



SPA
STUDIO



SPA STUDIO

BY MANDARIN ORIENTAL, BANGKOK

Our Spa Studio by Mandarin Oriental, Bangkok is located on the first floor of the Garden Wing and consists of four luxuriously designed treatment rooms offering results-driven treatments for ladies and gentlemen.

Spa Studio features customised facial treatments designed to deliver exceptional results using QMS Medicosmetics, which is a Gala Spa award-winning product range from Germany formulated by leading skin care specialist Dr Erich Schulte. The Spa Studio also offers signature Pedi:Mani:Cure treatments by the renowned podiatrist Bastien Gonzalez.

Advanced beauty technology by Endermologie®, which impacts all the natural mechanisms of skin, stimulating cellular activity to fight wrinkles, sagging skin, localised resistant fat and cellulite, whilst adapting to the needs of each skin type is also available.

Guests may also enjoy express 45-minute treatments.

Opening hours: 10am - 8pm daily.

SIGNATURE FACIALS

COLLAGEN VITA SKIN FACIAL

1 hour 15 minutes

THB 5,580

Developed to help age control your skin, this luxurious and highly regenerating QMS Medicosmetics treatment visibly improves the appearance of fine lines and leaves your complexion radiant, renewed and full of vitality. Your treatment includes a deep cleanse and exfoliation, facial lifting massage, firming and tightening mask and natural soluble collagens to deeply moisturise the skin.

ADVANCED CELLULAR HYDRATION

1 hour 15 minutes

THB 5,580

A rejuvenating treatment designed to infuse energy into the skin and help preserve a youthful complexion. QMS Medicosmetics products help to tone and restore the complexion whilst targeting premature ageing of the skin with a gentle cleanse and exfoliation, relaxing face and head massage, hyaluronic acid mask and moisturisation.

ACTIVE TONE FACIAL

1 hour

THB 4,500

Specifically developed to treat the skin at multiple levels, this treatment detoxifies, protects, rehydrates and lifts the skin. The combination of deep cleansing, exfoliation, intense hydration with a lifting and firming massage will leave skin toned and revitalised.

SKIN REBALANCE FACIAL

45 minutes

THB 3,350

Ideal for all skin types, this purifying treatment includes a special double cleanse technique, gentle exfoliation, a skin-enhancing mask and intense hydration with natural soluble collagens. The perfect combination to balance the skin, refine pores and revitalise the skin's energy.

FACIAL TREATMENT ADDITIONS

For added benefits, choose from our handpicked selection of treatment additions to create your own facial experience that perfectly suits your needs :

ACTIVATE AND HYDRATE

15 minutes

THB 1,120

Designed to deliver a high-powered boost of energy to increase the skin's natural vitality, this is a perfect treatment to restore tired and stressed skin. A delicate fleece mask infused with a combination of Marine Collagen and Hyaluronic Acid hydrates and soothes the skin to leave it looking refreshed and radiant.

REVITALISING EYES

15 minutes

THB 1,120

Styled for the delicate eye area, this relaxing treatment helps to soften the signs of ageing and fatigue while providing intense hydration to the eye area. Puffy dark circles are reduced and the skin is left nourished, refreshed and lifted.

LIFT AND CONTOUR

15 minutes

THB 1,120

Focused on improving the skin's tone, this specialised shaping treatment combines an advanced lifting massage with a collagen-enhancing formula to help restore the tonicity of the jaw line, cheeks and eyebrows, leaving the skin more supple and youthful looking.

LIPZONE REPAIR

15 minutes

THB 1,120

A tailored, anti-ageing treatment designed to visibly smooth fine lines and wrinkles on the upper lip area. Through powerful ingredients and expert techniques, the lip contour is redefined and firmness restored to the lip zone.

ENDERMOLOGIE®

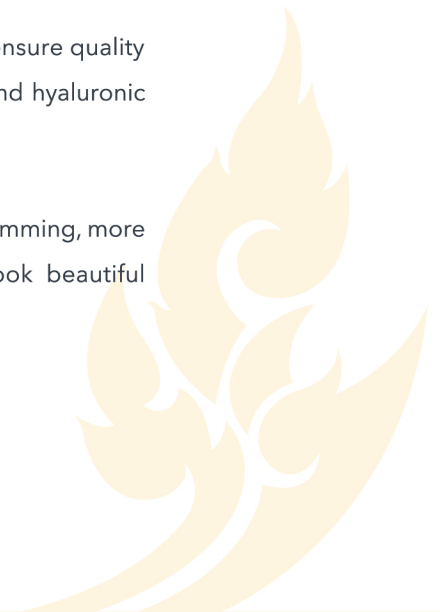
“The fight for natural beauty”

The Endermologie® technique was patented in France and is 100% natural. The scientifically designed machine optimises tissue health, stimulates the skin and reactivates cellular activity naturally and painlessly with no side effects.

