

news release

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NEW HOLISTIC WELLNESS OFFERS AT MANDARIN ORIENTAL, SANYA

Hong Kong, 17 August 2017 - [Mandarin Oriental, Sanya](#) has launched a new set of holistic wellness programmes. Guests can experience their transformative effects and the resort's luxurious amenities and exotic location by booking its *Family Wellness Retreat* package.

Enjoying year-round balmy weather, the resort is a tropical sanctuary situated between the sparkling South China Sea and verdant hills.

“The new wellness programmes are designed around five things that everyone needs more of,” said Jeremy McCarthy, Mandarin Oriental Hotel Group’s Director of Spa and Wellness, “Nourishment, Movement, Stillness, Connections and Wellbeing.”

Nourishment

Working with acclaimed French naturopath, Liliane Israel, the resort’s chefs have refined recipes for healthy menu dishes. The Gourmet Healthy Delights options are available at the resort’s Yi Yang and Pavilion restaurants and for in-room dining. Made from whole foods chosen for their energizing vitamins, minerals and enzymes, these high fibre, low fat, sugar-free recipes are high in quality proteins, natural sweeteners and antioxidants. They include *Light Delights* dishes designed to help manage weight without sacrificing flavour, and *Vitality* choices to boost energy and nutrition levels.

Movement

Alongside a variety of fitness and yoga facilities other activities at the resort include Kung Fu, Tai Chi and Qi Gong led by the resort’s Shaolin Kung Fu Master, Master Hu, who helps guests find their inner-self through graceful, meditative movement.

Wellbeing

To cleanse mind, body and soul, the award-winning spa has created an unrivalled holistic experience that produces physical and emotional equilibrium. In addition to enjoying classic spa therapies and massages, guests can consult The Spa’s Traditional Chinese Medicine specialist, Dr. Li, to determine the best treatments for their needs.

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Stillness

The Spa's exclusive *Digital Wellness Journey* allows guests to disengage from phones and computers, and re-evaluate their relationship with technology through sensory treatments and time for "Stillness." A special Zen Tea experience with Master Hu gently helps guests to slow down and practice mindfulness through the simple act of enjoying a cup of tea.

Connections

Parents and their children can bond with each other through family yoga, children's Kung Fu classes, outdoor film screening nights and many other programmes at the resort.

"Families don't want to have to choose between a wellness destination for the parents or a children-friendly getaway," said Jeremy McCarthy, Group Director of Spa and Wellness. "At Mandarin Oriental, Sanya they can do it all."

The [Family Wellness Retreat](#) package starts from CNY 1,963 per room per night, and includes:

- Two nights stay in an Ocean View Room
- Daily breakfast buffet in Pavilion Restaurant
- One family healthy lunch at the poolside
- 30-minute family spa journey
- One family Chi Yoga experience
- Complimentary family Traditional Chinese Medicine consultation and nutrition plan
- Complimentary family wellness lifestyle workshop
- Complimentary Internet access

The offer is subject to availability and 16.6% service charge and tax. Advance reservation is required and the offer is for up to two adults and two children aged 12 or under. It is valid until 23 December 2017.

For room reservations, visit www.mandarinoriental.com/sanya.

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About Mandarin Oriental, Sanya

Mandarin Oriental, Sanya is unrivalled in its sheer luxury and refined elegance. Enjoying the privacy of a secluded 1.2 km nationally protected coral bay and nestled amongst lush tropical bloom, the resort is a hidden gem where nature is celebrated and tranquillity is assured. Located just 7 minutes from Sanya city centre and 18 minutes from Sanya International Airport, the luxury resort provides convenient access to all of the area's major tourist attractions. The resort features a series of private low rise and villa accommodation with ocean views and landscaped tropical gardens, some featuring private pools, patios and gazebos. There are 10 innovative restaurants and bars, a 3,200 sq.m. Spa Village with 16 private treatment suites and 2 VIP spa villas, a large recreation centre, CoCo Kids Centre, and over 6,000 sq m of indoor and outdoor conference and banqueting space, providing guests with the perfect destination getaway whether for business or pleasure.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 30 hotels and eight residences in 20 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, and is a member of the Jardine Matheson Group.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com. Further information is also available on our [Social Media](#) channels.

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