



JAMES MUTKIN

James has been working with Traditional Chinese Medicine (TCM) for over 22 years. He has a degree in TCM and a Bachelor of Medicine from Beijing University of Chinese Medicine. Throughout his career he has continued to develop his bodywork practice, focusing on his understanding of Chinese medical massage, 'Tuina' alongside Thai yoga massage and shiatsu. James combines his passion for music, breathwork and storytelling to create a theatre for the senses to offer an experience that is unique, immersive and multi-sensory.

The Immersive Full Body Journey

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| 1 hour 30 mins | £295 |
| 2 hours | £395 |
| 2 hours 30 mins | £490 |

The intention of the massage is to experience a beautiful, shared moment in time that leaves a positive imprint on the body. James creates a personalised journey that weaves together the senses, spoken word, tailored soundscapes, vibrational acoustic therapies (gong, singing bowl), breath, bodywork (Tuina/Thai yoga/shiatsu) and the Chinese medicine modalities of acupuncture, herbal medicine, and cupping. By using the body to access the mind and the mind to access the body, the treatment encourages deep presence and release in the body, creating a powerful memory that can be called upon as a resource going forward.