

OSKIA

L O N D O N

Time to Beat Burnout

OSKIA's multi award-winning Range is designed to inspire presence in the moment and self-empowered well-being.



OSKIA is a British nutri-cosmeceutical brand, founded after a personal journey with an organic sulphur supplement called MSM. OSKIA's clean, naturally-derived products are designed using bio-cellular skin nutrition to improve skin health and condition.

For further information on these Complexion-enhancing products or corresponding spa treatments, our spa team would be delighted to assist you. Ext. 112

"Best new brand out of Britain"

VOGUE

WINNER OF OVER 170 INTERNATIONAL BEAUTY AWARDS

Step 1:

Begin habit-breaking with endorphin release. Set aside at least 30 minutes to move and stretch the body.

Step 2:

While the bath is running, pour 1-3 capfuls of the restorative Vitamin E Bath Oil into the running water before setting a genre of music that calms and distracts the mind.

Step 3:

To cool, calm and detoxify the skin, wash face with the CityLife Cleansing Concentrate followed by a spritz of the CityLife Facial Mist to refresh and hydrate.

Step 4:

When the bath is at the desired level, settle into a comfortable position, then close eyes. While concentrating on extending out breaths, admire the complex blend of Oud, Vetiver, Palmarosa and organic Black Pepper that is continuing to soothe the mind. Feel the enriched, warm water against your body. .

Step 5:

Following the bath, apply the targeted, super-active and cooling Eye Wonder around the eyes followed by the revitalising Nutri-Active Day Cream.