

## **Private Swimming Lessons**

The Mandarin Spa is delighted to offer private swimming lessons for all ages and skill levels. Swimming is an essential life skill, a fun aerobic exercise and a great way to keep fit. Our certified instructors will personalise a training plan and ensure each session is effective and enjoyable. Available from 10am to 8pm, Monday to Sunday.

> 60-minute HKD400 per person (for spa members and in-house guests) HKD900 per person (for non-members)

For more information and reservations, please call +852 2825 4708 or email mohkg-fitness@mohg.com.

