

THAT FALL FEELING

Vol. 09 | September to November 2019





FANTASTIC FALL

We are so happy to welcome you to Mandarin Oriental, Boston this autumn. We're ideally situated for enjoying all the fall flavors and events that the city has to offer. Located in the heart of bustling Back Bay, our hotel, was recently awarded the Best of Boston Award for Best Hotel, General Excellence, by *Boston Magazine*.

During your stay, I invite you to explore Back Bay and watch the leaves change by joining me for a scenic three-mile jog on Monday, Wednesday and Friday mornings at 6:30am, departing from the Lobby. Or enjoy exploring on your own on one of our new bicycles or on our surrey bike. I also welcome you to join me for Cocktails and Conversations at Bar Bould on Thursday evenings from 5pm to 6pm so that you can share details of your experiences at the hotel and in Boston.

Our dedicated colleagues, along with our four-legged Ambassadors of Pet-Relations, golden retrievers Bonnie and Tara, are here to make your stay memorable and we hope that you will let us know if there is anything we can do to help or delight you during your visit. We also encourage you to [#sharemyMOment](#) at [#MOBoston](#) during your stay.

Sincerely,

A handwritten signature in black ink, which appears to read "Philipp C. Knuepfer".

Philipp C. Knuepfer
General Manager





AROUND TOWN

September

Kay Nielsen's Enchanted Vision
Until January 20, 2020
Museum of Fine Arts, Boston

Boston Red Sox Games
Throughout September
Fenway Park

Zac Brown Band
September 1
Fenway Park

New England Patriots
Home Opener vs. Steelers
September 8
Gillette Stadium

Julio Iglesias
September 14
Agannis Arena

Billy Joel
September 14
Fenway Park

Giselle
September 19 to 29
Boston Opera House

Kevin James
September 20
Wilbur Theater

25th Boston Fashion Week
September 22 to 28
Various Locations

October

New England Patriots Games
Throughout October
Gillette Stadium

Hugh Jackman
October 1
TD Garden

The Lion King
October 3 to 27
Boston Opera House

Carrie Underwood
October 10
TD Garden

WGBH Food & Wine Festival
October 10 to 13
WGBH Studios

Sara Bareilles
October 11
Agannis Arena

Boston Bruins Home Opener
vs. Devils
October 12
TD Garden

Boston Book Festival
October 19
Copley Square

55th Head of the Charles
Regatta
October 19 & 20
The Charles River

Jenny Lewis
October 25 & 26
House of Blues

An Evening with Fleetwood Mac
October 28
TD Garden

Rent
October 29 to November 11
Shubert Theater

Boston Bruins Games
Throughout October
TD Garden

November

Boston Bruins Games
Throughout November
TD Garden

New England Patriots Games
Throughout November
Gillette Stadium

Boston Symphony Orchestra
Throughout November
Symphony Hall

Jim Jeffries
November 2
Wilbur Theater

Come from Away
November 5 to 17
Boston Opera House

Elton John
November 15
TD Garden

The Nutcracker
November 29 to December 29
Boston Opera House



CONCIERGE PICKS

"For me, the fall is all about back to school," says our Concierge Jenn. The mother of a recent college graduate herself, Jenn has spent years cultivating relationships with parents and their children who are coming to Boston for the beginning of the new school year and offering them a home away from home experience. Jenn also has great tips on the best places to shop so that children can head back to school in style.

She recommends heading to Bodega on Clearway Street. This retailer is hidden behind an entrance disguised as a convenience store and offers unique clothing and hip shoes for the fashion-focused student. They often sell very hard to find collaborations such as the just released Vans x Frieda Khalo.

SoWa Open Market, now in its 16th season, is Boston's largest celebration of local art, food and music and is open every Sunday from 10am to 4pm. Over 175 vendors setup art studios, galleries, boutiques and vintage shops, making it a perfect place to find some local art or cool décor items for your dorm room or living room.

Bonnie and Tara aren't our only Ambassadors of Pet-Relations. Jenn is a pet lover and strives to make all neighborhood and visiting pets feel at home during their time with us, so she always has ten different types of dog treats hidden in her desk. Be sure to ask her about our Pampered Pet program which includes some special pampering for our Furry Fans.

