



DAVID KEMENY

Born into a family of holistic practitioners, David has been immersed in the world of wellness since early childhood. Although he initially pursued studies in economics, David soon realised that his true passion lay in following in his parents' footsteps and continuing the family tradition.

Choosing to study Medical Manual Therapy in Budapest, David had the unique opportunity to be one of the last students in the country to be taught by visually impaired tutors. This experience provided him with a distinctive approach to touch and a profound understanding of palpitations in the body. To further enrich his skill set, David also incorporated medical acupuncture into his repertoire.

With over ten years of experience, David's professional journey has included providing rehabilitation for the military, collaborating with physiotherapists, and offering his services in five-star luxury hotels. David has honed his expertise and developed distinctive treatment experiences for his guests, seamlessly blending remedial massage and medical acupuncture to create a holistic and personalized approach to wellness.

Dry Massage and Joint Release

30 minutes	£110
1 hour	£200
1 hour 30 mins	£295

Dry Massage and Joint Release is an Oriental-style therapeutic bodywork technique that combines elements from Japanese Yumeiho massage and joint release. This rhythmic and vigorous treatment focuses on pressure points, incorporating passive mobilisation and stretching along the body's meridians. The result is increased flexibility, relaxation, and a refreshed mind. This 30-minute treatment, performed over clothes without the use of any medium, is ideal for individuals with a fast-paced lifestyle. When complemented with percussion gun therapy, it becomes a perfect pre-workout body treatment, enhancing the safety and productivity of the session.

Signature Remedial Body Work

1 hour **£200**

1 hour 30 mins **£295**

2 hours **£395**

The Signature Remedial Body Work with dry needling combines Hungarian Medical massage techniques, musculoskeletal manipulations, and fascia release. Optionally, medical acupuncture or sport taping can complement the treatment, merging clinical proficiency with a holistic approach. This personalised bodywork addresses specific concerns and preferences, including hot or cold stone options. The strength, speed, and rhythm of the massage techniques are tailored to the receiver's preferences for a truly bespoke experience, offering benefits such as reduced scar tissue, enhanced circulation, and improved mobility.

Signature Remedial Face, Head, and Shoulder Massage

45 minutes **£160**

Experience a refreshing yet relaxing treatment for the head and shoulders, which includes a therapeutic face massage targeting stress points. This specialised massage realigns the neck, treats the scalp, and addresses tension in the shoulders.

This powerful de-stress treatment aims to alleviate excess fluid and tension from the face, while also promoting relaxation in tight shoulder muscles and soothing agitated nerves.