單點餐牌 A LA CARTE MENU



歡迎蒞臨御苑餐廳

行政總廚Giulioantonio和中餐主廚Hans為您呈獻一場交織東方風味、澳門歷史名城作點綴的美饌之旅。

餐廳以永續發展為目標,為此,我們承諾使用負責任的方式採購食材,也注重永續性和環境保護。每一道菜式均精心搭配不同的食材,融合多元的烹飪風格和技巧,用心為您帶來難忘的用餐體驗,也藉此宣揚環保意識。

祝 閣下用餐愉快,盡享獨特的美食之旅。

Welcome to Vida Rica Restaurant, a venue known for its Oriental delights using flavourful ingredients and a place highlighting a combination of heritage fusion within Macau.

Led by Executive Chef Giulioantonio and Chinese Chef de Cuisine Hans He, embark on a culinary journey where our chefs pay homage to the city's vibrant gastronomy.

The menu is curated with a sustainable aim in mind. Items are sourced mindfully and cooked carefully, thus hoping to create awareness among diners by sharing the different cooking styles and methods.

We wish you a pleasant meal ahead.



御苑餐廳 邁向永續性的餐飲之旅 以慎思的心態採購,細緻精巧的手法烹飪

大自然的味道喚醒感官,此刻正是品味精心烹調、天然時令食材的時候。

永續發展是一個廣泛應用於各行各業的關鍵字,也是每個人共同追求的目標。我們將一步一腳印,在行政總廚Giulioantonio Di Sabato的領導下,餐廳團隊致力將此理念付諸行動,邁向永續發展的目標。

我們的目標之一是喚起食客對食材道德採購和精心選擇的意識,這些食材原料的來源均符合道德規範且經過謹慎選擇。在設計季節菜單時,我們更注重烹飪風格和技巧,菜式以東方風味為特色、融合了西方和葡萄牙元素,確保每道菜都充滿口感和熟悉的味道。

在烹飪技巧上,廚師們更注重細節和精確呈現,我們減少糖、鹽和乳製品的使用,並確保所選用的油品質量,秉持這些原則,每道菜都獨具特色,讓您展開一趟卓越的永續餐飲之旅。

A step at a time towards sustainability at Vida Rica Restaurant

Sourced Mindfully. Cooked Carefully.

Awaken your senses this season by tasting natural ingredients cooked using methods which allow natural flavours to exude individual uniqueness.

Sustainability, a keyword widely used by businesses from industries of all sorts, is an objective that everyone aims to achieve. Led by Executive Chef Giulioantonio and together as a team, Vida Rica Restaurant will be taking a step at a time, turning this vision into action.

When creating a seasonal menu for the restaurant known for its Oriental flavours infused with Portuguese elements, our culinary experts narrowed it down to cooking style and methods, ensuring that the menu was flavourful and familiar. The aim is to create awareness among diners on the choice of ingredients used that are ethically sourced and cautiously selected.

While cooking methods are equally important during this process, we reduced the usage of sugar, salt and dairy products while being more attentive to the quality of oils used in the kitchen. By following the procedure, each dish will be able to showcase its characteristics, thus, leading to robust flavours.



御苑風味 VIDA RICA'S ESSENCE

葡式海鮮鍋 888 [5] 燉鮮蝦 | 澳門龍脷魚 | 大蝦 | 魷魚 | 蜆 | 青口 (6位persons) 蔬菜 | 馬鈴薯 | 西班牙香腸 | 番茄醬 | 白葡萄酒 328 CATAPLANA (2位persons) Live Prawns Stew | Macau Sole | Prawns | Calamari | Clams | Mussels Vegetables | Potatoes | Chorizo | Tomato Sauce | White Wine ₩[™] 鮑魚臘腸雞煲 298 [5] 雞肉 | 鮑魚 | 廣東臘陽 | 乾蔥 | 蒜 | 薑 | 羅勒 | 洋蔥 **BRAISED CHICKEN ABALONE** Chicken | Abalone | Chinese Preserved Sausages | Shallots | Garlic Ginger | Basil | Onions [5] 香烤八爪魚馬介休 298 香烤八爪魚鬚 | 馬介休 | 馬鈴薯 | 西班牙香腸 **PULPO & BACALHAU** Grilled Octopus Tentacle | Bacalhau | Potatoes | Chorizo 嶺南燒味拼盤 268 脆皮雞 | 燒腩肉 |叉燒 **BBQ MEAT PLATTER** Crispy Chicken | Roasted Pork Belly | Char Siew

