



17th - 25th  
September

## HOLISTIC WELLNESS WITH DR. KIMBERLEY MASIN

at Mandarin Oriental, Costa Navarino



Join us for a **revitalising journey** towards optimal well-being with **Dr. Kimberley**, the renowned **Australian Osteopath and Clinical Pilates Instructor**.

With over 12 years of experience worldwide, Dr. Kimberley offers extensive expertise in both osteopathy and clinical Pilates, having treated individuals of all ages and fitness levels. Renowned for her holistic approach, she specialises in identifying and addressing the root causes of discomfort, promoting balance and longevity through personalised care.

### Explore the exclusive range of services:

- **Osteopathic Consult and Treatment**  
60 minutes: €390  
90 minutes: €515
- **Dry Needling/Cupping Add-On**  
30 minutes: €90
- **Lymphatic Drainage Massage**  
45 minutes: €290  
60 minutes: €320
- **Osteopathic Treatment and Private Pilates Bundle**  
60 minutes Osteo + 60 minutes Pilates: €690

For reservations:  
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