



THE CONTINENTAL *GD* **90**
Selection of pastries, toast,
vanilla yogurt, seasonal fruits,
fruit juice, coffee or tea

THE HEALTHY *N* **120**
Açaí bowl, seasonal fruits,
spinach & egg white omelet, fruit juice,
fruit smoothie with sea moss, coffee or tea

THE LOCAL *DN* **110**
Coconut Bircher muesli, tropical fruits,
fried beef hash with poached eggs,
fruit juice, coffee or tea

AVOCADO & PRAWN TOAST *GD SF* **80**
Avocado salsa, grilled prawns,
sun-dried tomatoes, grated egg

SALTFISH & COCONUT DOUGH BOY *GD* **60**
Cod fish marinated in onion, peppers,
diced cucumber, tomatoes, plantain

FRIED BEEF HASH *D* **70**
Potatoes, poached eggs

SHAKSHUKA WITH PITA BREAD *D* **65**
Roasted capsicum, baked eggs,
Middle East spices

FISH TEA **80**
Poached red snapper, seasonal vegetables,
coconut dumpling, hot pepper sauce

TWO EGGS ANY STYLE **70**
Choice of two sides
Hash brown, mushroom, grilled tomatoes,
baked beans, bacon, chicken sausage,
pork sausage, smoked salmon

THREE EGGS OMELETTE **65**
Choice of ham, cheese, mushroom,
spinach, peppers, tomatoes

G= Gluten D= Dairy N= Nuts SF= Shellfish V= Vegetarian VE= Vegan

All prices are in Eastern Caribbean Dollar (EC\$) and are subject to 16% government taxes 10% service charge EC\$2.70 = US\$1.00

BRISAS

EGGS BENEDICT <i>GD</i>	75
Poached eggs, ham, Hollandaise sauce, English muffin	
EGGS FLORENTINE <i>GD</i>	70
Poached eggs, wilted spinach, Hollandaise sauce, English muffin	
EGGS ROYALE ON CROISSANT <i>GD</i>	80
Poached eggs, guacamole, smoked salmon, Hollandaise sauce	
SIDES	20
HASHBROWN	
WILTED SPINACH	
GRILLED TOMATOES	
CRISPY BACON	
PORK SAUSAGE	
CHICKEN SAUSAGE	
<u>SWEET TREATS</u>	
OUR BIRCHER MUESLI <i>DN</i>	55
Melon, mango, coconut flakes, banana, local honey	
AÇAÍ BOWL <i>NVE</i>	65
Granola, local fruits, coconut, toasts almonds	
BANANA PANCAKES <i>GDN</i>	65
Toasted pecan nuts, homemade sugarcane syrup, chocolate chips	
BELGIUM WAFFLE <i>GD</i>	65
Fresh fruits, caramel sauce, vanilla Chantilly cream	
FRENCH TOAST	65
Homemade sugarcane syrup, fresh fruits	
SEASONAL FRUIT PLATTER	45
YOGHURT WITH TROPICAL FRUIT <i>D</i>	25

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JUICES & SMOOTHIES

SEA MOSS SMOOTHIE	30
Fresh fruit, soy milk, nutmeg. Sea moss is a locally grown plant that is filled with vitamins & minerals. It is a good source of iodine & antioxidants	
FRESH FRUIT SMOOTHIE <i>D</i>	30
GREEN DETOX	30
Spinach, celery, green apple, ginger	
DAILY FRESH JUICE SELECTION	20

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