

## Awaken your senses

Spa Consultation with our Specialized Sports & Adventure Manager 80 min V shape Ultra Sonic Use of thermal Area: Sauna and Steam Bath 1 h Functional training session 50 min Dynamic recreation back massage 50 min V shape Ultra Sonic facial 1 h Personal training outdoor session

Retreat price is EUR 880

To get the most out of your retreat, we recommend combining it with an overnight stay with the best available room rate