

MANDARIN ORIENTAL SIGNATURE SPA THERAPIES **2 hours**

Mandarin Oriental's signature spa therapies have been devised to address guests' increasing desire for simple, effective and authentic spa experiences.

Developed in consultation with specialists in Traditional Chinese Medicine (TCM) and master aromatherapists, each signature therapy consists of a relaxing, hands-on body massage ritual that combines the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental. Every treatment begins with a private therapist consultation in order to determine each individual's personal and current state of wellbeing. The treatment and oils are then tailored to each guest in order to leave the body, mind and spirit in perfect harmony. Guests are also provided with nutritional and exercise guidance, in order to extend the beneficial effects of the program at home

TIME RITUALS™ **2 hours / 3 hours**

Mandarin Oriental's bespoke "Time Rituals" encourage guests to book time rather than specific treatments, so that services can be tailor-made to meet individual needs. Each "Time Ritual" begins with a soothing foot ritual and is designed to restore a natural state of equilibrium.

SUITE EXPERIENCES

Our private Spa Suites allow guests to embrace nature in a private, healing sanctuary. Choose from a selection of treatments and time periods that suit you. All Suite Experiences include: extra time for relaxation in the luxurious and peaceful environment of your private Suite; a selection of options from our Bath Menu; and a refreshing fruit platter with an assortment of fruit juices and other beverages.

MOMENTS OF BLISS **5 hours 30 minutes**

In Spa Deluxe Suite or Spa Oriental Suite

- Choice of bath from the Bath Menu 30 minutes
- Choice of body scrub 30 minutes
- Choice of body wrap 30 minutes
- Choice of massage 90 minutes
- Special spa cuisine 60 minutes
- Rose Indulgence Facial 60 minutes
- Time for relaxation in your suite 30 minutes
- Herbal tea, fruit juice or mineral water with spa snack

ESSENCE OF SIAM **3 hours 30 minutes for single / couple**

In Spa Deluxe Suite or Spa Oriental Suite

- Choice of bath from the Bath Menu 30 minutes
- Organic Rice Scrub 30 minutes
- Mask and steam treatment 30 minutes
- Oriental Traditional Thai Massage 90 minutes
- Time for relaxation in your suite 30 minutes
- Herbal tea, fruit juice or mineral water with spa snack

CUSTOMISED SUITE EXPERIENCE

2 hours 30 minutes for single / couple

In Spa Deluxe Suite or Spa Oriental Suite

- Choice of bath from the Bath Menu 30 minutes
- Choice of massage 90 minutes
- Time for relaxation in your suite 30 minutes
- Herbal tea, fruit juice or mineral water with spa snack

CUSTOMISED SUITE EXPERIENCE **3 hours for single / couple**

In Spa Deluxe Suite or Spa Oriental Suite

- Choice of bath from the Bath Menu 30 minutes
- Choice of body treatment 2 hours
- Time for relaxation in your suite 30 minutes
- Herbal tea, fruit juice or mineral water with spa snack

Bath Menu - please select one of the following as part of your Suite Experience:

- Organic Rose and Milk Bath
- Detoxifying Marine Pebble Bath

	Duration	Price (THB)		Duration	Price (THB)
Mandarin Oriental Signature Spa Therapies	2 hours	6,500	JOURNEYS		
individually tailored in order to leave your body, mind and spirit in perfect harmony					
Time Ritual	3 hours	9,750	The Oriental Organic Journey	2 hours 30 mins	7,500
	2 hours	6,500	Combination of scrub, massage and steam with organic products		
SUITE EXPERIENCES			The Oriental Signature	2 hours	6,000
Moments of Bliss			Essential oil massage with Thai and European techniques	1 hour 30 mins	4,500
Spa Oriental Suite - Single	5 hours 30 mins	28,550			
- Couple	5 hours 30 mins	43,900			
Spa Deluxe Suite - Single	5 hours 30 mins	26,900	MASSAGES		
- Couple	5 hours 30 mins	42,250	Oriental Essence - our ultimate stress relief massage	1 hour 30 mins	5,000
Essence of Siam			Traditional Thai - Dry massage with passive stretching	2 hours	4,500
Spa Oriental Suite - Single	3 hours 30 mins	18,050		1 hour 30 mins	3,900
- Couple		27,700		1 hour	2,900
Spa Deluxe Suite - Single	3 hours 30 mins	17,000	Swedish - Traditional oil massage with soft to medium pressure	2 hours	4,500
- Couple		26,650		1 hour 30 mins	3,900
				1 hour	2,900
Customised Suite Experiences - Single			Jetlag - Oil massage to aid recovery from the effects of jetlag	2 hours	4,500
Spa Oriental Suite with your choice of 1 hour 30 minutes body massage	2 hours 30 mins	12,150		1 hour 30 mins	3,900
Spa Deluxe Suite with your choice of 1 hour 30 minutes body massage	2 hours 30 mins	11,400		1 hour	2,900
Spa Oriental Suite with your choice of 2 hours Body Treatment	3 hours	15,250	Balinese - Indonesian traditional oil massage	2 hours	4,500
Spa Deluxe Suite with your choice of 2 hours Body Treatment	3 hours	14,350		1 hour 30 mins	3,900
				1 hour	2,900
Customized Suite Experiences - Couple			Lomi Lomi - Hawaiian traditional oil massage	2 hours	4,500
Spa Oriental Suite with your choice of 1 hour 30 minutes body massage	2 hours 30 mins	18,300		1 hour 30 mins	3,900
Spa Deluxe Suite with your choice of 1 hour 30 minutes body massage	2 hours 30 mins	17,550		1 hour	2,900
Spa Oriental Suite with your choice of 2 hours Body Treatment	3 hours	23,300	Muscle Release Massage	1 hour 30 mins	3,900
Spa Deluxe Suite with your choice of 2 hours Body Treatment	3 hours	22,400	Ideal for releasing muscle tension and restoring balance	1 hour	2,900
			Calm Mind	45 mins	2,900
			combination of harmonizing head, neck, back and shoulder massage		

All prices are subject to 10% service charge and 7% government tax.