



2020 NEWS FOR THE NEW YEAR

Vol. 11 | January to March 2020



CELEBRATING A NEW YEAR

We are so happy to welcome you to Mandarin Oriental, Boston in the soon to be Lunar New Year of the Rat. Chinese New Year, referred to as the Spring Festival in mainland China, is one of world's most prominent and celebrated festivals. This year Chinese New Year celebrations will begin on January 24, Chinese New Year's Eve, and we will host a number of special events here at the hotel to honor our company's oriental heritage.

During your stay, I invite you to explore the Back Bay by joining me for a scenic three-mile jog on Monday, Wednesday and Friday mornings at 6:30am, departing from the Lobby. I also welcome you to join me for Cocktails and Conversations at Bar Bould on Thursday evenings from 5pm to 6pm so that you can share details of your experiences at the hotel and in Boston.

Our dedicated colleagues, along with our four-legged Ambassadors of Pet-Relations, golden retrievers Bonnie and Tara, are here to make your stay memorable. We hope that you will let us know if there is anything we can do to help or delight you during your visit. We also encourage you to follow us @mo_boston and share your experiences.

Sincerely,

A handwritten signature in black ink, appearing to read 'Philipp C. Knuepfer'.

Philipp C. Knuepfer
General Manager





AROUND TOWN

January

Boston Bruins Games
Throughout January
TD Garden

Boston Celtics Games
Throughout January
TD Garden

Cats
January 7 to 19
Boston Opera House

Martin Luther King Tribute
Concert
Boston Youth Symphony
Orchestra
January 20
Faneuil Hall

Still I Rise: 17th Annual
Dr. Martin Luther King Jr.
Tribute Concert
January 20
Symphony Hall

Jeffrey Dunham
January 23
Agganis Arena

Chinese New Year
Celebration of the beginning of
a New Year on the traditional
Chinese Calendar
January 25
Boston

Marc Anthony
January 26
Agganis Arena

February

Boston Bruins Games
Throughout February
TD Garden

Boston Celtics Games
Throughout February
TD Garden

Lunar New Year Celebration
February 1
Museum of Fine Arts, Boston

Mean Girls
February 1 to 9
Boston Opera House

Tunnel of Love
February 4 to 28
Christopher Columbus
Waterfront Park

Little Big Town
February 8
Wang Theatre

New England Boat Show
February 8 to 16
Boston Convention Center

Chinese New Year Parade
February 17
Chinatown

Fiddler on the Roof
February 25 to March 8
Emerson Colonial Theatre

March

Boston Bruins Games
Throughout March
TD Garden

Boston Celtics Games
Throughout March
TD Garden

Beer Week
March 7 to 14
Multiple Venues

Boston Flower and Garden Show
March 11 to 15
Seaport World Trade Center

Jersey Boys
March 18 to 22
Emerson Colonial Theatre

Billie Eilish
March 19
TD Garden

Salem Film Festival
March 20 to 29
Multiple Venues

Michael Buble
March 25
TD Garden

Boston Design Week
March 25 to April 5
Multiple Venues



CONCIERGE PICKS

"The first thing on my to-do list this winter is to see Cats at the Boston Opera House," says our Concierge Kim, who loves taking advantage of all the amazing shows that come through Boston over the course of the year, but particularly during the cold months. "We have some truly beautiful theaters here in Boston which are a spectacle unto themselves."

On January 20, visit the Isabella Stewart Gardner Museum for their Dr. Martin Luther King, Jr. Day of Service. Enjoy special performances by artists committed to social justice and service, including Artist-in-Residence storyteller Gcina Mhlophe, and Porsha Olayiwola—Boston Poet Laureate and the Gardner Museum's own Neighborhood Salon Luminary.

Chinese New Year, which begins on January 25 this year, is a time of celebration both at the hotel, in honor of Mandarin Oriental's oriental heritage and in the city of Boston. The Museum of Fine Arts, Boston will be hosting a Lunar New Year Celebration on February 1 from 10am to 5pm that includes complimentary admission for visitors to explore Chinese, Korean and Vietnamese traditions while enjoying a variety of activities, demonstrations and performances throughout the day.

Kim is also a fan of old movies and movie houses. She recommends catching a film at Brattle or Coolidge Corner Theater after Sunday Brunch.

"I love seeing people sledding on Flagstaff Hill in Boston Common when we get some snow" says Kim. "I sit and watch while sipping a hot chocolate with steamed milk and whipped cream from LA Burdick, which is my favorite hot cocoa in the city."

Please don't hesitate to ask Kim, and the rest of our Concierge Team, Corey, Jenn and Michelle, for recommendations about all the activities and events happening around the city this winter.



DRIVE AND ARRIVE IN STYLE

Founded with the mission of combining luxury experiences with zero carbon impacts, TeslaRents has grown to become Boston's highest rated boutique car rental service for the discerning and eco-conscious traveler. Serving everyone from A-list actors and Fortune 500 CEOs to tech enthusiasts and couples on their anniversary, TeslaRents' high performance, zero emissions and self-driving luxury cars are the perfect match if you are looking to add a stylish touch to your travels. The committed team at TeslaRents takes a personal approach to service, with an assigned agent to steward every trip, delivery and chauffeuring options, and cars that can't be found anywhere else.



With the founders of TeslaRents also being active volunteers, the company is proud to sponsor the Aashray Care Home for HIV affected children in India. The Aashray Center is an organization that houses, feeds, educates and treats children orphaned through the direct or indirect effects of HIV/AIDS. The center takes care of the children through adulthood, providing them with college prep, healthcare and a family. Inspired by the work of the Aashray Care Home, the TeslaRents team has pledged to make a contribution to the center for every ride taken with them.

To find out more about their efforts or to reserve your ride, please visit www.teslarents.com, or speak with our Concierge Team.



MAKE YOUR STAY EVEN BETTER

As a Fan of M.O., each time you stay you'll receive complimentary Wi-Fi, a welcome amenity, added privileges when you book a qualifying rate on mandarinoriental.com and exclusive members-only offers from our hotels and partners around the world. Mandarin Oriental, Boston is pleased to offer the following special Member Benefit Experiences to our Fans of M.O.. To make a reservation, please call the Concierge.

Glass Blowing with Pairpoint



Massachusetts-based Pairpoint Glass Company is America's oldest and most prestigious glass company. This experience includes a private tour of the glass factory and then one of Pairpoint's most experienced glassblowers will do a private demonstration for you while explaining the glass making process. They will demonstrate how to make a stemless wine

glass and then you will get to participate in the process, working with the glass-blower at their station, re-heating and blowing into the iron. Upon completion, you will get to take home your wine glass and can have it monogrammed if you wish. Priced at \$197.50 per person and must be booked 7 days in advance.

Consultation at TB12

Train like Tom Brady at the new TB12 training facility just down the street from Mandarin Oriental, Boston. This 90-Minute Initial Consultation Experience will enable your Body Coach to fully understand your situation and your goals, and will touch upon all elements of the TB12 experience: mobility tests, deep-force muscle pliability work, functional strength & conditioning exercises, and advice regarding nutrition, hydration and cognitive health. With your Body Coach, you'll discuss your present activity level, diet, any current training program you're following and any injuries you may be experiencing. Fans of M.O. will receive a travel gift bag on departure including a TB12 Sport Shaker Bottle, On-the-Go Chocolate and Vanilla Plant-Based Protein and two travel workout bands so you can do the exercises you learned at home. Priced at \$300 per person and must be booked 3 days in advance.



Saks Fifth Avenue Boston

Let us book you an appointment with a stylist and beauty specialist for a private shopping and beauty experience at nearby Saks Fifth Avenue in their Fifth Avenue Club. Priced at \$250 per person, Fans of M.O. will receive a \$400 gift card to use at Saks Fifth Avenue Boston. A Mandarin Oriental, Boston colleague will collect your shopping bags and deliver them to your room for you after your experience. Must be booked 7 days in advance.

Not yet a fan? Visit www.mandarinoriental.com/fans-of-mo/benefits-enrollment or speak with a member of our Concierge Team to join.



SCAN THIS
QR CODE TO JOIN
FANS OF M.O.

BAR BOULUD BOSTON

Chinese New Year at Bar Boulud Boston

January 24 to February 13

Guests born in the Year of the Rat can enjoy a complimentary appetizer or dessert at Bar Boulud with valid identification. A Chinese New Year signature cocktail will also be available for guests wishing to “cheers” to the New Year.

Reunion Dinners

January 24 to 26 at 7pm

During Chinese New Year, families reunite to celebrate the lunar year with loved ones. The Reunion Dinner is a highlight of these gatherings as there is no better way to reconnect than over a delicious selection of symbolic dishes representing good luck and prosperity. The hotel is offering two Reunion menus that can be enjoyed in our intimate private dining rooms for those who wish to arrange a special celebration. Happiness includes six family-style courses for USD 1,688 for 10 guests and Prosperity includes six plated courses for USD 1,888 for 10 guests excluding beverages, tax and gratuity. For reservations or more information, please call +1 (617) 603 2955 or email marcell@mohg.com.

CHINESE NEW YEAR CELEBRATIONS

2020 is the year of the Rat and begins on January 25, Chinese New Year Day and extends up to February 11, 2021. The Chinese Lunar Year of 2020 is expected to be a peaceful year protected by the Heavenly Stem of the Yang Metal and the Earthly Branch of the Rat, which form a harmonious relationship. The year of the Metal Rat is going to be strong, prosperous and lucky.





LOBBY LOUNGE

Chinese New Year Afternoon Tea

January 1 to February 9
Saturdays and Sundays from 1pm to 5pm
USD 78 per person

Usher in the Lunar New Year in style. Celebrate the Year of the Metal Rat with a glass of Champagne, a selection of aromatic teas and delectable classics accompanied by a tiered Asian wheel filled with an assortment of sweet and savory treats.

When visiting the Lobby Lounge to enjoy our Chinese New Year Afternoon Tea, 10% of proceeds from all bookings will be donated to the Boston Chinatown Neighborhood Center.

Festive Hampers

January 1 to February 13

A special part of Chinese New Year is the giving and receiving of gifts. Show your appreciation for your friends and family with a thoughtful hamper filled with goodies. To place an order, please email mobos-lobbylounge@mohg.com. Those born in the Year of the Rat will receive a 25% discount with valid identification.

Chocolate Afternoon Tea

February 10 to April 12
Saturdays and Sundays from 1pm to 5pm
USD 78 per person

Combining two of life's greatest pleasures—tea and chocolate, Mandarin Oriental, Boston continues its themed Afternoon Tea series offering a selection of hand-crafted finger sandwiches and mignon patisserie, accompanied by a rich dark chocolate fondue for dipping. Cozy up near the fireplace, or make yourself comfortable on one of the sofas, the choice is yours.



BAR BOULUD

BOSTON

Joining its award-winning sister restaurants in London and New York, Bar Boulud is a French-inspired bistro and oyster bar from internationally acclaimed chef Daniel Boulud. Specializing in classic brasserie fare, Bar Boulud is known for its delicious seasonal New England inspired dishes and signature charcuterie.

Sunday Brunch

Every Sunday from 12pm to 3pm

Start your Sunday with a delicious brunch at Bar Boulud. Our menu features classic brunch dishes and specialty items inspired by the season. Dig into a Belgian Waffle with fresh berries, vanilla Chantilly cream and raspberry syrup, or treat yourself to our Lobster Scramble. Classic French dishes such as Croque Monsieur with Parisian ham, gruyère béchamel and toasted bread are always an excellent choice and are perfectly paired with a refreshing brunch cocktail.

Valentine's Day Celebrations

February 14 to 16

Skip the box of chocolates and treat your significant other to a truly delectable experience. Offering a decadent French three-course prix fixe menu accompanied by a bespoke cocktail toast, Bar Boulud transports you to the City of Light.



