

information

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A JOURNEY FOR THE SENSES AWAITS AT THE FIVE-STAR AWARDED SPA AT MANDARIN ORIENTAL, BOSTON

The Forbes Five-Star awarded Spa at Mandarin Oriental, Boston, provides a 16,000 square-foot oasis unlike any other. With comprehensive facilities and emphasis on signature Asian treatments, guests are enveloped in The Spa's tranquil setting where therapists, led by Director of Spa Virginia Lara, guide them through an experience that touches mind, body and spirit.

The Spa at Mandarin Oriental, Boston is designed to reflect the level of luxury intrinsic to Mandarin Oriental worldwide. A soothing environment, The Spa features exotic wood and stone throughout, creating an airy feeling complemented by natural light. There are a total of nine treatment rooms including the Sanctuary Couples Suite, which includes a private vanity and tandem treatment area, and the 700 square-foot Mandarin Suite, a private oasis equipped with a soaking tub, stone sauna, two treatment tables and day-bed. The Spa also features extensive thermal heat and water experiences, including a delicately-lit Crystal Steam Room, Vitality Pool, 'Experience' showers and relaxation areas.

The Spa offers holistic treatments blending Eastern traditions with modern techniques. Personalized journeys booked in blocks of time, called Time Rituals, restore equilibrium and are tailored for individual guests. The guest experience begins with a welcome tea and the exchange of shoes for slippers, an Oriental ritual that signifies leaving the external world behind. Guests are encouraged to arrive 40-minutes prior to their treatment so that they may indulge in The Spa's thermal heat and water experiences and relaxation lounge.

The *New England Retreat* and *Commonwealth Comforter* are a nod to the property's Boston location. The *New England Retreat* is a specialized massage relying on local herbs and the therapist's touch to soothe muscles. The *Commonwealth Comforter*, envelopes guests in moisturizing oils and body butters to replenish dry skin. The Spa also offers treatments utilizing

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Aromatherapy Associates, an expert in the spa field with products that improve wellbeing. The *Time Reversal Facial* uses a formula of highly engineered vitamins to reduce fine lines and sun damage, while *Linda Meredith's Couture Facial* and *Couture Facial with Oxygen* are designed for layering and focus on an individual's skincare needs, feeding the skin with natural, results-driven ingredients that hydrate at the deepest levels, slowing the ageing process while revealing an immediate younger-looking complexion. Treatments for new mothers and mothers-to-be and other services, including manicures and pedicures are also available.

The Fitness Center keeps guests motivated with group classes, personal trainers and state-of-the-art Technogym and TRX Suspension Training equipment and a personal Kinesis Wall. In addition, for those wishing to continue their spa experience at home, the Spa Boutique offers an array of signature products.

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For further information, please contact:

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