# CONCIERGE TIPS AROUND THE HOTEL

- Enjoy your stretch session right next to the lake in front of the hotel and boost your energy for your run. The impact of our powerful nature, helps you to unfold your vitality and well-being.
- In the heart of Lucerne, the famous Chapel Bridge is a must see for all history enthusiasts. Next to the bridge, on the right bank of Rive Reuss, there is also the weekly market, every Tuesday and Saturday with delicacies of loca farmers – ideal for a culinary break.
- While passing the historic Musegg wall, you will have the opportunity to enjoy a breathtaking view, after climbing the 33 meter high Männliturm.
- Feel free to ask our concierge team for a refillable bottle of water to stay hydrated during the run and enjoy more than 200 best drinking quality fountains in town.
- Once arrived at the famous museum Verkehrshaus, you will spot the Lido Park in front of it. Treat yourself with a short workout at the public outdoor fitness area and then enjoy the wonderful atmosphere
- To relax your muscles after your run, visit our Bellefontaine Spa and indulge yoursel with a special treatment.

Enjoy exploring our unique neighborhood around our stunning hotel.

### COLONNADE

Inspired by the beauty of the natural surroundings and focusing on local seasonal highlights, the one Michelin-starred restaurant Colonnade offers modern French Haute cuisine

### **MOZERN**

MOzern is an ideal all-day-dining meeting point for locals and international visitors, offering Mediterranean cuisine, all-time classics, afternoon tea and exciting cocktails

## QUAI 10

Overlooking Lake Lucerne, the terrace of MOzern awaits visitors with al fresco dining and outstanding Mediterranean cuisine.

### **MINAMO**

This intimate eight-seat dining jewel features exclusive and refined Japanese delicacies, freshly prepared in Omakase style.

## **SPA & WELLNESS**

SPA Bellefontaine creates a serene and rejuvenating sanctuary with face and body treatments. An elegant wellness area offers sauna, steam bath, experiential showers and a relaxation room. In addition, a state of the art Fitness salon with high-end equipment by Life Fitness is available 24 hours.

Mandarin Oriental Palace, Lucerne Haldenstrasse 10, 6002 Luzern, Switzerland Telephone: +41 41 588 18 88 mandarinoriental.com/luzern



## jogging map

## **DIRECTIONS**

#### BLUE-

- · Take a right from hotel's lake side entrance.
- Follow the promenade path by the lake until you are in front of Chapel Bridge.
- Cross the bridge, take a right and a right again back over the Rathaussteg and follow the street until Löwengraben.
- Take a left follow the street and run next to the Reuss river. Once you reach the Museggwall, take a right and follow the path up the hill.
- Continue on the street next to the wall, until you reach again the lake side. Take the same way back to our hotel.
- Total run will be 4 kilometers / 2.5 miles.

### RED:

- · Take a left from hotel's lake side entrance.
- Follow the promenade path by the lake until you see the pier of Verkehrshaus Lido.
- Make a U-turn and take the same way back to Mandarin Oriental Palace, Luzern.
- If you wish to extend your run by 2 kilometers /
  1.3 miles, you may continue until Chapel Bridge before turning back.
- · Take the same way back to our Palace.
- Total run will be 3 5 kilometers / 1.9 to 3.2 miles.

#### ORANGE

- · Take a left from hotel's lake side entrance.
- Follow the promenade path by the lake until you see the tennis courts. Take a left and follow the main street to the right until you encounter the railway crossing which you cross.
- Follow the Bellerivestrasse in serpentine form. Cross Bellerivehöhe street and take a left to Gerlisbergstrasse.
   Follow the main street until Sonnmatt and enjoy breathtaking views over Lucerne.
- Once you reached Sonnmatt, take a left and follow Hemschlenstrasse back via the forest trail.
- From there go all the way back to our hotel.
- Total run will be 6.2 kilometers / 3.7 miles.

