

news release

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MANDARIN ORIENTAL, ATLANTA INTRODUCES DIGITAL WELLNESS ESCAPE

Hong Kong, 28 February 2017 – Disconnect and renew the senses at [The Spa at Mandarin Oriental, Atlanta](#) with the *Digital Wellness Escape*. Guests are invited to disengage from and re-evaluate their relationship with technology through a calming and soothing respite from the stress and demands of a constantly connected, digital lifestyle.

On arrival at The Spa, guests will be encouraged to power-down their phones, thus removing any online distractions. Concentrating on the head, eyes, neck, shoulders, hands and feet, the 50 minute treatment restores the body and mind with healing touch, purifying Shungite crystals and a soothing paraffin hand treatment. When booking the 1 hour and 20 minute treatment the guest will also experience a Wellness Bath using Shungite crystal, an effective water cleanser, to relieve fatigue and revitalize the body. Shungite is the only known stone to contain Fullerenes, which work to neutralize negative energy, including exposure to harmful radiation from mobile devices.

Following their treatments, guests can participate in other mindfulness activities such as journaling, note card writing or simply enjoying the silence in the tranquil and peaceful setting of the relaxation lounge. On departure, guests will be gifted a phone sleeping bag along with beneficial tips to help establish a healthy, digitally balanced lifestyle.

The 50 minute treatment is priced at USD 165 (Monday to Thursday) and USD 185 (Friday to Sunday) and the 1 hour and 20 minute treatment is priced at USD 215 (Monday to Thursday) and USD 235 (Friday to Sunday). For reservations or more information, please call +1 (404) 995 7526 or email moatl-spa@mohg.com.

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Page 2

About Mandarin Oriental, Atlanta

Housed in an iconic building designed by celebrated American architect Robert A.M. Stern, [Mandarin Oriental, Atlanta](#) soars 42 stories above the Atlanta skyline and offers sophisticated, residential elegance in its [127 spacious rooms and suites](#). The intimate hotel features a blissful 15,000-square foot spa, indoor lap pool, fitness center, extensive meeting and event space and [The Café & Bar](#) for exquisite dining and specialty cocktails. The sought-after Buckhead location is steps away from the region's top dining, chic designer boutiques and cultural attractions. The hotel is 35 minutes from Atlanta Hartsfield-Jackson International Airport and 10 minutes from the DeKalb-Peachtree Airport, which accommodates private aircraft.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 29 hotels and eight residences in 19 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, with the next hotel opening planned in Doha. Mandarin Oriental is a member of the Jardine Matheson Group.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

Visit [Destination MO](#), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away. Further information is also available on our [Social Media](#) channels.

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Page 3

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