



Appetizers

Fritto Misto <i>G SF</i>	75
<i>Calamari, shrimps, soft shell crab, garlic aioli</i>	
Cantaloupe Gazpacho <i>G VE</i>	65
<i>Roasted bell peppers, sherry vinegar, mini croutons</i>	
Fish Tacos	85
<i>Local catch, pickled cabbage, blackened pineapple salsa</i>	
The Roll <i>G</i>	85
<i>Spicy tuna, green onions, avocado, eel sauce</i>	
Canouan Caesar Salad <i>D G V</i>	80
<i>Grilled watermelon, aged balsamic vinegar, Parmesan, croutons</i>	
Add on <i>prawns or grilled chicken breast</i>	20
Tex-Mex Bowl <i>V</i>	70
<i>Rice, roasted corn, black beans, avocado, tomatoes, creamy jalapeño dressing</i>	
Watercress & Roasted Beets <i>D</i>	65
<i>Goat cheese, pistachios, white balsamic reduction</i>	

Local Flavors

Lagoon Ceviche	85
<i>White fish, pico de gallo, avocado, taro chips</i>	
Cod Fritters <i>G</i>	70
<i>Local slaw, curry aioli</i>	
Beef empanadas <i>G</i>	80
<i>Herb sofrito, mango sauce</i>	

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Sandwich & Burger

All served with French fries

Our Truly Vegan Patty *G VE* 85

Lentils, beets, cannellini beans, broccoli, cauliflower, mushrooms

Crispy Chicken Sandwich *G* 90

Brioche, pickles, tomatoes, Vincentian hot pepper sauce

The American Burger *D G* 115

Brioche, lettuce, tomatoes, red onion, aged Cheddar, smoked bacon, chipotle mayo

Build Your Own Pizza *D G*

Base tomato sauce & mozzarella 115

Cheeses 20

Goat, Parmesan, Blue Cheese

Toppings - Plant Based 20

Mushrooms, onion, peppers, olives, pineapple, broccoli

Toppings - Meat Based 30

Prosciutto, smoked bacon, sausage, pepperoni

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Build Your Own Tagliatelle ^G

Sauces	85
<i>Cherry tomatoes & basil, garlic Alfredo, aglio e olio</i>	
Add ons - Plant Based	20
<i>Mushrooms, spinach, broccoli, eggplant</i>	
Add ons - Meat Based	30
<i>Chicken, prawns, calamari, sausage, beef ragù</i>	

Main Courses

Vegetarian Fried Rice ^{VE}	80
<i>Jasmine rice, peppers, garlic, ginger, green onions, cabbage, chili</i>	
Chili Garlic Noodles Tofu ^{VE}	85
<i>Carrots, peppers, cilantro, soy sauce</i>	
Catch Of The Day	120
<i>Sugar cane glazed sweet potatoes, christophene, mango & passion fruit salsa</i>	
Steak Frites ^D	210
<i>Pan seared striploin steak, peppercorn sauce, French fries</i>	

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Desserts

Chocolate Lava Cake <i>D G</i>	50
<i>Vanilla ice cream, raspberry coulis</i>	
Mango Cheesecake <i>D G</i>	50
<i>Passion fruit sauce, mint</i>	
Homemade Ice Cream & Sorbet Selection (3 scoops)	55

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