



Daytime Relaxation

Enjoy a 30-minutes extension for any massage purchase

9:00 am – 6:00 pm everyday

1-hour massage treatment starts from IDR 500,000++

For reservations, please contact
Fitness & Wellness at Mandarin Oriental, Jakarta
Jl. M. H. Thamrin, Jakarta 10310
+62 (21) 2993 8999

Signature Body Massages

Royal Javanese

Javanese healing techniques with smooth thumb pressure that will leave you feeling pampered and re-energized

Balinese

Improves energy flows for a full body nourishment and a relaxed state of mind

Therapeutic

This deeply energizing massage is highly effective for dissolving aches and strains

**Body Treatments, New Life,
Specialized Facial and Spa Programmes
are also available**