



## CLINIQUE LA PRAIRIE

Initial Longevity Consultation includes 2 months' supply of Clinique La Prairie Holistic Health Age Defy supplements. Building on 90 years of research and clinical practise, Clinique La Prairie's team of Life Science experts have identified 5 key pillars of holistic wellness.

- Immunity • Neuromodulation (stress management) • Anti-inflammation • Rejuvenation • Cellular longevity

These pillars are all weaved into the fabric of our advanced Holistic Health Supplements, which use the most powerful bioactive compounds to target these areas to enhance cellular health and longevity.

### Longevity Consultation

**1 hour 30 mins     £930**

**1 hour (follow up)   £180**

At the initial consultation, a detailed picture of your life story will be taken. This includes a review of your health and family history, current health concerns, symptoms, diagnosis, and treatment, as well as stress levels, psychological and emotional factors, together with dietary, exercise and lifestyle habits. If appropriate, functional tests may be recommended to facilitate the development of a targeted and individualised nutritional program. This ongoing program is designed to support, monitor, and enhance your progress towards achieving optimum wellbeing and enhanced longevity.