

news release

Mandarin Oriental Hotel Group Limited
281 Gloucester Road, Causeway Bay, Hong Kong
Telephone +852 2895 9288 Facsimile +852 2837 3500
www.mandarinoriental.com



WELLNESS RETREAT PROGRAMME AT MANDARIN ORIENTAL, SANYA

Hong Kong, 17 March 2016 – The Spa at [Mandarin Oriental, Sanya](#) invites guests seeking to cleanse mind, body and spirit to experience the ultimate in rejuvenation and relaxation with the holistic *Wellness Retreat Programme* from 25 March to 6 April 2016.

Boasting more than 20 years of experience, acclaimed Traditional Chinese Medicine (TCM) Doctor, Dr. Zhao Yaxiong has worked closely with [the Spa at Mandarin Oriental, Sanya](#) to design an exclusive *Wellness Retreat Programme* base on millennia old natural laws that will allow guests to re-adjust and reconnect to their body's youthful nature.

Starting from CNY 1,588 per person, guests can choose from six distinctive retreats, each focusing on a specific theme of wellness. *Sleep Relief* begins with a private consultation to analyse the reason for troubled sleep patterns. This treatment uses a sensual combination of Chinese herbs and blended organic oils, specific acupuncture massage and essential spine maintenance, to help achieve nights of uninterrupted sleep.

The "Holistic one day" programme encompasses an inspired combination of traditional Chinese medicinal treatments, zen tea philosophy, as well as wellness cuisine from the resort's *Gourmet Healthy Delights* selection. Each part of the programme is tailored to individual needs, and allows guests the opportunity to take advantage of the spa's stunning, secluded natural design, while experiencing a complete and relaxing detox and wellness experience.

Dr Zhao will also join forces with the resort's Shaolin Kung Fu Master, Master Hu to offer a number of private sessions such as an introduction to the arts of Yi Jin Jing, meditation and the Zen Tea Ceremony to reach a balanced state of inner peace.

Nestled serenely in the hillside, the award winning Spa is a tranquil world unto itself. Spread out over 3,200 sqm, the spa has been designed as exotic oasis of harmony and elegance that is sympathetic to the location's geography and the indigenous Hainanese culture.

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Guests are invited to enhance the ultimate exotic experience with a luxurious accommodation offer [Suite Temptations](#) and receive a complimentary fourth night stay.

All prices are subject to 15% service charge and the Wellness Retreat Programme is valid between 25 March and 6 April. For more information or to make a reservation, please e-mail mosan-reservations@mohg.com, phone +86 (898) 8820 9999 or visit www.mandarinoriental.com/sanya.

About Mandarin Oriental, Sanya

Enjoying the privacy of a secluded 1.2 km nationally protected coral bay and nestled amongst lush tropical flora, Mandarin Oriental, Sanya is an exclusive retreat where nature is celebrated and tranquillity is assured. The luxury resort features a series of private low rise and villa accommodation with ocean and tropical garden views, innovative restaurants and bars, recreational facilities for both adults and children, a blissful Spa Village and distinctive indoor and outdoor conference and banqueting facilities. Located just 20 minutes from Sanya International Airport, the luxury resort provides convenient access to all of the area's major tourist attractions.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel company into a global brand, the Group now operates, or has under development, 46 hotels representing 11,000 rooms in 24 countries, with 21 hotels in Asia, nine in The Americas and 16 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 15 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

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For further information, please contact:

Corporate Office

Sally de Souza (sallydes@mohg.com)
Group Communications – Corporate/Asia
Tel: +852 2895 9160

www.mandarinoriental.com

Mandarin Oriental, Sanya

Nicole Li (nicolel@mohg.com)
Director of Communications
Tel: +86 (898) 8820 9999 ext. 6807

www.mandarinoriental.com/sanya