Jenn is also a Boston Bruins fan, so she can't wait for the pre-season games to start on September 16. Please don't hesitate to ask Jenn, and the rest of our Concierge Team, Corey and Michelle, to assist with securing tickets to a game at TD Garden or any of the other countless shows, events and concerts the city has to offer this fall.

FIVE QUIRKY REASONS TO EXTEND YOUR STAY IN BOSTON

By Jessica Bowne

Have you already walked the Freedom Trail, eaten the lobster, hit the water in a Swan Boat and taken in a ball game at Fenway Park? Don't stop now. With a little extra time and consideration, you can broaden your Boston bucket list to include some of the city's quirkiest finds: from a secret sneaker boutique to a globe you can walk inside.

Go to Hospital

A hospital visit isn't normally top of any traveller's to-do list, but Massachusetts General Hospital (MGH to locals) is different—and not just because it's ranked as one of the best in the USA today. The hospital has an in-house museum, Russell Museum, and when there aren't meetings, visitors are free to explore the Ether Dome: a spectacular pre-electricity operating theatre, flooded with natural light via the roof. You'll also see historical medical equipment on display here, alongside an Egyptian mummy gifted to the hospital by a Dutch merchant in 1823, and there's a rooftop garden for a breath of fresh air.



Shop in a Secret Store

Head to 6 Clearway Street in the fashionable Back Bay neighbourhood and you'll see a convenience store stocking snacks and soda. Ordinary enough. Until you discover the hidden door heading to Bodega, a hip sneakers-and-more store selling the latest in footwear and apparel from brands including Kanye West's Yeezy, Nike and Adidas. With exclusive and limited-edition pieces, each visit is a new experience.

Step into a Whole New World

A three-storey, stained glass globe of a room, the Mapparium at the Mary Baker Eddy Library is quite something. Created in 1935 by architect Chester Lindsay Churchill, it was extensively renovated between 1998 and 2015. The space's acoustics are also a modern marvel, though perhaps fundamentally unsuited to a library: visitors at one end of the spherical room can hear those at the other end clearly, even if they are whispering.



See Flowers as You Never Have

Find your endless spring with the Glass Flowers at the Harvard Museum of Natural History. Accurately but somewhat awkwardly named the Ware Collection of Blaschka Glass Models of Plants, it's a collection of some 4,000 staggeringly lifelike flowers and plants. Commissioned by a Harvard Professor as a student study aid, the glass flowers were made by a father and son in Dresden, Germany, from 1887 to 1936. Their intense realism is surprisingly, utterly compelling.



Play it Again

Downtown Crossing's JM Curley dishes out delicious burgers and cocktails, but it's Bogie's Place where everyone wants to be on the list. Hidden behind a heavy velvet curtain, the intimate restaurant-within-a-restaurant is reservation-only and comprises a bar and just a cluster of tables. Patrons come to sip martinis and dine on finest cuts of meat, such as a bone-in New York strip and grass-fed filet mignon from Maine.



THE SOUND OF BOSTON

Berklee, just down the street from Mandarin Oriental, Boston, is the preeminent institute of contemporary music and the performing arts, offering undergraduate and graduate degree programs at its campuses in Boston, Massachusetts, and Valencia, Spain, and through its award-winning distance learning program, Berklee Online. Dedicated to nurturing the creative and career potential of the world's most inspired artists, Berklee's commitment to arts education is reflected in the work of its students, faculty, and alumni—hundreds of whom have been recognized with Grammy, Tony, Oscar and Emmy Awards.

At Berklee College of Music and Boston Conservatory at Berklee, students explore interdisciplinary approaches to music, dance, theater, film, business, healthcare, education, technology, and more. Our pioneering youth programs reach underserved classrooms throughout the U.S. and beyond. With students and alumni from more than 100 nations and educational partners across the world, we are forging new connections among art forms, musical traditions, and technologies to build a dynamic, diverse, and collaborative global arts community.


The Berklee Concert Series presents free performances from the school's amazing artists throughout Greater Boston. For a schedule of performances and shows, please contact our Concierge Team.





MEET MOBI

We are pleased to welcome MOBI to the Mandarin Oriental, Boston Team.

Our dedicated colleagues, along with MOBI, are here to make your stay a truly unforgettable experience, so please do not hesitate to let us know if there is anything that we can assist you with. You are welcome to send a  WhatsApp message to +1 (617) 535 8888 with any requests.

If MOBI comes to your guestroom, you will receive a phone call to ask for your assistance in opening the door.

You also have a chance to win a two-night stay with an amenity personally delivered by MOBI! In order to enter the contest, capture a photo of yourself with MOBI and then follow @mo_boston on Instagram. Post your photo on Instagram and tag #MOBoston and #MOBI. All entries will be added into a raffle and a winner will be randomly selected on December 31.



MAKE YOUR STAY EVEN BETTER

As a Fan of M.O., each time you stay you'll receive complimentary Wi-Fi, a welcome amenity, added privileges when you book a qualifying rate on mandarinoriental.com and exclusive members-only offers from our hotels and partners around the world.

Mandarin Oriental, Boston is pleased to offer the following special Member Benefit Experiences to our Fans of M.O. To make a reservation, please call the Concierge Team.

Paddle Boston Experience

Enjoy a one hour and thirty minute private skyline tour on the Charles River in your choice of a canoe, kayak or paddleboard for the special price of \$80.50 per person. Must be booked 3 days in advance.

Emerald Necklace Conservancy

Experience a one hour and thirty minute private walking tour of Back Bay Fens including the Shattuck Visitor Center, Victory Gardens, Rose Garden and Muddy River with a knowledgeable docent. Priced at \$50 per person for a minimum of two people. Must be booked 14 days in advance.

Saks Fifth Avenue Boston

Let us book you an appointment with a stylist and beauty specialist for a private shopping and beauty experience at nearby Saks Fifth Avenue in their Fifth Avenue Club. Priced at \$200 per person, Fans of M.O. will receive a \$250 gift card to use at Saks Fifth Avenue Boston. Must be booked 7 days in advance.

Not yet a fan? Visit www.mandarinoriental.com/fans-of-mo/benefits-enrolment or speak with a member of our Concierge Team to join.

KAY NIELSEN'S ENCHANTED VISION EXHIBIT

Mandarin Oriental, Boston is pleased to be the hotel sponsor for the new Kay Nielsen Exhibit, now showing at the Museum of Fine Arts, Boston. Luminous and often haunting, Kay Nielsen's interpretations of classic fairy tales are among the most celebrated book illustrations of the 20th century. Showcasing more than 45 dramatic watercolors, drawings and illustrated books from the Kendra and Allan Daniel Collection, "Kay Nielsen's Enchanted Vision" celebrates the Danish artist's significant achievements in illustration while highlighting some of his work in theater design and animation.

Born in Copenhagen and educated in Paris, Nielsen (1886–1957) gained international recognition for his exquisite gift book illustrations, notably his masterpiece *East of the Sun and West of the Moon*, *Old Tales from the North* (1914), a collection of Norwegian fairy tales. In contrast to some of his contemporaries, Kay (pronounced *kigh*) Nielsen often focused on the melancholic or dramatic elements of tales, creating memorable visual sequences reflecting themes of love, passion, loss, and death.

Illustrations in the exhibition are complemented by a Fendi gown and evening bag designed by Karl Lagerfeld for his Fall/Winter 2016 "Legends and Fairy Tales" couture collection, which drew inspiration from Nielsen's watercolors for *East of the Sun and West of the Moon*. These dazzling contemporary additions, shown directly alongside their source material, demonstrate how Nielsen's work continues to resonate today.

Enchanted Vision is on display until January 20, 2020. Don't hesitate to speak to the Concierge Team regarding tickets to visit the Museum.



CHEFS DANIEL BOULUD
AND KEN ORINGER
FALL HARVEST DINNER

OCTOBER 22

6:30pm Reception
7pm to 11pm Seated Dinner

Chef Daniel Boulud will welcome his longtime friend Chef Ken Oringer for the collaborative, one-night-only Fall Harvest Dinner at Bar Boulud. Chef Oringer, James Beard award-winner and owner of Little Donkey in Cambridge, will join Michelin-starred Chef Daniel Boulud to prepare a delicious five-course dinner featuring seasonal ingredients.