Uncorked

PANIER PROMOTION

Honoring a tradition that began at the original Bar Boulud in New York, our Sommelier Jaimie Puckett selects a special wine from a different region to pour by the glass from a large format bottle each month. The selections wouldn't ordinarily be offered by the glass, so it is an excellent opportunity to sample some unique wines.

WINE DINNER SERIES

M. Chapoutier Wine Dinner

January 23 7pm to 10pm

Join us for an evening of exciting wines from legendary Rhône Valley producer M. Chapoutier and regionally-focused pairings by Chef Ethan Koelbel.

Miner Family Winery Dinner

February 20 7pm to 10pm

Join Winery Owner David Miner for this exclusive four-course dinner with exceptional wine pairings from Napa Valley's "Rhône Ranger" Miner Family Winery.

Sokol Blosser Wine Dinner

March 4 7pm to 10pm

Enjoy an unforgettable evening of decadent dishes and pairings from Sokol Blosser—sustainably produced wines expressive of the distinctive terroir of hillside Willamette Valley vineyards. Owner and Winemaker Alex Sokol Blosser will guide guests through the pairings.



THE SPA AT MANDARIN ORIENTAL, BOSTON

As Massachusetts' only Five-Star spa, The Spa at Mandarin Oriental, Boston offers a holistic approach to wellness, blending modern techniques with Eastern therapies to revitalize mind, body and spirit.

Amenities

Heat & Water Experiences
Relaxation Lounge
Spa Boutique
Fitness Center
Spa Treatment Suites

SEASONAL SPA SPECIALTIES

Year of the Metal Rat

January 1 to February 13 | 1 hour 20 minutes

In celebration of Chinese New Year, The Spa is delighted to offer a deeply relaxing full body massage using our signature Release Body Oil. Inspired by the clearing quality of metal, this effective essential oil blend of Frankincense, Clary Sage and Eucalyptus, supports the immune system and improves mental focus. When booking on Monday to Thursday, you will receive a Release Bath and Shower Oil to continue the benefits of your treatment at home.

When booking a Year of the Metal Rat treatment, 10% of the proceeds will be donated to the Boston Chinatown Neighborhood Center. Additionally, 10% of any signature Mandarin Oriental Release products will also be donated.

Couples Tranquility Escape

February 1 to 29 | 1 hour 50 minutes

Come together and experience a deeply grounding and restorative treatment for two beginning with guided breathing techniques to release stress and tension. A long deep tissue massage, using our Mandarin Oriental Signature essential oils restores the mind and body. A healing sound bath, using Himalayan singing bowls, completes this tranquil journey, bringing you and your loved one into a restful state of balance and wellbeing.

Skin Restoration Retreat

March 1 to 31 | 1 hour 50 minutes

A perfect way to restore your skin during the winter months. When booking this treatment on a Monday to Thursday guests will receive a scientific analysis of their skin, using our Instant Skin Lab as an additional benefit. This will allow the therapist to hyper customize the facial using Biologique Recherche skincare. Ideal for all skin types, particularly those in need of reconditioning, repair, lifting and pigmentation reduction.

EXPERIENCE THE GREAT OUTDOORS INDOORS

The Spa at Mandarin Oriental, Boston, the only Forbes Five-Star Spa in Massachusetts, is pleased to be the first Spa in the United States to offer Aromatherapy Associates' new Forest Therapy Journey, inspired by the Japanese art of Shinrin-Yoku (aka Forest Bathing) which entails spending time in nature amongst the trees to improve overall well-being.

The 1 hour 20-minute treatment provides similar mind and body calming benefits that one experiences when in a peaceful natural landscape. Through Forest Therapy®, Aromatherapy Associates' new unique essential oil blend, guests will immediately feel restored from the stresses of modern day living. A cleansing guided meditation, followed by a deep, long massage, relieves restlessness and agitation. The treatment concludes with a grounding mud mask to the feet and a soothing scalp massage leaves you feeling tranquil and rejuvenated.

