

# information

Mandarin Oriental, Bodrum  
Cennet Koyu, Çomça Mevkii, 314. Sokak No.10  
Gölkümbükü Mahallesi, 48400, Bodrum, Muğla, Turkey  
+90 252 311 18 88 [mandarinoriental.com/bodrum](http://mandarinoriental.com/bodrum)



## **THE SPA AT MANDARIN ORIENTAL, BODRUM, AN AWARD-WINNING HEAVEN OF WELLBEING FOR MIND, BODY & SPIRIT**

The Spa at Mandarin Oriental, Bodrum at Paradise Bay (Cennet Koyu) captures the essence of its beautiful coastal setting with an idyllic atmosphere of healing and calm.

Offering the most comprehensive range of wellness, beauty, and massage programs on the Bodrum Peninsula, including Mandarin Oriental's award-winning spa concepts and holistic signature treatments, it uses natural, handmade ingredients from the resort's own gardens for its remedies. Guests can discover invigorating, centuries-old Turkish water therapies in authentic hammams and a wealth of fitness facilities at The Spa.

Encompassing 2,700 sqm spread over two floors, The Spa's Antonio Citterio-designed interiors are elegant, contemporary, free-flowing spaces, where smooth lines, natural color palette and organic textures combine to create a soothing environment, which is softened further with mood lighting. The key design elements of teak and dark wood, locally quarried stone, and sleek, custom detailed furnishings blend with the natural beauty of the resort to create a feeling of being at one with nature. Stone walls, wood panel ceilings, a relaxation lounge surrounded by water features and an outdoor sauna are architectural touches that makes The Spa a sanctuary of serenity.

Winner of "Best Resort Spa in Europe - Best Luxury Spa in Turkey" category at the 2021 Haute Grandeur Global Awards, The Spa boasts 12 treatment rooms, 3 beauty rooms, and 4 outdoor private cabanas where guests will feel part of the stunning natural world around them.

The 60 sqm Couples' Spa treatment room is where couples can enjoy the ultimate private healing experience together. Adding more luxury to The Spa's private changing rooms and showers are built-in sound docking systems and foot ritual areas.

-more-

Page 2

Skincare products used in spa treatments are made from the highest quality organically grown plants known for their purity, potency, and therapeutic qualities. These include Mandarin Oriental's signature product line developed specifically for the group by award-winning London-based company, Aromatherapy Associates.

The types of treatments and blends of essential oils used are decided with guests at private consultations at the outset. With the emphasis on tailoring the experience to their needs, guests are provided with customized programs incorporating treatments, fitness classes and more. They are encouraged to arrive 45 minutes before a treatment to enjoy The Spa's heat and water facilities, including indoor and outdoor vitality pools, dry saunas, steam rooms, ice experiences, experience showers and relaxation lounge.

The Spa menu ranges from bespoke options, Time Rituals™, that are booked in blocks of time and personalized to individual needs, to signature treatments such as Oriental Harmony, where four hands work in synchronization for an outstanding experience that rebalances the senses. Also, a selection of body treatments, massages, scrubs, wraps, and specialized facials are available.

An important part of the offering at The Spa are its hammams, marble domed-ceilinged retreats modelled on traditional Turkish baths, where guests can experience centuries-old local water therapies.

Some treatments are given an East Asian twist, such as The Oriental Hammam Ritual, which begins with an invigorating body scrub followed by a full-body foam massage that helps to calm and nourish. A hammam mask is then applied to enrich the body, while the soles of the feet are gently exfoliated with a traditional ponzia stone. Finally, the Eastern meridian lines of the head and feet are massaged using a signature oil to harmonize mind, body, and soul, while the guest lies on a large, heated stone table. Some signature spa journeys pay tribute to Turkey's rich flora. For example, Mediterranean Journey includes a body scrub made with olive tree

-more-

Page 2

leaves from the resort's spa garden ground with sea salt, olive oil and local pine tree honey. The Aegean Calm journey combines Mandarin Oriental spa therapies with the Turkish hammam experience.

The Spa's other facilities include a 26-m indoor swimming pool and 570 sqm fitness center with full range of state-of-the-art equipment, such as cardio and weights machines, free weights, a kinesis wall, in-body analysis equipment and pilates reformers. Swimmers can opt for one-to-one customized training sessions or classes conducted by highly qualified personal trainers and instructors, and there is a studio for yoga, pilates, circuit training and fitness work.

Professional personal trainer team will help guests achieve their fitness goals through his results-driven training program during the summer season.

Each season, comprehensive wellness programs conducted by in-house specialists and internationally renowned spa gurus enable guests to improve their lifestyle by passing on good practices to them that can be continued in daily life after they leave the resort. The Spa serves a selection of fresh and organic teas to complete the relaxing spa experience a range of products are available at its spa boutique as well.

-end-

**For further information, please contact:**

Mandarin Oriental, Bodrum  
Fermal Yaman ([fyaman@mohg.com](mailto:fyaman@mohg.com))  
Marketing & Communications Manager  
Tel: +90 252 311 18 88  
[mandarinoriental.com/bodrum](http://mandarinoriental.com/bodrum)