain lipid deposits and stimulates microcirculation, resulting in smooth and purified skin. Additionally, it regulates hydration levels and remineralizes the skin.

You can choose from the following ingredients:

- \* Volcanic stone
- \* Pure mineral salt from Canada
- \* Walnut shell extract and acid complex

Duration: 50 minutes

Price: €250

### DETOX & DRAIN

This intensive treatment is detoxifying, draining, and anti-cellulite. It uses thermal water from Bormio and essential oils to improve lymphatic microcirculation, detoxify, and relieve legs with edematous cellulite and fluid retention. It is excellent after a heavy day, a period of fatigue, or at the start of a slimming program to support deep body cleansing.

Duration: 50 minutes

Price: €275



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## **BODY TREATMENTS**

### **JET LAG**

This treatment offers a combination of different techniques to achieve deep well-being. It includes the application of a localized wrap made of unique bioactive material in Spain, designed to relieve muscle pain, relax the nervous system, and restore balance after a flight or long journey.

Duration: 80 minutes

Price: €350

### **DEEP HYDRATION**

This wonderful relaxation experience combines a deep and restorative massage with the application of vitamins, minerals, and active ingredients to enhance skin hydration, promoting high levels of health and softness.

Duration: 50 minutes

Price: €275

### **MADEROTHERAPY**

Maderotherapy is a shaping treatment performed with noble wood maniples, whose shapes and sizes are adapted to all areas of the body. Its aim is to perform intense drainage, eliminate toxins, firm and tone the skin, treating localized fat and fluid retention.

