

OTO.

REVITALISE SKIN RADIANCE

MANDARIN ORIENTAL LONDON
OTO RADIANCE FACIAL RITUAL



STEP 1

To begin, scan the QR code below to access a 60 minute sound scape to accompany you through this ritual.

STEP 2

Run a bath and pour in a capful of **OTO CBD Balance Body Oil** to ease any tension from your body and mind.

STEP 3

Prepare for your facial by pulling back your hair from your face with the silk hair band included in the facial kit.

STEP 4

Gently cleanse and exfoliate your skin with **OTO CBD Cleansing Jam Exfoliator**, designed to lift away daily dirt without stripping or stressing skin. Massage into your face in a circular motion, then rinse with warm water and pat your face dry with a clean face towel.

SCAN HERE TO ACCESS YOUR
60 MINUTE SOUND SCAPE:



STEP 5

Generously apply your **OTO CBD Serum** to revitalise and rebalance skin. For enhanced absorption use the **Gua Sha tool** to lift and sculpt your face. Scan the QR code below for a guide to using your **Gua Sha**.

STEP 6

Prepare your skin for overnight renewal. Massage your **OTO CBD Night Mask** generously into your face and neck in upward lifting strokes. Follow your **OTO CBD Lip Balm** and **OTO CBD Hand Balm** to nourish and calm lips and hands before sleep.

STEP 7

Relax back onto your pillows and release a dropper of **OTO CBD Sleep Drops** under your tongue. Hold for 30 seconds to absorb before swallowing. Switch off your lights and let the soothing sound scape carry you off to sleep.

STEP 8

In the morning, reapply your **OTO CBD Serum** followed by the **OTO CBD Day Cream** to awaken skin radiance and project it all day long.

SCAN HERE FOR A GUIDE
TO YOUR GUA SHA TOOL:

