



THE SPA
— AT —
MANDARIN ORIENTAL

BODRUM

PRICE LIST



ESSENCE OF BODRUM

	Time / Minutes	Price
Aegean Calm	110 / 170	EUR 280 / EUR 390
Mediterranean Journey	110	EUR 290

TURKISH HAMAM EXPERIENCES

Sultan Hamam	60	EUR 190
<i>Invigorating Body Scrub, Foam Massage & Hydrating Body Mask</i>		
Oriental Hamam	45	EUR 170
<i>Invigorating Body Scrub & Foam Massage</i>		
Traditional Hamam	30	EUR 150
<i>Invigorating Body Scrub</i>		

SIGNATURE THERAPIES

Time Rituals	110 / 170	EUR 280 / EUR 390
Oriental Qi	110	EUR 280
Oriental Harmony Four Hands Massage	110	EUR 460
Digital Wellness Escape	80	EUR 200
Inner Strength & Resilience Body Treatment	90 / 60	EUR 210 / EUR 180
Forest Therapy	90 / 60	EUR 210 / EUR 180

TRAVELLER'S ESSENTIALS

Deep Relax & Sleep Well Body Wellbeing	90 / 60	EUR 210 / EUR 180
Calm Mind	50	EUR 160
Oriental Foot Therapy	50	EUR 160

HOLISTIC SKIN CARE

Customized Aromatherapy Facial	60 / 80	EUR 180 / EUR 215
AGE REPAIR Facial Treatment	90	EUR 215
Deep Cleanse Facial Treatment	80	EUR 230

ADVANCED SKIN CARE

Lotion MC 110	50	EUR 185
<i>Anti-Wrinkle Plumping Treatment</i>		
Soin Restructurant Et Lissant	70	EUR 325
<i>Anti-Aging Hydrating Treatment</i>		
The Booster VIP 02	50	EUR 185
<i>Oxygenating Facial</i>		
Seconde Peau Only For You With Second Skin	70	EUR 595
<i>Botox Effect Treatment</i>		

The prices above are inclusive of VAT and exclusive of 5% service charge.

BODY MASSAGES TRANQUILIZER

	Time / Minutes	Price
Oriental Essence	50 / 80	EUR 165 / EUR 210
Ayurvedic Healing	80	EUR 205
Shirodhara Ayurvedic Head Massage	50	EUR 185
Hot Stones Therapy	80	EUR 205
Aromatherapy	50 / 80	EUR 155 / EUR 200
Mum To Be	60	EUR 175
Sports Massage	50	EUR 195

THERAPEUTIC

Eastern Therapeutic	50 / 80	EUR 180 / EUR 255
Thai	50 / 80	EUR 160 / EUR 205
Legs Release	50	EUR 160

SCRUBS & WRAPS

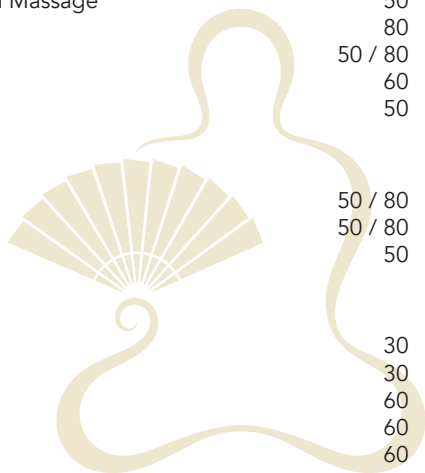
Quintessence Body Scrub	30	EUR 110
Natural Scrub	30	EUR 110
Rose Indulgence	60	EUR 165
Summer Skin Cooler	60	EUR 165
Body Refiner	60	EUR 165

GENTLEMEN'S ESSENTIALS

Essential Facial	50	EUR 180
De-Stress Massage	50	EUR 160
Man Space	120	EUR 325

TREATMENT ADDITIONS

Revitalising Eye Treatment	20	EUR 105
Biologique Feerie Treatment	20	EUR 105
Soin Caviar integral	20	EUR 105



THE SPA
AT
MANDARIN ORIENTAL

BODRUM

YOGA & HOLISTIC WELLNESS

	Time / Minutes	Price
Yoga (Hatha-Vinyasa-Yin)	50 / 75	EUR 85 / EUR 115
Core Strengthening Yoga	50	EUR 85
Therapeutic Gentle Yoga	50	EUR 95
Breathing & Meditation Techniques	30	EUR 85
Ayurvedic Wellness Consultation	50 x 2	EUR 170

PILATES

Classical Reformer Pilates	50 / 75	EUR 85 / EUR 115
Reformer & Cadillac Pilates	50 / 75	EUR 85 / EUR 115
Clinical Pilates with Equipments	50	EUR 85
Pilates via Jumpboard Coordination	50 / 75	EUR 85 / EUR 115
Kinesis & Pilates	50	EUR 85

FITNESS WORKOUT

Personal Training	50	EUR 85
Kinesis Workout	50	EUR 125
Metcon Workout	45	EUR 125
SUP Total Body Workout	60	EUR 100
HIIT Cardio	30	EUR 65
Kickbocks Workout	60	EUR 95
Assisted Stretching	30	EUR 65

BALLET & WATER ACTIVITIES

Beginner Swimming Class	45	EUR 85
Aqua Pilates	40	EUR 85
Classical Ballet	50	EUR 95



The prices above are inclusive of VAT and exclusive of 5% service charge.