Duration: 80 minutes

Price: €325



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## BODY TREATMENTS

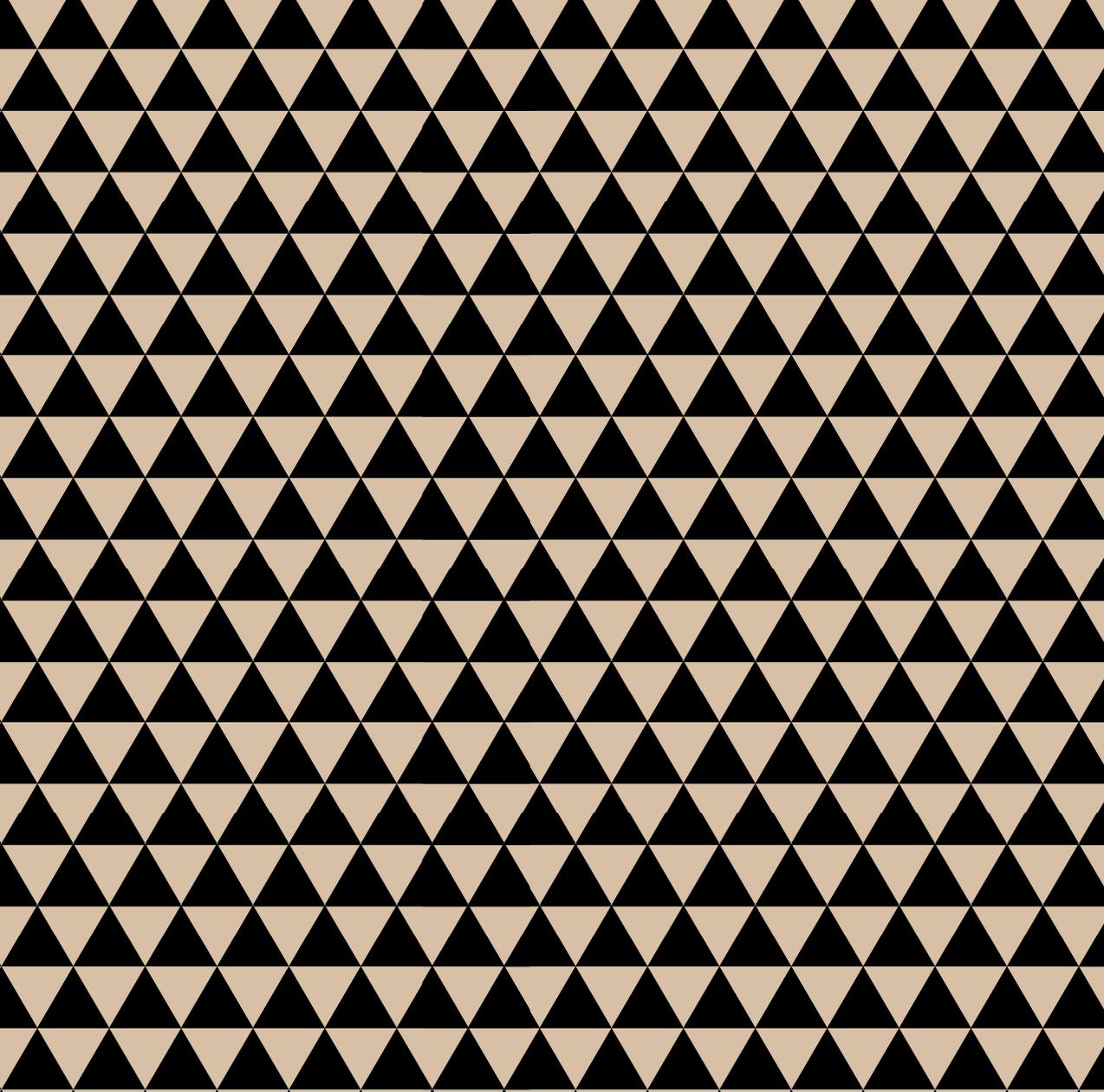
### REMODELING TREATMENT BY CELLCOSMET

Consists of three stages where the powerful active ingredients of the Swiss brand Cellcosmet act, which adapt to each hormonal identity. The stages include exfoliation, toning, and detoxification. Techniques such as thermal wrap and firming and slimming body massage are used, combined with marine fibro-extracts and 100% pure essential oils. This process improves the appearance of the abdominal area and reduces its volume.

Duration: 80 minutes

Price: €375

\*\*\* All body treatments can be complemented with a 30-minute personalized mini-facial for an additional supplement of €150.



**BODY MESSAGES &  
HOLISTIC RITUALS**



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## **BODY MESSAGES & HOLISTIC RITUALS**

### **RELAXING AND ANTI-STRESS MASSAGE**

Indulge in the sensation of a slow and deep massage that leads to a state of total relaxation and restores balance to the body and mind. This treatment also relieves the feeling of heaviness and relaxes tired legs. Through a combination of plant extracts and thermal water, the massage helps to reactivate the blood vessels, increasing their resistance and promoting the reabsorption of fluids to refresh and decongest the legs.

Duration: 50 minutes – Price: €200

Duration: 80 minutes – Price: €280

### **DEEP TISSUE MASSAGE**

Manual technique based on tissue mobilization that combines movement and deep pressure. Its goal is to reduce tension, alleviate pain, and relax muscles. This massage primarily targets the deeper layers of muscles and is ideal for individuals with muscle overuse. Additionally, it helps balance the nervous and circulatory systems.

Duration: 50 minutes – Price: €250

Duration: 80 minutes – Price: €325



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## **BODY MESSAGES & HOLISTIC RITUALS**

### **LYMPHATIC DRAINAGE**

Lymphatic Drainage massage is a therapeutic massage aimed at activating and improving the function of the lymphatic system, enhancing the elimination of interstitial fluid. This process stimulates circulation and lymphatic flow, aiding in the removal of fluids, fats, and toxins responsible for cellulite, edema, and lymphedema.

Duration: 80 minutes

Price: €300

### **SPECIAL FOR EXPECTANT MOTHERS “MUM TO BE”**

This relaxing and therapeutic massage focuses on the specific needs of pregnant women, targeting the lower back, back, and legs to prevent fluid retention and improve the changes experienced by the body during pregnancy. This treatment is also suitable during the lactation period. It will not be performed during the first 12 weeks of pregnancy.

