

news release

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MINDFUL MEETINGS BY MANDARIN ORIENTAL

Hong Kong 5 June 2018 – [Mandarin Oriental Hotel Group](#) has launched a new global initiative, [Mindful Meetings by Mandarin Oriental](#), designed to enhance and energize meetings and conferences with creative solutions that are based on five key dimensions of wellness: nourishment, movement, stillness, connections and wellbeing.

“Mandarin Oriental is renowned as a leader in global wellness, with more *Forbes* Five-Star Spas than any other hotel brand. By extending and utilizing this expertise in the meeting space, we can provide participants with a truly enhanced environment, that is conducive to success,” said Emily Snyder, Mandarin Oriental Hotel Group’s Vice President of Global Sales. “Our aim is to support meeting planners by providing a unique offering, that will ensure all participants leave a Mindful Meeting feeling refreshed, motivated and ready to implement new ideas, information and connections,” she added.

Examples of wellness enhancements include healthy and energizing menu choices, yoga sessions, guided meditations, digital wellness and jet lag tips, massage and movement breaks, custom spa events, expert health talks and group exercise activities. All options can be customized and made available for participants either in or out of the meeting room.

To celebrate the launch, a ‘[Mindful Meetings Promotion](#)’ is available for every new event or group booking made between 6 June and 30 September 2018 at all Mandarin Oriental destinations worldwide . By inserting the term ‘Mindful Meetings Promotion’ in the initial meeting request, meeting bookers can select one of the following benefits:

- Energizer welcome shots upon arrival for all participants
- 30-minute guided wellness activity such as meditation, yoga for participants in the meeting space*
- Mindful in-room amenity for all participants

**Only available if the event includes a pre-booked meeting space. Terms and conditions apply.*

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For more information, or to book a [Mindful Meetings by Mandarin Oriental](#), please visit www.mandarinoriental.com or contact Desiree Llopis, Global and Area Sales Tel: +1 646 521 8123 (dllopis@mohg.com).

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 31 hotels and eight residences in 21 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, and is a member of the Jardine Matheson Group.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com. Further information is also available on our [Social Media](#) channels.

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