

news release

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DIGITAL WELLNESS RETREAT AT MANDARIN ORIENTAL, SINGAPORE

HONG KONG, 8 February 2017 – Disconnect and renew your senses at [Mandarin Oriental, Singapore](#) with the *Digital Wellness Retreat* package, which encourages guests to disengage from and re-evaluate their relationship with technology through luxurious accommodation and sensory spa treatments designed to provide a calming and soothing respite from the stresses and demanding environment of the outside world.

On arrival at [The Spa at Mandarin Oriental, Singapore](#), guests will be asked to surrender their phones, thus removing any online distractions, and will be pampered to experience deep relaxation with the Digital Wellness Escape treatment. Concentrating on the head, eyes, neck, shoulders, hands and feet, the treatment restores the body and mind through healing touch and incorporation of sound therapy. This is followed by a gentle Mineral Wellness Bath Ritual spa treatment to relieve fatigue and revitalise the body. Beneficial tips and guidelines to help guests establish a healthy, digitally balanced lifestyle will also be shared.

In the spa relaxation rooms, guests can participate in other mindfulness activities such as journaling, note card writing, colouring or simply enjoying the silence in a tranquil and peaceful setting. On departure, guests will reclaim their device from the spa, which will have been cleaned and beautifully repackaged in a special bag.

The *Digital Wellness Retreat* package includes:

- Well-appointed [Ocean View](#) accommodation with views of the Singapore Flyer
- International breakfast delights at [MELT Café](#)
- Rejuvenating one hour and fifteen minute Digital Wellness Escape and Mineral Wellness Bath Ritual spa treatment

Valid from now to 30 December 2017, room rates start at SGD 840 per night for double occupancy. For room reservations and enquiries, please visit www.mandarinoriental.com, e-mail mosin-reservations@mohg.com or call +65 6885 3030. Rates are subject to 10% service charge and prevailing government tax.

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About Mandarin Oriental, Singapore

Mandarin Oriental, Singapore is one of the world's foremost luxury hotels. It is the only hotel in the city that has been awarded Five Star status for both accommodation and spa in the prestigious *Forbes Travel Guide* for five consecutive years (2012 to 2016). This award-winning property has a prime location, close to the financial hub with easy access to luxury boutiques and entertainment venues, and minutes away from Suntec Singapore International Convention & Exhibition Centre. The hotel features an impressive atrium lobby with 527 rooms and suites. There is a premium Oriental Club Lounge, an indulgent and intimate spa, extensive meeting and banqueting facilities, five renowned restaurants and two lounges overlooking the spectacular Marina Bay.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 29 hotels and eight residences in 19 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, with the next hotel opening planned in Doha. Mandarin Oriental is a member of the Jardine Matheson Group.

Photographs of Mandarin Oriental are available for download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

Visit [Destination MO](#), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away. Further information is also available on our [Social Media](#) channels.

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