The term ‘Endermologie’ comes from the French word meaning ‘through the dermis’, and Endermologie® is recognised as a world leader in connective tissue manipulation.

The principle mechanics of this state-of-the-art device ensure quality Endermologie®, helping to produce collagen, elastin and hyaluronic acid as well as to remove scars.

It aims to awaken the target cells from within for visible slimming, more radiant skin and anti-ageing results to make you look beautiful inside and out.



ENDERMOLOGIE[®] FOR FACE

GLOW

45 minutes

THB 2,300

Gently exfoliates while reactivating microcirculation to even out the complexion and improve your skin's glow.

DETOX

45 minutes

THB 2,300

Helps reduce swelling and puffiness around the face through lymphatic drainage and by reducing water retention to restore the face's natural contours.

AGE-DEFYING RESCULPTING

45 minutes

THB 2,300

Anti-ageing, slims the face and double chin, and firms the skin to redefine the face's contours.

AGE-DEFYING SKIN FIRMING

45 minutes

THB 2,300

Anti-ageing, creates stronger and firmer skin, helping it regain its natural tension and redefines the face.

AGE-DEFYING REPLUMPING

45 minutes

THB 2,300

Harmonises the volume of the face, restores skin density and fills out wrinkles and fine lines from within.

ULTIMATE SKIN REJUVENATION

1 hour

THB 4,500

By QMS Medicosmetics and Endermologie®

Revolutionary QMS Medicosmetics facial products and Endermologie® technology are combined to offer you the ultimate in skin revival. The treatment begins with cleansing and toning using QMS Medicosmetics products. You can choose Age-Defying Skin Resculpting, Age-Defying Skin Firming or Age-Defying Replumping treatments to match your skin's requirements. QMS Medicosmetics's day or night collagen is applied for youthful looking skin, followed by an activator mask that helps hydrate, moisturise and smooth skin and make it look radiant. The treatment concludes with face moisturisation using the QMS Medicosmetics protocol best suited to your skin type.

FACE TREATMENT ADDITIONS

15 minutes

THB 800

Enjoy extra time stimulating collagen in a problem area of the face or neck such as jawline or eye area.

DEEP CLEANSING

15 minutes

THB 1,120

This treatment is recommended prior to your Endermologie® facial treatment to deeply cleanse and exfoliate the skin. A cooling algae mask is applied to prepare the face and neck prior to the Endermologie® collagen stimulating treatment.

ENDERMOLOGIE® FOR BODY

Stimulate cellular activity within skin to fight against wrinkles, sagging skin, localised resistant fat and cellulite, helping to re-sculpt the body's contours while precisely adapting to the needs of each skin type.

CELLULITE REDUCTION

1 hour

THB 4,000

This treatment helps to release fat and activate the blood and lymphatic circulation by stimulating the skin and fatty tissue to soften, resulting in a more refined shape and reduced cellulite. It also incorporates hands-on massage techniques for cellulite reduction.

FIRMING

1 hour

THB 4,000

Triggers deep biological responses to break down fat deposits, boost collagen and increase elastin production. The result is a smoother, firmer, more toned body. It also combines hands-on massage techniques for firming.

DETOX

1 hour

THB 3,000

Stimulates circulatory exchanges to fight water retention and drains toxins as skin is "re-oxygenated". Provides an immediate boost and sensation of lightness. The deep massaging action helps to remove toxins and any abnormal fluid buildup.

HEALTH

45 minutes

THB 3,000

Endermologie® also offers effective treatments for inflammation, back pain, neck pain, fibrosis, tired legs, muscle tension, lymphedema, muscle warm-up prior to exercise, recovery, or tendon or ligament swelling.

RELAXATION

45 minutes

THB 3,000

Relieves muscular tension, eliminates stress and brings a profound sense of relaxation.

