



FITNESS & WELLNESS
AT
MANDARIN ORIENTAL
KUALA LUMPUR



Embark on a journey towards a healthy lifestyle with an exclusive membership at The Fitness & Wellness Centre at Mandarin Oriental, Kuala Lumpur.

Luxurious lifestyle memberships with privileges for fitness and spa.



The Fitness & Wellness Centre at Mandarin Oriental, Kuala Lumpur features a 24-hour state-of-the-art Fitness Centre, a Mind & Body studio for group exercise, a luxurious The Spa at Mandarin Oriental with vast heat & water facilities, a PBI Tennis Centre with two hard-surface courts, and a stunning outdoor infinity swimming pool.

Lifestyle Memberships grant access to all our fitness and wellness facilities, complemented by a team of dedicated wellness professionals.

Categories

Available in two tiers with entitlements to suit your preferred access and lifestyle.

- Gold
- Platinum

Duration

Members will have flexible starting dates and suspension options are also available.

Fees

Memberships are prepaid. Please refer to the next page for details. Joining fees are one time only, non-refundable.

Application

To register your interest, please email mokul-fitness@mohg.com. Upon registration, a health questionnaire will also be conducted.

- *Privileges and benefits are not transferrable and non-accumulative.*
- *All prices displayed are in Ringgit Malaysia and are inclusive of prevailing taxes.*

GOLD MEMBERSHIP ENTITLEMENTS

Joining Fee RM 1,000

Subscription - 6 months
RM 2,700

Subscription - 12 months
RM 4,800

- All-access during operation hours
- Personalised Fitness Kit
- One complimentary Fitness Assessment
- Three complimentary Personal Training sessions
- One complimentary 60-minute Stress Recovery Massage at The Spa,
- Complimentary 60-minute usage of the tennis court, once per week and subject to availability
- Complimentary two hours parking per day
- Complimentary daily wellness activities

Other benefits

- 25% savings for laundry and dry cleaning
- 25% savings at The Spa for all treatments
- 15% savings on spa retail merchandise at The Spa
- 15% savings off total food bill at AQUA Restaurant and Bar
- 15% savings at Hair Culture

PLATINUM MEMBERSHIP ENTITLEMENTS

Joining Fee RM 1,000

Subscription - 6 months
RM 6,000

Subscription - 12 months
RM 11,000

- All-access during operation hours
- Personalised Fitness Kit
- One complimentary Fitness Assessment
- Two complimentary Personal Training sessions per month
- One complimentary personal cosmetic locker
- Six complimentary 90-minute Body Massage at The Spa
- Complimentary 60-minute usage of the tennis court, twice per week and subject to availability
- Complimentary 60-minute rental of the tennis ball machine, once per month and subject to availability
- One complimentary night stay in Deluxe City View Room (voucher is valid for a year and room is subject to availability)
- Complimentary three pieces of laundry per day
- Complimentary two hours parking per day
- Complimentary daily wellness activities

OTHER BENEFITS

- 25% savings for laundry and dry cleaning
- 25% savings at The Spa for all treatments
- 15% savings on spa retail merchandise at The Spa
- 15% savings off total food bill at AQUA Restaurant and Bar
- 15% savings at Hair Culture

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