

news release

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THE SPA AT MANDARIN ORIENTAL, MIAMI INTRODUCES INSPIRING RITUALS

New monthly spa and wellness programs to improve mind, body and spirit

Hong Kong, 20 February 2015 – The Five-Star [Spa at Mandarin Oriental, Miami](#) launches *Inspiring Rituals*, a selection of spa and wellness programs designed by The Spa's expert team of therapists to improve mind, body and spirit. Each monthly ritual focuses on a different inspiring theme from *Connect* and *Strengthen* to *Uplift*, *Exotic* and *Revive* and includes two hours of spa treatments, an inspirational fortune cookie, spa gift and aftercare and at home spa tips.

“Our therapy team is always seeking opportunities to better serve and educate our spa guests,” said Osa Mallo, Spa Director. “*Inspiring Rituals* allows our spa therapists to give personalized experiences and offer recommended products, overall benefits and expert advice that result in a total well-being for our guests with lasting results.”

The rituals are available from February through December and are priced from USD 335 to USD 380. The *Connect* ritual begins in February and focuses on reserving “Time” rather than selecting a specific treatment, for a tailor-made experience. The therapist assesses what is best for each guest to restore a natural state of balance.

With the arrival of spring, guests can enjoy March's *Strengthen* ritual, which is designed to increase mental and physical energy through effective treatments including a [Therapeutic Massage](#) to dissolve aches and strains. Guests will also receive a Fitness Body Oil to use at home.

The *Uplift* program for April encourages spa goers to find balance with an invigorating scrub, Aromatherapy Facial and Mandarin Oriental Manicure. Guests will depart with an Oriental Wisdom CD prepared exclusively for Mandarin Oriental Spas with inspirational music.

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Inspired by Beauty by Mandarin Oriental treatments and products, the *Beautify* ritual in May features the [*Opulent Rejuvenescence*](#) results-oriented facial using products by famed Brazilian surgeon Dr. Ivo Pitanguy. Guests will receive the facial in The Spa's exclusive Beauty Room.

In the summer, spa guests can enjoy a *Spiritual* ritual available in June offering the two-hour [*Kundalini Journey*](#) using a variety of advanced massage techniques with aromatherapy, color, gemstone and sound therapy. While in July the focus is *Revive* and includes a Calm Mind Massage, Thai Foot Massage and Time Renewal Facial. Guests will embark on an *Exotic* journey in August with the [*Ayurvedic Holistic Body Treatment*](#) incorporating a foot treatment, full body massage, facial cleanse and scalp massage.

Designed to guide spa guests toward a state of inner peace and physical balance, the *Ground* program in September uses hot stones with an aromatherapy massage. In October, the theme is *Unplug* and incorporates the Inner Strength body oil throughout the massage to enhance relaxation. To offer thanks in November, guests are encouraged to extend the *Give* ritual to friends and family members featuring the ESPA Advanced Skin Radiance Facial to restore skin's vitality and the new Lighter Leg Massage to soothe aches and pains. *Indulge* is the theme for December showcasing the Spa's signature Oriental Harmony, where two therapists glide in harmony with soothing massage movements for two hours.

For spa reservations or more information, call +1 (305) 913 8332, email nomia-spa@mohg.com or visit mandarinoriental.com/miami. The Spa at Mandarin Oriental, Miami is open daily from 8:30am to 9:30pm.

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About The Spa at Mandarin Oriental, Miami

[The Spa at Mandarin Oriental, Miami](#) is a three-level sanctuary located at the luxurious Mandarin Oriental, Miami hotel. Adopting a different approach to the traditional spa experience, The Spa offers a series of innovative and restorative treatments inspired by the elements of nature, and the ancient traditions of Chinese, Ayurvedic, European, Balinese and Thai cultures. The 15,000-square-foot spa features 12 private treatment rooms that each use textures such as bamboo, rice paper, glass and natural linens to achieve a harmonious and balanced design. Six stunning [suites](#), located on the top floor of the spa, offer the ultimate spa experience.

About Mandarin Oriental, Miami

Contemporary in design and with a prominent waterfront location, the triple Five-Star [Mandarin Oriental, Miami](#) features [326 elegant guest rooms and suites](#) – offering dramatic views of the bay and the Miami skyline. Amenities include [an award-winning tri-level spa](#), signature [Azul restaurant](#), the new [La Mar by Gaston Acurio restaurant](#), the waterfront [MO Bar + Lounge](#), [Oasis Beach Club](#), [the luxury boutique Shanghai Tang](#) and [extensive meeting and business space](#).

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel company into a global brand, the Group now operates, or has under development, 45 hotels representing close to 11,000 rooms in 25 countries, with 20 hotels in Asia, ten in The Americas and 15 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 15 Residences at Mandarin Oriental connected to its properties.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

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