FIT & FIRM

2 hours

THB 8,000

This package is ideal if you are looking for a visible 'fit & firm' effect for your entire body from head-to-toe. Endermologie® for the body targets stubborn localised fat by increasing the circulation, leaving the skin firm. Endermologie® for the face acts like a real skin workout, awakening the natural synthesis of essential rejuvenating substances and helping to boost collagen production for firmness, elastin for suppleness and hyaluronic acid for volume and hydration. It also combines revolutionary QMS Medicosmetics facial products to provide unparalleled skin revival and a hands-on massage to complete the experience.

BODY TREATMENT ADDITIONS

15 minutes

THB 1,000

Enjoy extra time firming and re-sculpting one problem area of the body such as knees, waist and arms.

ENDERMOLOGIE® PACKAGES

• 10 SESSIONS

Book ten 1-hour or 45-minute sessions and receive two sessions with our compliments.

Book ten Ultimate Skin Rejuvenation or Fit & Firm sessions and receive two sessions with our compliments.

• 5 SESSIONS

Book five 1-hour or 45-minute sessions and receive one session with our compliments.

Book five Ultimate Skin Rejuvenation or Fit & Firm sessions and receive one session with our compliments.

• 3 SESSIONS

Book three 1-hour or 45-minute sessions and receive a 15-minute Endermologie® Face or Body Treatment addition with our compliments.

Book three Ultimate Skin Rejuvenation or Fit & Firm sessions and receive a 15-minute Endermologie® Face or Body Treatment addition with our compliments.

MASSAGES

EXPRESS MESSAGE

45 minutes

THB 1,800

The perfect massage for those who need some rest and respite but are time poor. Advise the therapist which area of the body to concentrate on and whether you prefer a dry or oil massage.

FIT FEET

45 minutes

THB 1,800

In Oriental philosophy, the feet are considered a mirror for the systems and functions of the body. This treatment is designed to soothe heavy, tired legs and feet through exfoliation and a relaxing massage.

SMILING JOINTS

45 minutes

THB 1,800

This is a treatment for overworked joints, including ankles, knees, elbows, wrists and shoulders and is a perfect post-sport massage. All joints are massaged with balm followed by a hot compress to help ease pain and stiffness while improving circulation. This treatment is perfect for joint mobility and strengthening.

MICRO NAP

45 minutes

THB 1,800

This treatment is ideal for achieving rapid relaxation in a limited time with a blend of essential oils that induce sleep and muscle relaxation. A hot pack around the neck and shoulders reduces stiffness and tensions while the stimulation of pressure points on the head and face as well as a foot massage carry you into deep relaxation.

BEAT THE STRESS

45 minutes

THB 1,800

Alleviate accumulated stress with a back, shoulder, head and arm massage followed by a hot pack that allows the heat to penetrate the tense area and loosen up the muscles. A warming drink of your choice such as warm milk or hot chocolate is served to lift your mood and help you beat the stress.



“ LUXURY IS THE RESULT OF PERFECT HARMONY BETWEEN QUALITY AND SERVICE ”

Bastien Gonzalez is internationally renowned for his unique approach to foot treatments. Drawing on his professional expertise and experience as a podiatrist, he designed and developed exclusive treatments for the feet, nails and hands whose uniqueness lies in the fusion of wellbeing and beauty. Bastien Gonzalez selects and trains every member of his team to his treatment protocols and standards, ensuring the excellence of his know-how all over the world.

BASTIEN'S DUO

1 hour 15 minutes THB 5,000

Combining a manicure and pedicure, this treatment is performed at the same time with two therapists, concluding with our synchronized four hands massage focusing on hands, arms, legs and feet. The ultimate in luxury and total relaxation.

BASTIEN'S PEDICURE

1 hour THB 3,300

A comprehensive pedicure, with gentle buffing to restore the natural beauty of the nails, revealing healthy, shiny nails without lacquer. The pedicure also includes a skin treatment that effectively eliminates irregularities and dryness and a relaxing massage from the toes to the knees to relieve any tension and heaviness.

BASTIEN'S MANICURE

1 hour THB 2,200

An exceptional manicure in three steps: A cuticle and nail treatment, including a natural beauty finish to the nail and a thorough massage of the forearms, wrists, hands and fingers. An unforgettable experience.