The hand-crafted Forest Therapy® oil blend is fresh, clean and invigorating. It was created using a collection of nature's most caring ingredients: evergreen Pink Pepper fruit native to the Peruvian Andes, uplifting Juniper Berry gathered from the mountainous regions of Macedonia, calming Mediterranean Cypress and cleansing Taiwanese Ho Wood. When blended, these ingredients work synergistically to form a fragrance that's powerfully effective yet emotionally healing.

In addition to the treatment, The Spa also offers the Forest Therapy® Bath & Shower Oil and Wellness Mist. For reservations or more information, please call +1 (617) 535 8820 or email mobos-spa@mohg.com.





TIPS FOR EMBRACING WINTER WELLNESS

Mandarin Oriental, Boston's Spa
Therapist, Lusann Wishart, is pleased
to share her Wellness Wisdom.

As the pace of daily life increases during the holiday season and then comes to an abrupt halt, finding a sense of calm, relaxation, purpose and energy is very important to our physical and mental health. Some people experience a seasonal depression, or Seasonal Affective Disorder (SAD) beginning in the fall and extending through the winter months. Time change, colder weather and shorter days have a negative impact on mood. Some symptoms of SAD can include lack of motivation, lack of enjoyment in regular activities and changes in sleep or appetite. While you cannot control the weather; there are many things within your control to help alleviate some of the seasonal symptoms.

Practice Meditation and Relaxation

Meditation and mindfulness are great practices for managing stress. Find a dark room to sit by yourself and close your eyes. Relax your muscles and focus on being present and emptying your mind of all thoughts. Adding an affirmation or moment of gratitude can also help you stay in the present. If meditation in a solitary, sitting state doesn't fit your lifestyle, try walking meditation, group meditation, yoga, tai chi or breathwork.

Exercise

Exercising can help the physical body and also have a tremendous impact on your mood and emotional health. Endorphins (those feel good hormones) are released into your body and can increase energy and improve your mood. Get outside and soak up whatever daylight you can. Walking the beach in the winter is wonderful for deep breathing and will improve your stress levels. If winter sports are not your passion then take advantage of mall walking early in the morning before the stores open.

Eat a Balanced Diet

Comfort foods are often plentiful this time of year but will lead to that heavy, sluggish feeling. Eat a balanced diet including a protein packed breakfast, vitamins C and D, herbal teas, omega 3 fatty acids, green and orange vegetables and cook with spices such as turmeric, ginger, onions, garlic and cilantro.



WELLNESS CALENDAR

The Fitness Center is located on the fourth floor and is available 24-hours a day. Private personal training, yoga and Pilates are available upon request. Please call +1 (617) 535 8820 for more information.

Monday

- #MOBoston Running Club with our General Manager. All paces are welcome. Meet in the Lobby at 6:30am.
- Lululemon Run Club at 6pm. Meet at the store in the Prudential Center.

Tuesday

- Journaling and Intention Setting Class from 1pm to 1:30pm in The Spa.

Wednesday

- #MOBoston Running Club with our General Manager. All paces are welcome. Meet in the Lobby at 6:30am.

Thursday

- Sound Bathing with Himalayan Singing Bowls in the Lobby from 5:30pm to 6pm.

Friday

- #MOBoston Running Club with our General Manager. All paces are welcome. Meet in the Lobby at 6:30am.

Saturday

- In Your Element Spa Diagnostic Experience in the Lobby from 11:30am to 12noon.

Sunday

- Go ice skating at the Frog Pond to enjoy Boston's winter wonderland while burning calories.



Looking to explore Boston on your own? Download the Strava running app and join Mandarin Oriental, Boston's Running Club. Enjoy one of our many recommended running routes. #WellnessEverywhere



MANDARIN ORIENTAL
BOSTON

For more information or reservations,
please call +1 (617) 535 8888
or email tuobs-reservations@mohg.com
mandarinoriental.com/boston