

information

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THE SPA AT MANDARIN ORIENTAL, MARRAKECH

A sanctuary of wellbeing, The Spa at Mandarin Oriental, Marrakech was designed by French duo Gilles & Boissier, who took inspiration from the architecture of cathedrals and historical mosques in Andalusia. The sun-drenched entrance opens onto a pool and fountain, engendering a cool and soothing atmosphere, while Marrakech's ubiquitous red bricks cover the walls and columns. The overall effect lends a warm and elegant atmosphere to this temple of wellbeing where the architecture and layout are designed around the five elements and play with the five senses.

A corridor of which the arches seem to go on forever, winds through the spa, and eventually leads to a heated indoor pool of 70 square metres with bay windows offering a majestic view of the gardens. Embellished with a white carved stucco ceiling marked by modern, graphic lines, the room has also a large brick fireplace, further enhancing the warm and serene atmosphere.

With a total area of 1,800m², the Spa has six treatment rooms including a couple's and a single spa suite, each with a vitality bath, and a Thai treatment room, featuring their own private garden where guests can choose to enjoy their treatment next to the olive tree. Two luxurious Moroccan hammams dedicated to the traditional black soap scrub, a hairdresser, a beauty salon including pedicure and manicure studios, and a modern fitness centre complete the offer.

Among the treatments at The Spa at Mandarin Oriental, Marrakech are:

- Customised facial treatments highly based on the philosophy of the French brand Biologique Recherche and aligned with the Mandarin Oriental's comprehensive approach to the regeneration of body and mind.

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- Treatments inspired by Moroccan traditions with products from local luxury brand marocMaroc and organic brand Nectarome.
- Mandarin Oriental Signature treatments combine the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, to provide simple, effective and authentic treatments for which the Group is renowned. Natural ingredients such as argan oil or a mixture of verbena and grapefruit from the potager are incorporated with the bespoke products used for signature MO treatments, that have been developed by Aromatherapy Associates.

Partner Brands

Biologique Recherche

Behind the story of Biologique Recherche is a single family – a biologist, a physiotherapist and a doctor – who combined their knowledge and passion for wellbeing to create a groundbreaking brand in the world of skincare.

“There is no secret formula or magic” says Dr Philippe Allouche, Innovation and Creative Director. “The products are created on the basis of complex research, followed by meticulous evaluation of the skin and the adaptation of the treatments to the patient’s individual needs by qualified therapists.”

With over 35 years of expertise, Biologique Recherche combines a clinical approach to beauty care with pure, concentrated, almost raw products, and original and thorough protocols.

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This methodology consists of three basic phases:

- Evaluation of the skin: a specific approach incorporating physiological, behavioural and tactile elements that identify the skin type, to formulate the most appropriate treatment.
- The initialisation phase: personalised preparation of the skin according to a precise and rigorous ritual.
- The care phase: “reconditioning” the skin, helping it to express its self-healing power through skincare products that feature highly concentrated active ingredients.

marocMaroc

Morocco’s first skincare brand, marocMaroc, makes creams, soaps and other products that are gentle on the face and body, and invite the user’s senses to journey into the seductive world of Berber beauty. Its tested natural formulas, carefully selected plant ingredients, and subtly blended perfumes combine to form an exceptional line of exquisite, elegantly presented spa products. Each formula is free of silicone, parabens, and mineral oil, and is non-comedogenic, designed to reduce the risks of possible allergic reaction.

Nectarome

Founded at the foot of the Atlas Mountains, in the Ourika valley, Nectarome creates 100% Moroccan-made products. The development team is trained in aromatherapy and specialises in essential oils, working in a bio-aromatic garden to deliver healthy wellness products that are natural, native to the Moroccan soil and produced with respect for the environment. Nectarome combines the wisdom of ancient Moroccan tradition with modern knowledge of aromatherapy and herbal medicine. Its mission is to heal the skin and awaken the senses by harnessing the secrets and benefits of Moroccan cosmetics married with modern scientific techniques. The brand also aims to contribute to sustainable development and the socio-economic development of the region, and recruits staff from the adjoining village of Tnine Ourika.



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Aromatherapy Associates

Mandarin Oriental's signature product line has been developed specifically for the Group by the award-winning UK company Aromatherapy Associates. Each aromatherapy-based product has been created according to the Oriental principles of the five elements: wood, fire, earth, metal and water. Bringing together the purest plant and flower oils from east and west, the blends reflect the unique balancing properties of each of the elements. From the stimulating influence of earth to the releasing force of wood, each blend lends its own restorative effect depending on the needs of the individual.

All treatments begin with a private consultation with a spa therapist to determine the present state of wellbeing. The treatment and oils are then tailored to each guest to leave body, mind and spirit in perfect harmony.

The Spa at Mandarin Oriental, Marrakech also offers retreats dedicated to wellbeing. "The Berber Experience" is a healthy programme for those who want to discover more about themselves and learn and maintain a healthy lifestyle through relaxation and recovery from stress. The programme offers a discovery of the people, life and culture of the Berber mountain villages. Guests will discover the crafts of the Berber villages, including the drying of traditional colourful Moroccan rugs, and will sit down for breakfast and lunch featuring Berber tagine, couscous and grilled meats, accompanied by traditional bread, Moroccan salads, fresh fruits and classic mint tea.

The programme includes:

- Transfer from airport or hotel
- Two nights' accommodation
- Breakfast, lunch and dinner
- Use of spa facilities: steam bath, indoor heated pool, fitness centre
- Discovery tour and guided bike ride in the Atlas Mountains

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- Berber lunch in the mountains
- A luxurious hammam
- A massage with argan oil
- A facial with natural products

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For further information, please contact:

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