



NICHOLA JOSS

With exclusive clinics in New York, Los Angeles, Doha, Miami and Toronto, Nichola Joss is one of the beauty industry's most revered skincare experts. She remains the facialist of choice for many A-list clients and regularly features as a world leading skincare therapist in magazines. Nichola is best known for her 'Inner Facial™' which promotes lymphatic drainage using her unique facial movements and inner mouth massage to lift and sculpt the facial muscles and increase circulation.

Inner Facial™ 1 hour

Nichola Joss £350

Executive Therapist £250

Nichola's unique Inner Facial™ combines lymphatic drainage massage, deep tissue pressure point massage and sculpting techniques to lift the facial muscles. This facial incorporates Nichola's famous massage from inside the mouth which works the deeper facial muscles leaving the skin looking immediately younger and fresher. The Inner Facial™ is a wonderful anti-ageing treatment, but is also particularly beneficial for anyone seeking an immediate "face lift" as it revives and relaxes the facial muscles resulting in plump, glowing skin.

Full Body Lymphatic Drainage Massage - Executive Therapist

1 hour £300

1 hour 30 mins £450

The bespoke Nichola Joss Lymphatic Drainage Massage uses a highly specialised lymphatic drainage technique developed and refined by Nichola over the last 20 years. This decongestive lymphatic massage involves the application of very light pressure with long, gentle rhythmic strokes to increase the flow rate of the lymph system to help rid the body of toxins and reduce water retention. This in turn helps to improve circulation, diminish the appearance of cellulite, and improve the efficiency of the digestive system.

Body Detox Sculpting Massage - CHI NEI TSANG - Executive Therapist

1 hour **£350**

1 hour 30 mins **£500**

The Nichola Joss Body Detox and Sculpting Massage is a prescriptive, bespoke body treatment which uses a highly developed, deep sculpting technique together with lymphatic drainage massage, cupping and the use of mechanical massage equipment. The massage is decongestive in nature helping to flush toxins through the lymphatic system, providing an intense rebalancing of energy whilst aiding digestive and hormonal imbalances. This unique treatment also delivers immediate nourishment and hydration to the skin whilst noticeably contouring the silhouette.

Nichola Joss Hormone Method™ Treatment

Nichola Joss 1 hour **£400**

Nichole Joss 1 hour 30 mins **£550**

Executive Therapist 1 hour **£300**

Executive Therapist 1 hour 30 mins **£400**

Nichola's signature hormone method™ body treatment heralds the next generation in holistic healing for women. Created exclusively for Mandarin Oriental, this unique massage draws on Nichola's extensive experience working with women over the last 30 years. By adapting this personalised treatment to suit your individual hormone profile, Nichola can address any specific concerns. This deeply relaxing and restorative treatment works to balance hormone levels by stimulating the endocrine system whilst relieving muscle ache and fatigue.