



RENEW ONE DAY RETREAT

10 - MINUTE CONSULTATION

Take our Five Element Questionnaire along with a nutrition specialist so we may tailor the programme to your individual needs.

70 - MINUTE ANTI-AGING FACIAL

After a skin consultation, you will experience the Anti-Aging Facial Hydrating Treatment Soin Restructurant Et Lissant by Biologique Recherche to completely rejuvenate your body and invigorate your mind.

PLANT-BASED LUNCH AT BLUE BEACH

A cleansing plant-based lunch, specially designed by our chefs for your retreat, will provide delicious nutrition.

THE POOL & BLUE BEACH ACCESS

Relax at the Pool and Blue Beach at your own leisure.