

information

Mandarin Oriental Bosphorus, Istanbul
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MANDARIN ORIENTAL BOSPORUS, ISTANBUL

SPA AND WELLNESS

[The Spa at Mandarin Oriental Bosphorus, Istanbul](#) is inspired by the city's oriental heritage and is the first of its kind in Istanbul. This luxurious haven offers an all-encompassing wellbeing experience that includes Thai massages, heat and water experiences, immunity-boosting light therapies and traditional hammams.

Under the vision of Managing Partner Alessia Genova, Tihany Design conceived the 3,500-square-meter Spa including a courtyard and a grand Zen garden. A curved corridor with glass panels inspired by Gingko leaves leads the way to 11 charming Corteccia-marble world-class treatment rooms, changing rooms, hammams and indoor pool, all creating a sense of calming rhythm.

Through the glass panels, an inner rotunda invites guests to relax in an enchanting sunlit Spa garden. Elements of water, which are seen throughout the Spa, remain a whispered connection to the Bosphorus.

[The Spa at Mandarin Oriental Bosphorus, Istanbul](#) boasts state-of-the-art facilities with an extensive range of modern and traditional therapies. The spacious treatment rooms include two beauty rooms, with a Gharieni MLX iDome – a new generation of detox treatment using infrared with plasma and light therapy to boost the immune system, stimulate metabolism and blood circulation, and promote detoxification.

Guests looking for the ultimate in private pampering can enjoy the Spa's VIP suite, with its own private garden, private jacuzzi, and heated Gharieni MLW Amphibia treatment tables with waterbed mattresses.

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Alessia Genova curated comfortable lounge seating and semi-private cabanas to surround the Spa's elegant and tranquil indoor pool, which features a large backlit ceiling cove, its shape and lighting inspired by Turkish landscapes. Guests can easily move between the pool area, the Spa Garden, jacuzzi, children's pool, Pilates and yoga studio, and Spa boutique for spa and wellness products.

Next to the pool, a beautiful parquet-floored corridor leads to a circular reception area for the Spa's three hammams: one for women, one for men, and a private one. The separate hammams incorporate layered geometric ceiling coves inspired by the intricate designs of traditional Turkish baths. The hammams include spacious cold chambers and scrub room.

For guests keen on exercise, there's a modern and fully equipped fitness room with state-of-the-art Technogym weight and cardio equipment. There's an adjacent gym relaxation area with outdoor garden area (open to non-resident members as well as resort guests).

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For further information, please contact:

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