

# information

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## SPA AND WELLNESS

The Spa at Mandarin Oriental Jumeira, Dubai offers an all-encompassing wellbeing experience that goes beyond providing simple massage treatments. With a focus on achieving a balance between body, mind and spirit, guests can look forward to a truly holistic experience.

The 2,000-square-metre spa offers an unrivalled range of holistic rejuvenation and relaxation with nine treatment rooms including a hammam-style suite and a VIP suite as well as heat and water experiences.

A welcoming oasis, the concept of the spa is based on a desert scape with the layout following the lines of undulating sand dunes, encouraging guests to switch off and unwind. A stylish ground floor designed to evoke the warmth of the sand dunes features a reception area, an inviting waiting lounge, a solid marble retail space, private consultation rooms and a beautifully imposing staircase leading to the upper floor where relaxation truly begins.

Arched walls provide separation between each dune space, creating a range of zones where guests can either relax in total privacy or interact with other guests. Ambient lighting, cool marble and warm timber enhance the form and contours of the different areas, while enhancing the calming feel of the space.

The Spa at Mandarin Oriental Jumeira, Dubai offers all Mandarin Oriental's legendary signature treatments including Oriental Harmony – perfect for jet lag – and the Digital Wellness Escape to combat the effects of technology. Two signature Essence of Arabia therapies, Nomadic Sensory and Royal Saffron, are inspired by the hotel's locale, and have been created exclusively for Mandarin Oriental Jumeira, Dubai. Nomadic Sensory is a unique spa journey that takes guests on a rhythmic ritual that captures the spirit of Emirati Bedouin life, using the beat of a Doumbek (Arabic goblet drum). Both treatments utilise locally-sourced artisanal

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products and hand blended aromatics such as indigenous herbs, saffron and mogra – the queen of Jasmines.

With a unique setting, the hammam-style suite offers purification and relaxation with a modern touch. It features an exclusive Gharieni's Libra Edge K bed equipped with a special shower feature that provides a unique choreography of varying water temperatures and pressure controlled via an interactive control panel.

A premium range of holistic spa products includes Hammamii – a locally produced line of Hammam skincare, Subtle Energies – a natural skincare brand blending Ayurveda and Aromatherapy, LING New York – fusing Asian health principles with the latest technology, and the results-driven Aromatherapy Associates together with Mandarin Oriental's own bespoke products. Most recently, The Spa has welcomed 111Skin, the culmination of twenty years of surgical knowledge, high-tech ingredients and cutting-edge innovation. The products are clinically inspired, and all our treatments in are tailored to address guests' real-life concerns and accommodate the needs of their skin. 111SKIN treatments are exclusively designed to deliver a fusion of science, results and unparalleled treatment journeys together.

The extensive heat and water facilities include indoor vitality pools, dry saunas, steam rooms, heated relaxation lounges, experience showers and ice fountains.

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**For further information, please contact:**

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