This exceptional dining experience will allow guests the exclusive opportunity to meet both chefs and celebrate an evening of food, wine and camaraderie. Bar Boulud's Sommelier, Jaimie Puckett, will also pour the perfect wine pairings for each dish.



BAR BOULUD
BOSTON

Joining its award-winning sister restaurants in London and New York, Bar Boulud is a French-inspired bistro and oyster bar from internationally acclaimed chef Daniel Boulud. Specializing in classic brasserie fare, Bar Boulud is known for its delicious seasonal New England inspired dishes and signature charcuterie.



Uncorked

BURGUNDY PANIER PROMOTION

Honoring a tradition that began at the original Bar Boulud in New York, our Sommelier Jaimie Puckett has selected a special wine from Burgundy to pour by the glass from a large format bottle throughout the month of September. The selections wouldn't ordinarily be offered by the glass, so this is an excellent opportunity to sample some unique wines.

WINE DINNER SERIES

Charles Krug Wine Dinner

September 20 7pm to 10pm

Join special guest Giovanna Mondavi for an exclusive four-course tasting menu paired with wines from Charles Krug, Napa Valley's oldest wine estate. Established in 1861, it has been proudly stewarded by the Mondavi family since 1943. The estate first opened for public tastings in 1882 and is home to California's very first tasting room.

Truchard Wine Dinner

October 16 7pm to 10pm

Truchard Vineyards is a small, family-owned winery in the Carneros region of Napa Valley. Proprietors Anthony and Jo Ann Truchard have managed a successful vineyard and grown exceptional grapes for nearly 40 years. Join special guest Anthony Truchard for an exclusive four-course tasting menu paired with wines from the Vineyard.

Tolaini/Banville Wine Dinner

November 13 7pm to 10pm

Truchard Vineyards is a small, family-owned winery in the Carneros region of Napa Valley. Proprietors Anthony and Jo Ann Truchard have managed a successful vineyard and grown exceptional grapes for nearly 40 years. Join special guest Anthony Truchard for an exclusive four-course tasting menu paired with wines from the Vineyard.

Mixology Classes

Monday to Thursday at 3pm

Reservations are required.

Join us at Bar Boulud for a complimentary mixology class. The most creative cocktail of each session will have a chance to be featured on the Bar Boulud specials' list for the evening.

Sunday Brunch

Every Sunday from 12pm to 3pm

Start your Sunday with a delicious brunch at Bar Boulud. Our menu features classic brunch dishes and specialty items inspired by the season. Dig into a Belgian Waffle with fresh berries, vanilla Chantilly cream and raspberry syrup, or treat yourself to our Lobster Scramble. Classic French dishes such as Croque Monsieur with Parisian ham, gruyère béchamel and toasted bread are always an excellent choice and are perfectly paired with a refreshing brunch cocktail.



LOBBY LOUNGE

Fall Harvest Afternoon Tea

September 3 to November 24, 2019

Served daily from 1pm to 5pm

Enjoy autumnal flavors at Mandarin Oriental, Boston's seasonal Fall Harvest Afternoon Tea. The tea includes a glass of champagne, a selection of aromatic teas and a variety of sweet and savory items in-keeping with the teas theme. Cozy up near the fireplace, or make yourself comfortable on one of the sofas, the choice is yours. Priced at USD 78 exclusive.



THE SPA AT MANDARIN ORIENTAL, BOSTON

As Massachusetts' only Five-Star spa, The Spa at Mandarin Oriental, Boston offers a holistic approach to wellness, blending modern techniques with Eastern therapies to revitalize mind, body and spirit.

Amenities

Heat & Water Experiences
Relaxation Lounge
Spa Boutique
Fitness Center
Spa Treatment Suites

SEASONAL SPA SPECIALTIES

Mindful Serenity

September 1 to 30

1 hour 20 minutes

Awaken and encourage mindful connection with your body, through the powerful vibrations of singing bowls and massage. Singing bowls are played on and around the body to allow your mind to go into a deep state of relaxation and move stagnant energy; whilst a tension melting massage to the back, neck, shoulders and scalp, leave you feeling grounded and fortified. When booking this treatment on Monday to Thursday, guests will receive a complimentary Deep Relax Roller Ball to extend the treatment benefits at home.

