

Promoting an evening of silence, mindfulness, and digital detox. The Spas at Mandarin Oriental are once again 'turning down the volume' with the tenth-annual Silent Night. On 8 December 2024, talking and music will cease at 5pm in all spas worldwide, encouraging time for individual reflection, awareness and disconnection from all technology.

At Wellness Spa by Mandarin Oriental, Jakarta, guests are invited to embark on a rejuvenating Stretch Class by the pool, followed by the optional 90-minute treatments selection with a complimentary 15-minute Chocolate Soak.

