



Dear Guest,

Mandarin Oriental, Canouan is an elegant Caribbean resort with a welcoming, laid-back feel that's ideally suited for intimate weddings, family celebrations, exclusive incentive programs and small retreats. From beach parties to private dinners and thrilling excursions – you'll take home wonderful memories.

Dining options on Canouan raise the culinary bar for the Caribbean. Throughout the attached pages our dedicated team of culinary professionals has thoughtfully prepared menus that celebrate the best of the Caribbean's flavors. We are here to completely delight and satisfy you, our guest. Should you wish to personalize any aspect of these menus, or, work with us to create your own, please do let us know.

Sincerely,

Paula Dirks  
Director of Marketing & Commerce

Mandarin Oriental, Canouan  
Carenage Bay, Canouan Island  
VC 0450 St. Vincent & The Grenadines  
+212-461-4068



## PLATED DINNER MENU

Three Course Experience:  
\$125 USD per person

Four Course Experience:  
\$135 USD per person





Five Course Experience:  
\$145 USD per person

 Vegetarian

All food and beverage charges are in US Dollars and are subject to a 16% government tax & 10% service charge. Food and beverage is subject to change without notice.



### SOUPS

*(Please choose one)*

- Island Spinach 'Callaloo' Soup \* 
- Ground Provision Soup \* 
- Chilled Local Tomato Gazpacho \* 
- Pumpkin Bisque \* 
- Canouan Conch Chowder \*
- Hearty Minestrone Soup
- Canouan Spiny Lobster Bisque *(seasonal)* \*

### SALADS

*(Please choose one)*

- Grain & Lentil Salad | citrus fruits, dates, greens & nuts 
- Local Greens | seasonal vegetable | citrus dressing \* 
- Conch Salad | red onions, tomatoes, mango, lime & coriander \*
- Breadfruit Salad Salted Cod | shredded carrot, mayo, red onions, spring onions \*
- St. Vincent spinach Salad | beans, seared tuna, soft boiled egg \*
- Tropical Pineapple Salad | tiger shrimp, mango, red onion, spring onion \*
- Caribbean Jerk Chicken Cobb Salad | mango, kidney beans, cherry tomato, plantain chips & spinach \*

\*Contains local ingredients

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### INTERMEZZO \*

(Please choose one)

- Local Sour Sop Sorbet
- Mango & Papaya Sorbet
- Pineapple & SLR Rum Sorbet
- Coconut Sorbet
- Guava Sorbet

### MAIN COURSE

(Please choose one)

- Provencal Vegetable Stew | baked with tomato basil sauce \*
- Spiced Pumpkin Stew | onion, tomato, peppers & thyme \*
- Seasonal Pot Pie Vegetable | mushroom, onion, creamy sauce & puff pastry
- Caribbean Catch | pilaf rice with vegetable, saffron butter sauce \*
- Chicken Curry Roti | Caribbean spices, tomatoes, potatoes & pepper, sweet mango chutney \*
- Local Deep-fried Pot Fish | creole vegetable salsa
- Barbeque Pork Rib | roasted sweet potatoes with honey & rosemary
- Beef Tenderloin | garlic mash & peppercorn sauce
- Veal Cheeks with Olive | citrus & soft mascarpone polenta

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## DESSERT

*(Please choose one)*

- Vincentian Chocolate Tart \*
- Coconut & Pineapple Verrine \*
- Individual Caribbean Rum Cake \*
- Coconut & Lychee Tapioca Pudding
- Coffee Tiramisu Ladyfingers soaked in Nespresso, mascarpone cream
- French Éclair filled with flavored cream with chocolate
- Rhum Baba, "Sparrow" rum soaked cake, rum gelée \*
- Seasonal Fresh Fruits

## COMPLEMENTS

Freshly brewed regular & decaffeinated coffee, organic tea selection from "T" leaves and artisan breads accompany each meal.

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