CHILDREN'S MANICURE AND PEDICURE

1 hour THB 1,200

Pamper your little one with a manicure and pedicure. Our therapist will gently cut, file and buff the nails so they have beautiful nails just like mum and dad. For children aged between 5 - 12 years.

FOOT NAIL BRIGHTNESS

1 hour

THB 2,600

A foot treatment focusing on the beauty of nails, cuticles and light smoothing of dryness from the soles of the feet. Nails are reshaped and buffed with chamois leather and a pearl buffing cream, resulting in healthy, shiny and natural beauty. The treatment culminates with a relaxing foot massage.

FIRE AND ICE FOOT EXPERIENCE

45 minutes

THB 2,500

A unique treatment that blends cooling and warming sensations. An invigorating cold Black Diamond Scrub is followed by Bastien's signature massage to relieve muscle tension and improve joint mobility. A warm paraffin wax is then applied to hydrate and soften the skin, leaving your feet silky smooth.

PARAFFIN TOUCH

30 minutes

THB 1,500

Intensify any Bastien Gonzalez treatments by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers into the skin for deep hydration. It will enhance relaxation and ease tension in the joints and muscles.

BLACK DIAMOND SCRUB TOUCH

15 minutes

THB 590

This mineral foaming scrub combines diamond powder, particles of mother of pearl and volcanic sand. It permits vigorous natural exfoliation, aiding the removal of dead skin cells and leaving it smooth and silky. Essential oils of thyme and sage contribute to maintaining healthy and elegant hands and feet.

COLOUR TOUCH

30 minutes

THB 990

Select your preferred colour from our range of lacquers, which are formaldehyde-, toluene-, DBP- and camphor-free to prevent any aggression to the nail once removed. Nail reshaping included.

SHELLAC REMOVAL

20 minutes

THB 990

TERMS & CONDITIONS

OPENING HOURS

Beauty Treatments: 10am to 8pm daily.
(Last booking at 7pm)

CANCELLATION POLICY

Please allow 24 hours notice of cancellation to avoid charges. Cancellations within 24 hours will incur a 50% charge. Cancellation within 12 hours or a no-show will incur a 100% charge. A credit card number is required at the time of booking.

GIFT CERTIFICATES

An ideal gift for Spa enthusiasts, gift certificates are available at Spa Studio by Mandarin Oriental, Bangkok.

PRIVATE FUNCTIONS AND GROUP BOOKINGS

Information on special packages or customised group bookings can be obtained by contacting Spa Studio by Mandarin Oriental, Bangkok Reception.

ETIQUETTE

Our Spa Studio by Mandarin Oriental, Bangkok environment is one of tranquility and relaxation. Please respect all guests' desire for privacy and serenity.

ARRIVAL

We recommend that you check in at Spa Studio by Mandarin Oriental, Bangkok at least 15 minutes prior to your scheduled appointment. This allows you to have a brief discussion with us about your treatment expectations. Please understand that late arrivals will not receive an extension of scheduled treatments.

AGE REQUIREMENT

The minimum age requirement for access to Spa Studio by Mandarin Oriental, Bangkok is 18. Children must be accompanied by an adult for Children's manicure/pedicure.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries when making your reservation.

PREGNANCY

Please mention if you are pregnant when making your booking to allow the Reception team to guide you in selecting a suitable treatment.

FOR GENTLEMEN

We recommend that you shave four hours prior to a facial for maximum benefit.

HYGIENE

In keeping with our commitment to safety and hygiene, our equipment is sterilised after each service and treatment.

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles and recommend that you leave jewellery in your guest room or at home. Please keep all valuables locked in your locker during your visit. For the protection of your clothing, we ask that you wear the robe provided.

ACCIDENTS OR INJURIES

Spa Studio by Mandarin Oriental, Bangkok shall not be liable for any accident or injury suffered by any member or guest.

RESTRICTIONS

Smoking during treatments is strictly prohibited. Unacceptable behaviour towards our colleagues will not be tolerated and will result in a treatment being terminated without refund.

BOUTIQUE

To continue your beauty regimen at home, all beauty products used during the treatments and services are available at our reception.

REFUND POLICY

Unopened retail products can be exchanged within 10 days of purchase, if presented with the original receipt. No cash or credit card refunds will be processed.



MANDARIN ORIENTAL
BANGKOK

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