



PROFESSOR KE

Professor Song Ke has practiced and taught Traditional Chinese Medicine worldwide for over 30 years. His clinical success as a leading consultant of Traditional Chinese Medicine in the UK.

TCM one to one Consultation

1 hour

£500

To strengthen and optimise overall health, our Asante doctors will personally discuss your specific areas of concern. A comprehensive treatment program will be tailored for you according to your constitutional type and symptoms, which may include the following treatments, along with herbal remedies and dietary advice.

Acupuncture by ASANTE

1 hour

£240

Used to stimulate the body's own healing response and help restore its natural balance/homeostasis an acupuncturist inserts very fine sterilised disposable needles into points on the body's meridians (the channels of energy). By leaving the needles in for approximately 30 minutes, a circuit of energy will be created which helps correct imbalances.

Tai Chi by ASANTE

1 hour

£240

Tai Chi Chuan is a traditional Chinese martial art, often practiced promoting musculoskeletal and internal strength that improves dexterity and overall wellbeing. Qi Gong by ASANTE 1 hour £240 Qigong combines meditation, breathing and physical exercise in static postures and slow or fast rhythmical movements. Qi gong activates the body's internal energy system to promote the circulation of the body's fluids, energy, and blood.

Tuina Massage by ASANTE

1 hour 30 mins

£320

Tuina or Chinese Therapeutic Massage uses finger pressure, stretching and mobilising to stimulate the channels and acupuncture points. Often used in conjunction with acupuncture, it is not only an effective treatment for musculoskeletal problems, but can also be effective for many other conditions, particularly digestive problems, and insomnia.