\%** 御苑精選 Signature Dish ⑤ 海鮮 Seafood ◎ 素食 Vegetarian

可持續採購海鮮 Sustainably sourced seafood

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前菜 APPETISER

[S]	新鮮法國生蠔 FRESH FRENCH OYSTERS Freshly Shucked Oysters	Market Price (6-12 隻pcs)
[S]	招牌海鮮塔 半隻波士頓龍蝦 生蠔 虎蝦 蜆 青口 SEAFOOD TOWER Half Boston Lobster Oysters Tiger Prawns Clams Mussels	1,288
	藍蝦刺身片 藍天使蝦 牛油果 煙燻鱘魚魚子醬 PRAWNS CARPACCIO Caledonia Blue Shrimp Carpaccio Avocado Smoked Herring Caviar	268
	二十年花雕帝王蟹肉凍 帝王蟹肉 芥末 薑蓉 ALASKAN CRAB JELLY Alaskan Crab Meat Mustard Ginger Paste	238
[V]	布拉塔芝士 新鮮布拉塔 原種番茄 意大利香醋 羅勒青醬 BURRATA Fresh Burrata Heirloom Tomatoes Balsamic Basil Pesto	198
[S]	脆皮芬迪加生蠔 生蠔 是拉差辣椒醬 CRISPY FINE DE CLAIRE Oysters Sriracha Chili Sauce	198 (3 隻pcs)
[V]	黑松露涼拌繡球菌 繡球菌 秋葵 黑松露醬 CAULIFLOWER MUSHROOM SALAD	138

₩ 御苑精選 Signature Dish [5] 海鮮 Seafood [7] 素食 Vegetarian

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Sparassis Fungus | Okra | Black Truffle Seasoning

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粤式赌赌煲 CANTONESE SIZZLING POT

粉紅胡椒煎穀飼肋眼牛

788

澳洲穀飼劢眼牛排 | 粉紅胡椒 | 乾蔥 | 蒜 | 薑 | 青蔥

(300 克g)

AUSTRALIAN RIBEYE

Grain Fed Australian Ribeye | Pink Peppers | Shallots | Garlic | Ginger | Scallions

[5] 沙薑煎焗龍脷魚柳

368

龍脷魚柳 | 蒜 | 乾蔥 | 薑 | 洋蔥 | 青蔥 | 沙薑

MACAU SOLE

Macau Sole Fillet | Garlic | Shallots | Ginger | Onions | Scallions | Sand Ginger

₩ **鮑魚臘陽雞煲**

298

[5] 雞肉 | 鮑魚 | 廣東臘陽 | 乾蔥 | 蒜 | 薑 | 羅勒 | 洋蔥

BRAISED CHICKEN ABALONE

Chicken | Abalone | Chinese Preserved Sausages | Shallots | Garlic Ginger | Basil | Onions

