

# news release

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## **DIGITAL DETOX WEEKEND RETREAT AT THE SPA AT MANDARIN ORIENTAL, LAS VEGAS**

**Hong Kong, 6 July 2016** – [The Spa at Mandarin Oriental, Las Vegas](#) is delighted to announce its first [Digital Detox Weekend Retreat](#) from September 9 to 11, 2016. Guests will enjoy a calming weekend of activities designed to provide a digital escape and relief from constant connectivity with their mobile devices.

The Digital Detox Weekend Retreat begins with a personal consultation with a spa therapist to understand the guest's current habits with their mobile devices. Each guest will then be able to select a complete digital detox regimen which includes no access to their personal devices for the duration of the retreat or partial digital detox which will include agreed upon times when phones will be returned to the participant. Mobile devices will not be permitted during group activities.

From Saturday, September 10 to Sunday, September 11, guests are invited to take part in the following: yoga classes, nutrition talks, healthy smoothie demonstrations, guided meditation classes, group sharing circles and more. Guests will also have free time during the retreat to read, journal, color, swim, write letters to loved ones, sit in silence or enjoy a calming spa treatment.

“In today's fast paced and technology charged times, people need to find time away from devices, communication and the stress that comes with the constant digital connections with the world,” said Senior Spa Director Jennifer Lynn. “The expectation for instant communication and connection is causing additional stress and chatter in our lives.”

Rates for the Digital Detox Weekend Retreat start at USD 699 per person and is based on a two-night stay in a [Strip View Room](#). Additional guests for the weekend retreat are priced at USD 199

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per person. Las Vegas residents are invited to participate in the Digital Detox Weekend Retreat for USD 299 per person which includes the weekend of activities, smoothie breaks and light meals.

For more information, please contact reservations at +1 (702) 590 8881 or email [molas-reservations@mohg.com](mailto:molas-reservations@mohg.com).

### **About Mandarin Oriental, Las Vegas**

[Mandarin Oriental, Las Vegas](#) is one of only nine triple Forbes Five-Star hotels in the United States and is the only hotel in Las Vegas with Five-Star recognition for the hotel, Twist by Pierre Gagnaire restaurant and [The Spa](#). A sophisticated sanctuary of modern elegance prominently situated at the entrance of ARIA Resort & Casino, Mandarin Oriental has made its mark as the ultimate urban resort destination in the heart of the Las Vegas Strip. Designed entirely by interior designer Adam D. Tihany and architecture firm Kohn Pedersen Fox, Mandarin Oriental brings to Las Vegas a new standard of style with stunning suites, captivating architectural design, unique restaurant and bar venues, and the legendary hospitality of Mandarin Oriental. Stay connected with Mandarin Oriental, Las Vegas on [Facebook](#) and [Twitter](#).

### **About Mandarin Oriental Hotel Group**

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 29 hotels and seven residences in 19 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, with the next hotel openings planned in Doha and Beijing.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at [www.mandarinoriental.com](http://www.mandarinoriental.com).

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