

news release

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MANDARIN ORIENTAL, TOKYO PARTNERS WITH SUBTLE ENERGIES TO OFFER A UNIQUE SPA MENU OF WELLNESS SOLUTIONS

Hong Kong, 30 June 2017 - [Mandarin Oriental, Tokyo](#) has launched a new range of Spa treatments in collaboration with Subtle Energies. Each of these programmes has been designed for optimum body and mind balance - inside and out.

“We are delighted to enter this exciting new partnership. Given its foundation in authentic Ayurveda principles, 20 years of experience and shared philosophies, Subtle Energies is the ideal partner for Mandarin Oriental, Tokyo. In today’s busy world, it is important to reconnect with ourselves, and these wellness treatments and products can help to realign the body, mind and soul, offering our guests truly exceptional experiences.” said Sara Codner Director of Spa & Wellness.

Each appointment will begin with a foot ritual to symbolically wash away the material world. Following this, the therapist will offer an in-depth consultation to identify physical and emotional needs including anxiety, stress, adrenal fatigue and sleep disorders. Treatment techniques and products will then be personalized to each individual.

A variety of holistic techniques are used, including remedial, reflexology, aromatherapy and lymphatic drainage with an emphasis on the Marmas using only the finest essential oils from the flora pharmacy. All oils are hand-made by a member of the Irani family, owners of Subtle Energies.

Created to address ailments such as anxiety which accelerate the ageing process of skin and cause imbalance to the body, the programmes are all bespoke, adapted to the relevant season and address concerns such as workplace wellness, with a focus on helping encourage positive decision-making and productivity.

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For reservations and inquiries, please call The Spa at Mandarin Oriental, Tokyo on +81 (0)3-3270-8300 (spa concierge open 09:00-22:00 every day), or email: motyospaconcierge@mohg.com

About Subtle Energies

Founded in 1993 by Farida Irani as a clinic for natural therapies, Subtle Energies is family-owned and operated and creates results-based aromatherapy, natural skincare and wellness solutions founded on authentic Ayurveda principles. All products are made in Australia following European standards of natural skincare, to create safe, ethical and effective products. The range has been certified by Cruelty-free International and does not contain parabens, mineral oils, silicones or artificial fragrances. Winner at AsiaSpa Awards: 2014, 2015, 2016 For more information please visit: <https://subtleenergies.com.au/>

About Mandarin Oriental, Tokyo

Mandarin Oriental, Tokyo's visionary design and award-winning service have been recognized as the epitome of sophisticated luxury in the city. Superbly located in the prestigious financial district within the historical and cultural centre of Tokyo, the first Mandarin Oriental Hotel Group property in Japan embodies the best contemporary and time-honoured architectural splendour. The hotel features 179 luxuriously appointed guest rooms and suites, ten restaurants and bars and an award-winning spa situated within the soaring, Cesar Pelli-designed Nihonbashi Mitsui Tower. The site offers spectacular views of the city skyline while providing access to stately banquet and conference facilities within the adjacent Mitsui Main Building, a Japanese cultural-heritage property.

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About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 29 hotels and eight residences in 19 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, and is a member of the Jardine Matheson Group.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com. Further information is also available on our [Social Media](#) channels.

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