[5] 啫啫蝦醬芥蘭

138

芥蘭 | 蝦醬 | 蒜

CHINESE KALE

Chinese Kale | Shrimp Paste | Garlic

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湯 SOUP

[S] 螺頭花膠燉雞湯 288 清雞湯 | 花膠 | 響螺 FISH MAW Double Boiled Chicken Soup | Fish Maw | Sea Whelk 带子燕窩丸瑤柱湯 288 [5] 瑤柱湯 | 帶子燕窩丸 **SCALLOP** Scallop Consommé | Scallop Ball filled with Bird's Nest [S] 法式奶油龍蝦湯 188 龍蝦濃湯 | 龍蝦肉 | 鮮忌廉 | XO 醬 **LOBSTER** Lobster Bisque | Fricassée | Crème Fraîche | XO Sauce [Y] 手切菊花豆腐蔬菜湯 138 蔬菜湯 | 豆腐 **TOFU** Vegetable Consommé | Tofu

可持續採購海鮮 Sustainably sourced seafood

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海鮮 SEAFOOD

[S] 蜜豆百合炒帶子 帶子 | 蜜豆 | 百合 | 甜椒 STIR-FRIED SCALLOPS Scallops | Sweet Beans | Lily Bulbs | Bell Peppers

268

₩ 粤式燜龍蝦伊麵

588

[5] 波士頓龍蝦 | 伊麵 | 菇 | 小棠菜

BOSTON LOBSTER

Braised Boston Lobster | E-Fu Noodles | Mushrooms | Baby Bok Choy

[5] 沙薑煎焗龍脷魚柳

368

龍脷魚柳 | 蒜 | 乾蔥 | 薑 | 洋蔥 | 青蔥 | 沙薑

MACAU SOLE

Macau Sole Fillet | Garlic | Shallots | Ginger | Onions | Scallions | Sand Ginger

[5] 蘆筍炒蝦球

268

大蝦 | 蘆筍 | 菇 | 甜椒

STIR-FRIED PRAWNS

Prawns | Asparagus | Mushrooms | Bell Peppers

\%`` 御苑精選 Signature Dish [5] 海鮮 Seafood [17] 素食 Vegetarian

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肉品|家禽 BEEF|PORK|POULTRY

粉紅胡椒煎穀飼劢眼牛排 788 澳洲穀飼劢眼牛排 | 粉紅胡椒 | 乾蔥 | 蒜頭 | 薑 | 青蔥 (300 克g) **AUSTRALIAN RIBEYE** Grain Fed Australian Ribeye | Pink Peppers | Shallots | Garlic | Ginger | Scallions 黑蒜蠔油炒澳洲穀飼牛柳 688 [5] 澳洲穀飼牛柳 | 百合 | 豌豆 | 黑蒜 | 蠔油 (200 克g) **AUSTRALIAN TENDERLOIN** Grain Fed Australian Beef Tenderloin | Lily Bulbs | Peas Fermented Black Garlic | Oyster Sauce ₩ 鮑魚臘陽雞煲 298 [5] 雞肉 | 鮑魚 | 廣東臘陽 | 乾蔥 | 蒜 | 薑 | 羅勒 | 洋蔥 BRAISED CHICKEN ABALONE Chicken | Abalone | Chinese Preserved Sausages | Shallots | Garlic Ginger | Basil | Onions 嶺南燒味拼盤 268 脆皮雞 | 燒腩肉 | 叉燒 **BBQ MEAT PLATTER** Crispy Chicken | Roasted Pork Belly | Char Siew 澳門燒腩仔 268 燒腩肉 | 芥末醬 ROASTED PORK BELLY Traditional Roasted Pork Belly | Mustard Sauce 楓糖伊比利亞叉燒 238 伊比利亞黑豚肉 | 蜜味黃豆 | 楓糖漿 | 澳洲指橘 **BBQ** Char Siew Iberico Pork | Sweet Soybeans | Maple Syrup | Australian Finger Lime 脆皮炸子雞 188 三黃雞|甜辣醬 (半隻 Half) **CRISPY CHICKEN** Deep-fried Free Range Chicken | Sweet & Spicy Sauce

