

information

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mandarinoriental.com/abu-dhabi



SPA AND WELLNESS

The colourful mosaics and enchanting archways of the Moroccan style Emirates Palace Spa instantly transport guests to another realm where they can experience exquisite relaxation and a sense of balance and tranquillity.

Quiet corridors wind through the 1,500-sqm Spa ushering guests past gently bubbling fountains and glowing lanterns into seven of the serene spa suites and to a grand traditional Moroccan hammam, as well as a smaller private hammam. Full-day or half-day packages invite guests to embark upon a path of inner balance and outer radiance.

The opulent Hamman showcases intricate Moroccan accents, a soaring dome, and features smooth heated marble, two Jacuzzis, two steam rooms and an ice cave.

The authentic Hammam experience begins with a eucalyptus soap and steam body cleanse, followed by a full-body exfoliation using the traditional kassa glove, gold clay body wrap to hydrate the skin and a luxurious Argan oil hair application. The centuries-old cleansing ritual concludes with a relaxing massage using precious gold, diamond or caviar massage oils and a mini facial.

Guests with tired muscles from a tiresome journey or a morning spent on the Emirates Palace tennis courts will find relief in the Muscle Reviver Massage. This signature treatment begins with an invigorating scrub, followed by herbal steam, and concludes with a soothing massage aimed at releasing tension and reinvigorating tired muscles.

The 24-carat Gold Radiance Facial is a favourite among repeat guests. This signature treatment commences with a foot ritual, followed by a deep cleansing sequence to prepare the skin. Micronised 24-carat gold sheets are then massaged into the skin under an ultra-sonic nano mist to leave the skin radiant. This decadent treatment finishes with a hydrating serum, moisturiser and eye cream application as well as a relaxing scalp, hand and foot massage.

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Guests can replenish critical minerals and balance the effects of stress with a Calcium and Magnesium Mineral Therapy session. A mineral-rich treatment created by Thalion a leading expert in marine cosmetics contains calcium and magnesium to help restore essential and precious nutrients back into the body. Guests begin with a sea salt-rich scrub and steam to prepare the skin for the calcium or magnesium marine mud wrap so the body will absorb all of the beneficial properties that these wonderful elements have to offer. Calcium is essential to healthy bones, teeth, and joints and increases skin hydration. Magnesium helps to recharge bodies impacted by the stress of modern life, release excess toxins, and support better sleep.

Guests looking for the finishing touch of a luxury manicure or pedicure can indulge in a treatment designed by internationally acclaimed French Chiropodist Bastien Gonzalez. The signature manicures and pedicures include gentle nail buffing with chamois leather and pearly buffing cream to restore the natural beauty of the nail. A nourishing nail treatment and cuticle attention are followed by a natural nail gloss and an unforgettable skin treatment expertly massaged into hands and feet to seal in moisture and relax tired muscles.

A premium range of luxury spa products includes Thalion – a cutting-edge cosmetics from the sea, Forlle'd, a luxury Japanese skincare brand that uses Nobel Prize-winning technology to develop low molecular substances which creates the basis of its anti-ageing products, and Gentlemen's Tonic – an exclusive cosmeceutical line just for men.

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