Duration: 80 minutes

Price: €280

Other types of massages available upon request:

Sports massage, Thai massage, foot reflexology, physiotherapy sessions, among others.

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## BODY MESSAGES & HOLISTIC RITUALS

### **AROMASOUL**

Discover four aromatherapy rituals that combine physiological and emotional therapeutic aspects, immersing you in a sensory journey through three different cultures: Mediterranean, Indian, and Asian. These unique sensory experiences will lead you to a dimension of deep and renewing relaxation, bringing you to a completely new state of serenity.

#### **Mediterranean**

Inspired by the warm and vibrant soul of Mediterranean cultures, this ritual massage recalls the waves of the sea, the symbolic strength, and the sweetness of the water breaking on the body, with a draining and softening action. A reducing aromatherapy ritual that combines remodeling effectiveness with personalized reharmonization thanks to the composition of essential oils with citrus notes.

#### **Oriental**

Inspired by Traditional Chinese Medicine and Shiatsu techniques, this massage balances the flow of physical energy through the meridians, improves blood flow, and promotes the body's natural readjustment. A powerful metabolism activator that reduces anxiety and provides stability, concentration, and clarity. Ylang-ylang, mimosa, jasmine, and vanilla extracts exert a relaxing action and harmonize the mind.

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## BODY MESSAGES & HOLISTIC RITUALS

### **Arabian**

Inspired by the passion and poetry of massage in the desert, this ritual uses a warm and harmonizing conscious touch that blends and guides attention to the present moment, connected to the Mindfulness experience for renewal and purification that restores vitality to the body. In its composition, essential oils of vetiver, cinnamon, ginger, geranium, and patchouli provide unforgettable sensory and olfactory experiences.

### **Indian**

Inspired by the ancient Ayurvedic philosophy, this massage involves body, mind, and spirit in a pleasant sensory journey. It promotes deep relaxation and rediscovery of physical and emotional balance. It stimulates the lymphatic system, tones muscles and nerves, relieves excessive tension and stress, promoting sleep and rest.

Duration: 50 minutes – Price: €230

Duration: 80 minutes – Price: €330



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## **BODY MESSAGES & HOLISTIC RITUALS**

### **SALT MASSAGE**

Exclusive detoxifying and revitalizing treatment for the body and mind, combined with a specific stone massage modality that enhances its effectiveness and pleasure. Thanks to the extraordinary composition of Himalayan crystal salt, rich in essential minerals, this treatment triggers an intense purification and cleansing action. It relieves muscle pains, stimulates metabolism, and improves microcirculation. Rebalances and revitalizes, restoring energy in moments of intense physical and mental stress.