Synergistic Healing with Tony Reed

October 1 to 31

1 hour 20 minutes

This holistic treatment is a combination of Foot Reflexology and Polarity Therapy. These two techniques work in synergy to provide a deeply relaxing and meditative experience, helping to alleviate muscle pain, mental and emotional stress and provide an improved sense of wellbeing.

Digital Disconnection

November 1 to 30

1 hour 50 minutes

Reconnect and ground yourself with this effective body experience. A welcoming foot ritual, using cleansing Shungite stones will remove stagnant electromagnetic energy from the use of digital devices. A rejuvenating body scrub tones and refreshes the skin, followed by a therapeutic massage, that focuses on digitally strained areas of the body. When booking this treatment, guests will receive a gift bag full of tools that will help them digitally disconnect at home.

WELLNESS TIPS

Mandarin Oriental, Boston's Spa Therapist, Tony Reed, is pleased to share his Wellness Wisdom.

Get Outside

Here in New England, there's no better time to be outside than in the autumn. Nature gets you out of your head and into your heart. Time in nature has been shown to positively affect symptoms of ADHD, reduce stress and improve cognition. Getting outside—in a park, forest or by the ocean—should be an everyday priority.

Straighten Up

The way you stand, sit and walk is a part of your wellbeing. You need to take care of your posture because not doing so could result in physical deformities and other health problems. To maintain a good posture, place your body in a neutral position so that your pelvis, trunk and head are in alignment. It is an optimal position that helps you work efficiently, even for long hours.

Exercise Early

One of the best parts of summer is long, bright days that allow you to exercise outdoors until well into the evening, even after work. That freedom changes dramatically during the autumn months. When the days get shorter, our energy naturally wanes at the end of the day, making it harder to get motivated to go to the gym or outside for a run. Exercising first thing in the morning activates your metabolism and brightens your mood for the rest of the day, so try to set your alarm a little earlier and get a workout in.



#MOBoston Running Club

Run for Fun, Stay for Coffee



WELLNESS CALENDAR

The Fitness Center is located on the fourth floor and is available 24-hours a day. Private personal training, yoga and Pilates are available upon request. Please call +1 (617) 535 8820 for more information.

Monday

- #MOBoston Running Club with our General Manager.
All paces are welcome. Meet in the Lobby at 6:30am.
- Lululemon Run Club at 6pm. Meet at the store in the Prudential Center.

Tuesday

- Singing Bowl Meditation at 12noon in our Spa.

Wednesday

- #MOBoston Running Club with our General Manager.
All paces are welcome. Meet in the Lobby at 6:30am.

Thursday

- Wheel around town on one of our new fleet of bicycles complete with helmet and lock. Contact the Concierge to reserve your bike.

Friday

- #MOBoston Running Club with our General Manager.
All paces are welcome. Meet in the Lobby at 6:30am.

Saturday

- Yoga in our Fitness Center.

Sunday

- Explore Boston with your family or friends on our new surrey bike.
Contact the Concierge to reserve.



Looking to explore Boston on your own? Download the Strava running app and join Mandarin Oriental, Boston's Running Club. Enjoy one of our many recommended running routes. #WellnessEverywhere



#MOGIVESBACK

Mandarin Oriental, Boston is pleased to support Franciscan Children's, our 2019 Charity Partner, with different fundraising and volunteering initiatives throughout the year. Since 1949 Franciscan Children's has served children and adolescents with complex medical, mental health and educational needs. They are the only pediatric post-acute provider in New England, and many times, they tackle the challenges that others can't or won't. It is their privilege to care for children who need their help and the children's spirit motivates and inspires them every day.

From October 1 to 31, you can help us support Franciscan Children's with a visit to our Five-Star Spa at Mandarin Oriental, Boston or to our Lobby Lounge.