糖醋咕嚕肉 伊比利亞豬肉 | 蘋果 | 甜椒 | 糖醋汁

SWEET & SOUR PORK

Iberico Pork | Apples | Bell Peppers | Sweet And Sour Sauce

可持續採購海鮮 Sustainably sourced seafood

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188

蔬菜 VEGETABLES

蝦籽鮑汁珍菌燜豆腐	168
豆腐 什錦菇 蝦籽 小棠菜	
BRAISED TOFU	
Tofu Assorted Mushrooms Shrimp Roe Baby Bok Choy	
啫啫蝦醬芥蘭	138
芥蘭 蝦醬 蒜	
CHINESE KALE	
Chinese Kale Shrimp Paste Garlic	
雲耳百合炒蘆筍	168
蘆筍 百合 雲耳 菇 甜椒	
STIR-FRIED ASPARAGUS	
Asparagus Lily Bulbs Black Fungus Mushrooms Bell Peppers	
時令蔬菜	138
自選烹調風格或廚師推薦	
SEASONAL VEGETABLES	
Choice of Cooking Style or Chef's Recommendation	
	豆腐 什錦菇 蝦籽 小棠菜 BRAISED TOFU Tofu Assorted Mushrooms Shrimp Roe Baby Bok Choy IRI 蝦醬芥蘭 芥蘭 蝦醬 蒜 CHINESE KALE Chinese Kale Shrimp Paste Garlic 雲耳百合炒蘆筍 蘆筍 百合 雲耳 菇 甜椒 STIR-FRIED ASPARAGUS Asparagus Lily Bulbs Black Fungus Mushrooms Bell Peppers 時令蔬菜 自選烹調風格或廚師推薦 SEASONAL VEGETABLES

₩ 御苑精選 Signature Dish [5] 海鮮 Seafood [7] 素食 Vegetarian

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主食 RICE & NOODLES

[5] 海鮮炒飯 238 帶子|蝦|蟹肉|蟹籽|XO醬|蔬菜粒|青蔥 SEAFOOD FRIED RICE Scallops | Shrimps | Crab Meat | Crab Roe | XO Sauce Vegetable | Scallions [] 黑松露蛋白藜麥炒飯 188 泰國絲苗米飯 | 黑松露菌 | 菇 | 蛋白 | 藜麥 | 菜粒 | 青蔥 **BLACK TRUFFLE FRIED RICE** Thai | asmine Rice | Black Truffle | Mushrooms | Egg White | Quinoa Vegetables | Scallions [S] 海鮮乾燒伊麵 188 伊麵 | 蝦仁 | 帶子 | 香菇 | 紅蘿蔔 | 韭黃 | 菜心 **BRAISED E-FU NOODLES** E-Fu Noodles | Shrimp | Scallops | Shiitake Mushrooms

乾炒牛河 188

河粉 | 牛肉 | 菜心 | 豆芽 | 頭抽 WOK-FRIED BEEF RICE NOODLES Flat Noodles | Beef Rump Ribbons | Choi Sum Bean Sprouts | Premium Soy Sauce

Carrots | Chives | Choy Sum

\%`` 御苑精選 Signature Dish [5] 海鮮 Seafood [17] 素食 Vegetarian

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甜點 DESSERTS

精選芝士 無花果甜酸醬 果仁 餅乾	248
EUROPEAN SELECTION OF CHEESES	
Fig Chutney Nuts Crackers	
雲呢拿忌廉蘋果撻	128
APPLE TARTE TATIN	
Vanilla Cream	
焦糖榛子蕎麥黑朱古力慕斯	128
DARK CHOCOLATE	
Caramelised Hazelnuts Buckwheat	
雪燕桃膠杏脯燉蛋白	128
SILKY EGGS	
Peach Gum Snow Swallow Dried Apricots	
巴伐洛娃蛋糕	128
蛋白酥皮 栗子忌廉 自製香橙果醬	
WINTER PAVLOVA	
Meringue Chestnut Cream Orange Marmalade	
楊枝金露	88
西米 柚子 芒果雪葩	
CREAM OF MANGO	
Sago Pomelo Mango Sorbet	

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