



Dear Guest,

Mandarin Oriental, Canouan is an elegant Caribbean resort with a welcoming, laid-back feel that's ideally suited for intimate weddings, family celebrations, exclusive incentive programs and small retreats. From beach parties to private dinners and thrilling excursions – you'll take home wonderful memories.

Dining options on Canouan raise the culinary bar for the Caribbean. Throughout the attached pages our dedicated team of culinary professionals has thoughtfully prepared menus that celebrate the best of the Caribbean's flavors. We are here to completely delight and satisfy you, our guest. Should you wish to personalize any aspect of these menus, or, work with us to create your own, please do let us know.

Sincerely,

Paula Dirks
Director of Marketing & Commerce

Mandarin Oriental, Canouan
Carenage Bay, Canouan Island
VC 0450 St. Vincent & The Grenadines
+212-461-4068



LUNCH

VINCY MAS
(St. Vincent Carnival)

\$90 per guest,
Designed for 12 & more and
is priced per person




Vegetarian

All food and beverage charges
are in US Dollars and are
subject to 16% government
tax & 10% service charge.
Food and beverage is subject
to change without notice.

SOUP

Callaloo Soup (*local spinach soup*) * 

SALAD

Grain & lentil salad | citrus fruits, dates, greens & nuts 

Canouan Breadfruit Salad | salted cod, shredded carrot,
mayonnaise, red onions, spring onions *

Conch Salad | with red onions, tomatoes, mango, lime &
coriander *

MAIN COURSE

Spiced Pumpkin Stew | with onion, tomato, peppers & thyme *

Local Pot Fish | flour deep fried, creole vegetable salsa *

Chicken Curry Roti | Island spices, tomatoes, potatoes & pepper *

DESSERT

Vincentian Chocolate Tart * 

Coconut & Pineapple Verrine *

“Sparrow” Rum Cake *

*Contains local ingredients

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MANDARIN ORIENTAL
CANOUAN

LUNCH

ORIENTAL DELIGHT

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SOUP

Sweet Corn Egg Drop Soup


SALAD

Glass Noodle Salad | shredded carrot, spring onion, cucumber, palm sugar & lime dressing 

Wakame Salad | pickled cucumber, edamame with toasted sesame seeds 

Thai Beef Salad | cabbage, cherry tomato & sweet chili dressing

MAIN COURSE

Stir Fry Rice Noodles | Asian slaw - carrot, onion, cabbage, Asian sauce 

Reef Fish Teriyaki | reef fish teriyaki, vegetable fried rice

Sweet & Sour Chicken | orange sweet & sour chicken served with local vegetables

DESSERT

Green Tea Mousse

Coconut & Lychee Tapioca Pudding

Seasonal Citrus Tart 

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MANDARIN ORIENTAL
CANOUAN

LUNCH

AMERICAN MENU

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SOUP

Chicken Noodle Soup

SALAD

Bean Salad | assorted beans, red onions, peppers, tomatoes & spring onion ✓

Quinoa Salad | seasonal fruits, citrus, date & nuts ✓

Cobb Salad | smoked turkey, tomato, egg, bacon, corn & cheese & ranch dressing

MAIN COURSE

Pot Pie | seasonal vegetable, mushroom, onion, creamy sauce & puff pastry

Blackened Snapper | sweet potato mash, ginger glazed carrot

Barbeque Pork Rib | roasted sweet potatoes with honey & rosemary

Beef Tenderloin | roasted beef tenderloin garlic mash & peppercorn sauce

DESSERT

Key Lime Pie Deconstructed | key lime curd, streusel, whipped cream

All American Chocolate Cake | chocolate sponge, ganache, crème chantilly

NY Cheese Cake | graham cracker crust & cherry compote

*Contains local ingredients

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LUNCH

MEDITERRANEAN MENU

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SOUP

Hearty Minestrone Soup | with beans, vegetable, tomatoes & pesto


SALAD

Quinoa & Puy Lentil Salad | apple, walnut, kale & citrus dressing 

Greek Salad | cucumber, bell peppers, feta cheese, olives & red onions

Caprese | local tomatoes, fresh buffalo mozzarella, pesto & balsamic glaze

MAIN COURSE

Provençal Vegetable Stew | baked with tomato basil sauce 

Caribbean Catch | rice pilaf with vegetable, saffron butter sauce

Veal cheeks | slow braised with olive, citrus & soft mascarpone polenta

DESSERT

Coffee Tiramisu | ladyfingers soaked in coffee, mascarpone cream

French Chocolate Éclair | filled with flavored chocolate cream

Rhum Baba | “Sparrow” rum soaked cake, rum gelée

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