Duration: 50 minutes

Price: €230

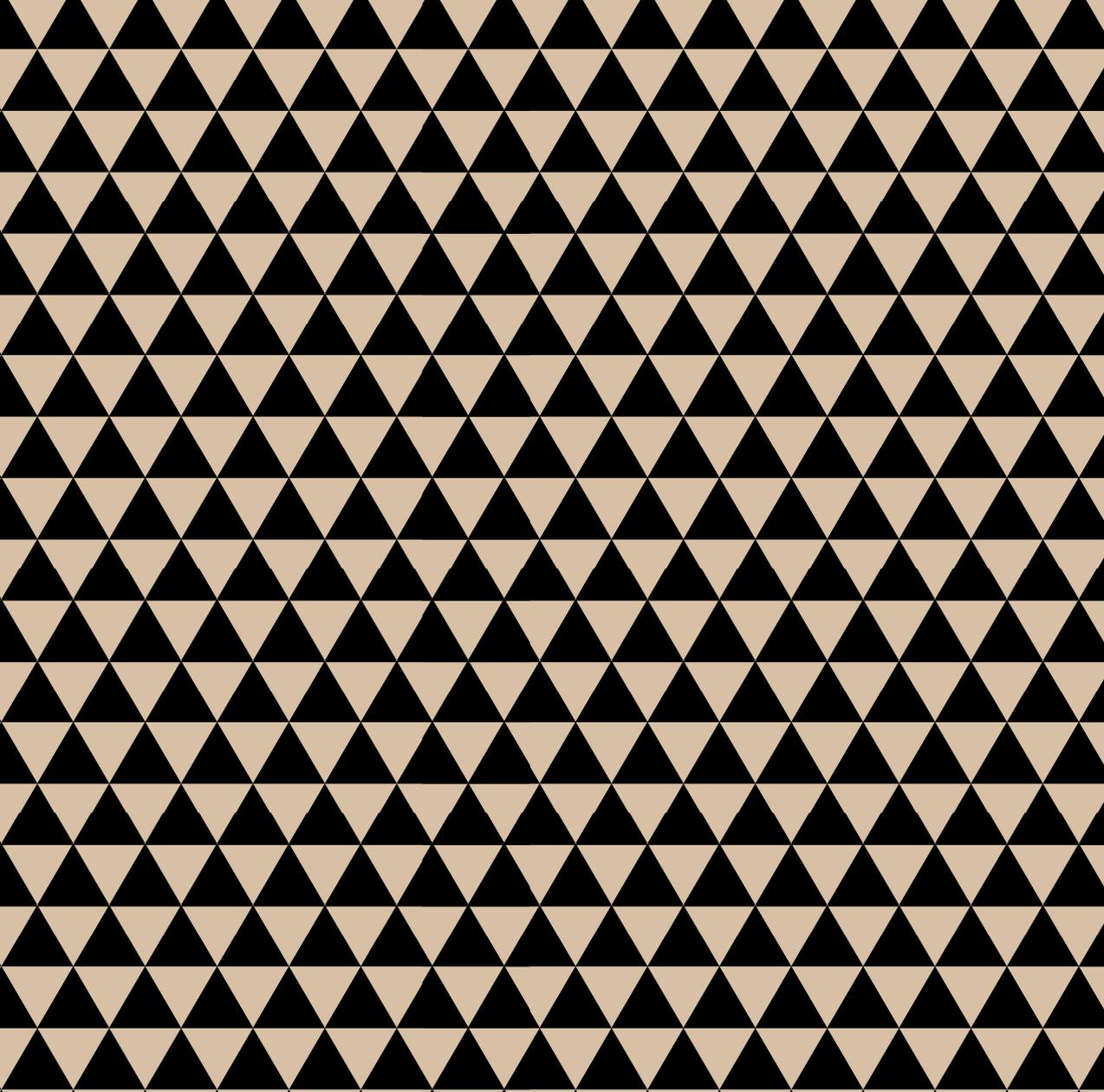
### **HOT STONE MASSAGE**

Immerse yourself in a relaxing therapy of oriental origin that works not only on the physical level but also on the mental, helping to relax muscle tensions and achieve a perfect energetic balance. Smooth stones of volcanic origin are used, gliding over the skin through a soothing massage. Subsequently, they are placed exerting light pressure on the chakras, thereby activating the vital flow and achieving complete harmony with oneself.

Duration: 80 minutes

Price: €350

\*\*\* All massages can be complemented with a 30-minute personalized mini-facial for an additional supplement of €150.



**FACIAL  
TREATMENTS**



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## **FACIAL TREATMENTS**

### **BIOLOGIQUE RECHERCHE FACIAL TREATMENTS**

Experience a unique excellence with a French touch as you immerse yourself in a luxurious facial treatment with exceptional care.

#### **VIP O<sub>2</sub> OXYGENATING TREATMENT**

Indulge in our detoxifying and reoxygenating epidermal treatment, designed to create an anti-pollution shield that protects cells from atmospheric contaminants, preventing protein oxidation. This treatment purifies, detoxifies, improves skin tone, and enhances luminosity. Additionally, it activates cellular metabolism, generating higher-quality cells and improving their performance. Ideal for devitalized, intoxicated, dull, and opaque skin.

