

news release

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A REWARDING STAY FOR BARCELONA MARATHON 2016 RUNNERS

Hong Kong, 19 January 2016 – [Mandarin Oriental, Barcelona](#) is offering Barcelona Marathon 2016 runners an opportunity to relax and revive themselves at the hotel after the event. The *Marathon Package* includes luxurious accommodation, coaching before the race and massage at the hotel's award-winning spa after the run, which will be held on 13th March 2016. In addition, the hotel is offering the *Get Ready for the Marathon Programme* to help participants prepare for the big day.

Growing in popularity, the Barcelona Marathon attracted 19,333 runners in 2015, and is a great opportunity for athletes to discover the city's landmarks on route, including Gaudí's spectacular Modernist buildings, *La Pedrera*, *Casa Batlló* and *La Sagrada Família*. Runners will also pass the towering *Torre Agbar* and Joan Miró's stunning sculpture, *La Dona I L'Ocell (Lady and Bird)*, while enjoying the mild Mediterranean climate.

The [Marathon Package](#) is valid from 10th March to 15th March 2016, and is subject to availability. Rates start from EUR 2,025 based on two people sharing and include:

- Three nights luxury accommodation in one of the hotel's exclusive rooms or suites
- Daily breakfast for two people served in-room or buffet breakfast in BistrEau restaurant
- VIP Marathon Pack upon arrival, including personalized running T-Shirt and the marathon race number, for one person
- Personalized coach to help with stretching and running the last 5 km of the course together the day before the marathon for one or two people
- Two Spa treatments during the stay
- Late check-out

Leading up to the marathon, runners can prepare for the event by taking advantage of the *Get Ready for the Marathon Programme*, a special, personalized training plan designed by [The Spa at the Mandarin Oriental, Barcelona](#) in collaboration with prestigious Ergodinámica Clínica. Athletes will receive a comprehensive, computerized body-condition analysis prior

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to their pre-event marathon training, with remote-control follow up and training tips from a personal coach.

The *Get Ready for the Marathon Programme* lasts 5 days, and is priced EUR 1,825 per person. It includes the following services in collaboration with Ergodinámica Clínica:

- Study of the March (study of optimum running techniques)
- Functional Evaluation and Strength Study
- Biomechanical Analysis
- Gas Stress Test (study of body's reaction to distance running)
- Lactate Test
- 1 hour session with a personal running coach
- 1 hour personalized stretching session
- 1 hour personalized strength session

The programme is for one person, is subject to availability and needs to be booked at least one week in advance. Accommodation is not included.

To book the *Get Ready for the Marathon Programme*, please contact The Spa at mobcn-spa@mohg.com.

To book the *Marathon Package* and for other reservations and information please visit the Mandarin Oriental Hotel Group website at www.mandarinoriental.com, or contact the hotel directly on +34 93 151 88 88 or via e-mail at mobcn-reservations@mohg.com.

About Mandarin Oriental, Barcelona

Mandarin Oriental Barcelona is an exclusive hotel situated right on Barcelona's Passeig de Gràcia. The property has 120 rooms and suites with an exquisite and elegant interior design by Patricia Urquiola. Its carefully considered gastronomic offering currently consists of two restaurants: BistrEau restaurant with La Mesa by Ángel León and the signature restaurant Moments, providing neo-traditional Catalan cuisine under the auspices of the multi-Michelin starred chef Carme Ruscalleda. Mandarin Oriental, Barcelona appeals as a meeting point for



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guests and local residents alike, and offers enticing spaces such as the Mimosa garden, the Terrat with exceptional panoramic views over the city and the Banker's Bar, with its extensive cocktail menu and live music program.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel company into a global brand, the Group now operates, or has under development, 47 hotels representing 11,000 rooms in 25 countries, with 21 hotels in Asia, 10 in The Americas and 16 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 17 *Residences at Mandarin Oriental* connected to its properties.

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