



PETER BURWASH INTERNATIONAL (PBI) JUNIOR TENNIS PROGRAM

Led by PBI Tennis Professional Angel Gyorgievski, Mandarin Oriental, Kuala Lumpur is proud to present PBI Junior Tennis Program for children between 4 and 18 years old. Let your child build a solid tennis foundation whilst improving their game in a cooperative and competitive environment.

Program details are as follows:-

| PROGRAM NAME | MO LITTLE ANGELS | MO STARS | MO CHAMPIONS |
|--------------------------|---|---|---|
| AGE GROUP | 4-6 (red & orange ball) | 7-11 (green ball) | 12-18 (yellow ball) |
| DESCRIPTION | Ball catching / throwing, racquet handling, fun tennis related games, Hand-eye coordination, footwork, introduction of tennis strokes | Basic tennis techniques, introducing rallying from between the service and baseline | Developing the rallying skills from the baseline, full court play - singles and doubles |
| RECOMMENDED RACQUET SIZE | A shorter racquet (17"-21") | A bigger racquet (19"-25") | A full size racquet (23"-27") |
| PROGRAM DURATION | 8 weeks | 8 weeks | 8 weeks |
| WEEKLY TIME | 1 x 45 minutes | 1 x 60 minutes | 1 x 60 minutes |
| PROGRAM TERMS | Next term commencing January 2017 | Next term commencing January 2017 | Next term commencing January 2017 |

For further details, class schedule and bookings, please contact The Fitness & Wellness Centre at Mandarin Oriental, Kuala Lumpur at +60 (3) 2179 8772 or email mokul-fitness@mohg.com.