Duration: 60 minutes

Price: €275

#### **REMODELING FACE APARATOLOGY**

Our facial utilizes bioelectrotherapy techniques, to provide you with personalized treatments for an immediate lifting effect. It incorporates three types of electric currents, combined with Biologique Recherche's high-concentration serums, to deeply rejuvenate the skin.

Duration: 80 minutes

Price: €360

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## FACIAL TREATMENTS

### SOIN LISSANT

This treatment acts as a powerful cellular activator, stimulating epidermal renewal to recondition and comfort fragile and damaged skin. It smooths the skin's texture and eliminates fine dehydration lines, particularly in dry and prematurely aged skin. Its toning and remodeling action is especially suitable for areas such as the décolleté, neck, and face in mature skin.

Duration: 80 minutes

Price: €300

### MC 110

One of the most renowned facials from the Biologique Recherche brand, the MC 110 is recommended for filling wrinkles, reshaping the facial oval, hydrating and revitalizing the epidermis, as well as purifying and exfoliating the skin. Its deep pumping technique works on areas such as the décolleté, neck, and face, targeting problematic areas like nasolabial folds, lip lines, eye contour wrinkles, and the facial oval.

Duration: 80 minutes

Price: €280

### LIFT C.V.S

This treatment offers a lifting effect through mechanical exfoliation that renews the epidermis and smooths the skin's texture, reducing imperfections. Additionally, it redefines the facial oval and provides structure and volume to the face.

Duration: 80 minutes

Price: €300

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## FACIAL TREATMENTS

### SECOND PEAU

This treatment aims to repair and regenerate the tissues that play a supportive role to slow down the development of deep wrinkles, while accelerating cellular renewal and optimizing healing. Visibly repulps up facial lines and achieves an immediate tightening effect, increasing the cohesion, firmness, and density of the skin. It also tightens and redesigns the facial contour, unifying the skin tone.

Duration: 80 minutes

Price: €400

### TOLESKIN FOR SENSITIVE SKIN

Especially recommended for weak or naturally unprotected skin, such as those with conditions like acne, rosacea, dermatitis, or psoriasis, and with a low tolerance threshold, such as atopic or allergic skin. It acts on the imbalances of the skin barrier, repairing it, restoring the microbiota, and controlling the proliferation of pathogenic agents. Additionally, it has an anti-inflammatory and soothing action.

Duration: 80 minutes

Price: €300



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## **FACIAL TREATMENTS**

### **FACIAL TREATMENTS BY CELLCOSMET**

High-end Swiss molecular cosmetics that preserve the extraordinary properties of stabilised cell extracts, stimulating vital functions for a moisturized, resilient and luminous skin.

### **SWISS CELL SPA**

In CellCosmet products, the concentration of cellular active ingredients (up to 30% in some products) is adjusted for both men and women, taking into account the different hormonal bases of male and female skin. This facial offers a unique cellular revitalization experience where we preserve the hormonal identity of the skin, treating it at all times with stabilized cellular extracts that maintain their moisturizing and regenerative power.

Duration: 80 minutes

Price: €325

### **TBC GLOBAL CELLULAR FACE**

The skin detox goal is guaranteed as the first step of this facial, to remineralize and densify the skin before proceeding to cellular revitalization. With this anti-aging cellular action, we achieve powerful hydration and firming, triggering collagen and elastin formation that act as support against increasing facial sagging, not forgetting the neck and hands. This treatment is suitable for both women and men, and it is personalized with formulas adapted to the skin's needs of each individual.

Duration: 80 minutes

Price: €425



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## **FACIAL TREATMENTS**

### **FACIAL TREATMENTS BY VALMONT**

Where nature meets science and luxury in highly effective anti-ageing treatments for time-defying beauty.