When booking one of our Essence of Boston Journeys, the New England Retreat or Commonwealth Comforter; at The Spa, 10% of the proceeds of each treatment will be donated to our partner charity. Additionally, 10% of any signature Mandarin Oriental retail products will also be donated.

When visiting the Lobby Lounge to enjoy our Fall Harvest Afternoon Tea, 10% of proceeds from all bookings will be donated.

We thank you in advance for your support of Franciscan Children's.

SIX GREAT TRAVEL BOOKS TO INSPIRE WANDERLUST

By Ian Thomson

In Victorian times, a sense of wonder accompanied journeys along the lip of the unknown. No longer. We are all travellers now—and travelling has never been easier. Today, more than ever, we appreciate books that take us back to the days of exploration when the going was rough.

The Traveller's Tree

In his great Caribbean travelogue, *The Traveller's Tree*, Patrick Leigh Fermor conjured an earthly paradise caught between the sun and the sea. Published in 1950, it's still the best non-fiction account of the West Indies; driven by a fierce curiosity, Leigh Fermor withstands every discomfort as he explores the region's extraordinary collisions of history, race, conquest and tongues.

Their Heads Are Green and Their Hands Are Blue

Paul Bowles, was an American writer and musicologist, who bemoaned what he called the "creeping industrialisation" of travel—its translation into tourism. *Their Heads Are Green and Their Hands Are Blue*, a classic collection of Bowles's travel journalism, provides an absorbing record of Islamic North Africa and the sand-dwelling peoples of the Sahara, as well as Moroccan music. Amid the matchless descriptions of desert landscape are droll flights of humour and self-deprecation. No trip to Morocco (where Bowles lived and died) would be complete without a copy of this incomparable 1963 book.

Did you know, our Front Desk Agent Erika is a book aficionado? She loves reading biographies and learning from other people's experiences. One of her favorite places to spend time is the Boston Public Library, just down the street from the hotel.



High Albania

Edith Durham was an eccentric Edwardian ethnographer, who relished feats of derring-do. Her wonderful travel account of 1909, *High Albania* (still in print), chronicles an often-dangerous exploration of Balkan tribal mountain enclaves, customs and superstitions. Dressed in a waterproof Burberry skirt and plaid golf-cap, Durham tramped fearlessly over Albania's mountain lands in search of folk legend. In her fortitude and recklessness, she was far removed from the armchair excursionist of today.

Voices of the Old Sea

The British travel writer Norman Lewis was drawn irresistibly to the mystery and wilderness of places untouched by civilization. His account of the time he spent at the war's end in a Catalonian fishing village, *Voices of the Old Sea*, is painful to read now as this once-remote Spanish outpost has become part of the concrete Costa Brava resort. Lewis is an engagingly quizzical presence as he investigates Spanish wizards and faith-healers, as well as fishermen folk beliefs. He was one of the great comic writers of our age, and not to be missed.

Seven-Tenths: The Sea and its Thresholds

James Hamilton-Paterson, by temperament a loner, has lived for much of his life abroad and remains one of the most reclusive and mysterious of British literary exiles. For the past 40 years he has ploughed his own furrow. Travel? Autobiography? Fiction? His work resists easy definition. *Seven-Tenths: The Sea and its Thresholds*, Hamilton-Paterson's exquisite, far-ranging meditation on the sea and its meanings, combines oceanography with elements of shipboard drama. Issued in 1992, the book is a lament for, among other things, the death of sea travel, and contains some of the finest writing about the sea and man's umbilical link with the deep since Joseph Conrad.

Danube

Claudio Magris's 1986 travel epic, *Danube*, mingles descriptions of cathedral spires, inn signs and cafés with reflections on Danubian writers, artists and filmmakers. Before the 20th century the Danube was the river that united Serbo-Croats, Greeks, Bulgars and Transylvanians, Jews and non-Jews alike, in the cosmopolitan Hapsburg lands ruled from Imperial Vienna by Emperor Franz Joseph. Magris, an Italian writer, created a travel masterpiece in *Danube*; from start to finish the book pleasantly absorbs.





For more information or reservations,
 please call +1 (617) 535 8888
 or email tufts-reservations@mohg.com
mandarinoriental.com/boston