

## EXOTIC TREATMENTS IN A LUXURY WATERFRONT SETTING AT THE SPA AT MANDARIN ORIENTAL, MIAMI

The Five-Star Spa located at the luxurious [Mandarin Oriental, Miami](#) provides the ultimate escape thanks to its spectacular waterfront setting. Adopting a different approach to the traditional spa experience, [The Spa at Mandarin Oriental, Miami](#) offers a series of innovative and restorative treatments that are inspired by the elements of life and oriental traditions, along with an exclusive new line of results-oriented facials and body treatments, Beauty by Mandarin Oriental.

Complementing an exclusive selection of treatment rituals that have been designed to de-stress, relax, and revitalize are The Spa at Mandarin Oriental's harmonious design elements, inherent to Mandarin Oriental's exotic mystique worldwide. The 15,000-square-foot, tri-level spa features 11 private treatment rooms that each use textures such as bamboo, rice paper, glass, and natural linens to achieve a harmonious balance. Six stunning suites, located on the top floor of the spa, offer the ultimate spa experience. Two of the spa's spacious, split-level Mandarin Suites include a personal multi-jet tub overlooking the tranquil water of Biscayne Bay, while one suite is custom designed for Thai massage and three for couples wishing to share their experience. Each of the treatment suites reflects their own personal and compelling sense of place. The Spa also boasts a designated Beauty Room for our results-oriented line of exclusive beauty treatments including the Proskin Brightening Facial, Hydrafacial, and luxurious Illuminating Oxygen Facial.

The Spa at Mandarin Oriental, Miami also offers a fully equipped fitness center for registered hotel guests with state-of-the-art cardiovascular equipment, private cabanas for outdoor massages, an infinity-edge swimming pool, separate male and female sauna and steam rooms and a manicure/pedicure station. Private yoga and Tai Chi sessions may also be scheduled.

### **Treatments**

Focusing on the unique requirements of each guest, The Spa at Mandarin Oriental, Miami assesses an individual's needs, making each visit highly personalized. Every treatment journey begins with a period of preparation, allowing guests to fully immerse themselves in the philosophy of the spa.

Inspired by work within ancient cultures, The Spa at Mandarin Oriental merges techniques and philosophies from around the world into a potent blend of treatments for our time. The quality of such unique treatments is unusual and rare; to achieve the standards of excellence essential to deliver these rituals requires a team of therapists who are grounded as individuals, qualified as professionals, and caring as guardians of their client.

#### **The extensive menu of treatments includes:**

- **Ayurvedic Holistic Body Treatment**—an entire body, scalp, and face massage
- **Oriental Harmony**—two therapists work together using Mandarin Oriental's exclusive and luxurious signature product line in a remarkable experience that inspires harmony of the senses
- **Personalized Body Wraps**—a purifying combination of skin brushing, gentle exfoliation and choice of marine mud, algae or oshadi clay
- **Thai Massage**—Stretching to deeply relax and revitalize body and mind
- **Shiatsu**—Targeting body pressure points through the use of hands, feet, elbow, and knee pressure
- **Hot Stone Therapy**—Massage techniques involving the use of heated basalt stones to relieve deep-seated muscle tension
- **Results-Oriented Facials**—Proskin Brightening Facial, Hydrafacial, Illuminating Oxygen Facial.

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In addition to these individual treatments, The Spa at Mandarin Oriental, Miami also offers full- and half-day packages. For reservations, please contact the spa directly at (305) 913-8332 or email [momia\\_spa@mohg.com](mailto:momia_spa@mohg.com)

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