#### **SUBLIME MO RITZ MADRID**

This facial, exclusively created by the Swiss brand for the TBC spa worldwide, begins with an enzymatic peel and concludes with a gentle massage. Its aim is to oxygenate, repair, and deeply hydrate the tissues, including the face, neck, and décolleté, to strengthen the tissues and provide deep hydration with potent, personalized serums. The treatment concludes with the application of a native collagen veil that heals, balances, rejuvenates, and restores the lost luminosity of the skin.

Duration: 80 minutes

Price: €425

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## FACIAL TREATMENTS

### FACIAL TREATMENTS BY NESSENS

This exclusive Swiss brand stands out for its stem cell research for medical and scientific breakthroughs at the Genolier Clinic run by Professor Jacques Proust, a pioneer in the biology of ageing and anti-ageing medicine.

### WAKE FACIAL SKIN BY NESSENS

Awaken your skin and senses with this exclusive facial that harnesses the potent cosmeceutical ingredients from Nescens. It reactivates cellular cycles, promotes tissue renewal, thus slowing down the aging process. The treatment involves exclusive manual massage techniques that activate the circulatory and lymphatic systems, release tension in deeper muscles and tissues, and boost the skin's natural defenses, stimulating its vitality while providing complete and absolute relaxation..

Duration: 80 minutes

Price: €400

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## FACIAL TREATMENTS

### OTHER FACIAL TREATMENTS

#### JAPANESE LIFTING

Japanese facial massage offers various benefits, including reducing skin sagging and correcting minor wrinkles. Additionally, it regulates skin hydration and increases its ability to retain moisture by stimulating the production of collagenesis (endogenous collagen). This massage also helps release toxins and impurities by increasing skin circulation, eliminating dead cells, and enhancing skin radiance, giving it a healthy and youthful appearance.

Duration: 80 minutes

Price: €280

#### AESTHETIC MEDICINE

We have a team of three reputable doctors specializing in a wide range of aesthetic treatments, including infiltrations, laser, Alma Q, Ultherapy, wrinkle removal, Mesotherapy, Plasma, and Serotherapy. All these treatments are performed using the latest safe and innovative equipment in the industry, determined in a personalized consultation with our medical team.



## BEAUTY TOUCHES

### HAIR

Styling / Blow-dry (in-room only)	€130
Sophisticated updo / Elegant hairstyle	€250
Color (available upon request)	
Men's grooming service (available upon request)	
Makeup (available upon request)	

### BEAUTY

Eyebrow threading	€50
Lash lift + tint	€125
Manicure and pedicure with regular polish	
Shellac manicure / pedicure	
Men's manicure / pedicure	
Nail extensions with gel, acrylic, and acrylic	

### PERSONAL TRAINING

60 min.	€130
90 min.	€190

### PILATES

60 min.	€130
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### YOGA

60 min.	€130
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### OTHER SERVICES

Acupuncture:  
(Chinese acupuncture, distal acupuncture,  
Thüng acupuncture, cranial acupuncture,  
electro-acupuncture, (re needle...)

Express massage for postural pain relief



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## HOURS OF OPERATION, TERMS, AND CONDITIONS

### OPENING HOURS

Spa Facilities at The Beauty Concept – 9:00 AM to 9:00 PM, Monday to Sunday.

Gym – Available 24 hours a day, 7 days a week.

Swimming Pool – 6:30 AM to 9:00 PM, Monday to Sunday.

### TREATMENTS AFTER OPENING HOURS

\* From 9:00 AM to 9:00 PM – 15% surcharge applies.

\* From 7:00 AM to 9:00 AM and from 9:00 PM to midnight – 50% surcharge applies.

\* From midnight to 7:00 AM – 100% surcharge applies.

### CANCELLATION POLICY

\* With 24 hours' notice – Free of charge.

\* With 6 hours' notice – Additional charge of 50%.

\* With 3 hours' notice – Additional charge of 100%.



**MANDARIN ORIENTAL**  
RITZ MADRID

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